

THE BURNNET NEWS

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BurnNet Survivors Meeting

Thursday, October 10, 7:30-9:30

The BurnNet Survivors meet monthly to discuss issues and raise questions related to burns. Burn survivors, family members and significant others are invited. The BurnNet Survivors meetings are held on the 7th floor of the Davis Tower, Room 7705. For more information, call Deb Jones, RN at (916) 734-5596 or deb-jones@ucdavis.edu.

Because of the impact and help, now I want to help others who are on this journey and let other burn survivors know there is life after a burn. There is still hope, no matter the condition.

(Volunteer comment, iEval 2014, Phoenix Society)

Are you receiving the BurnNet News via e-mail?

Would you like to be on the mailing list to receive The BurnNet News every month? E-mail Deb Jones at debjones@ucdavis.edu. You can also find The BurnNet News at our website: www.ucdmc.ucdavis.edu/burncenter/

2019 Fire Prevention Week

October 6-12

This year's FPW (Fire Prevention Week) campaign, "Not Every Hero Wears a Cape. Plan and Practice Your Escape!" works to educate everyone about the small but important actions they can take to keep themselves and those around them safe.

Did you know?

In a typical home fire, you may have as little as one to two minutes to escape safely from the time the smoke alarm sounds. **Escape planning and practice can help you make the most of the time you have**, giving everyone enough time to get out. Plan ahead for your escape. Make your home escape plan and practice today.

Look. Listen. Learn. Be aware. Fire can happen anywhere!

LOOK for places fire could start.

LISTEN for the sound of the smoke

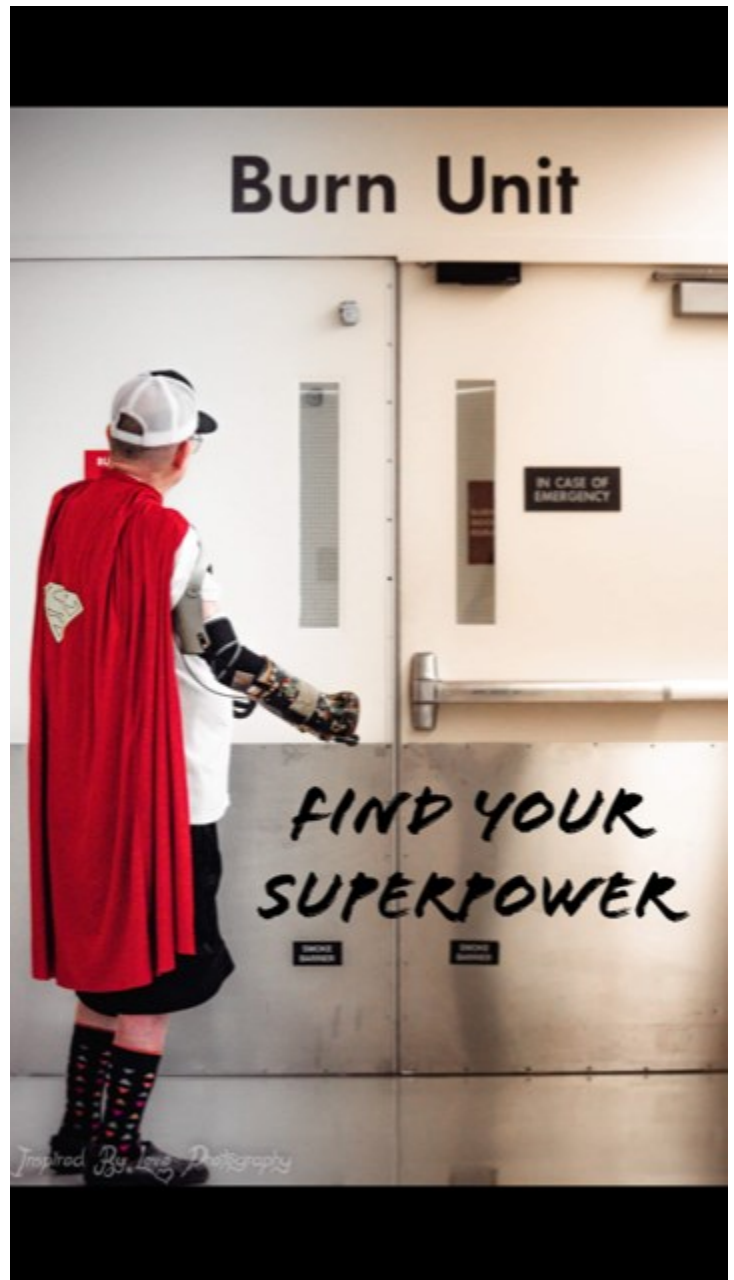
alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place.

LEARN two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

Fire Prevention Week is the perfect time to talk with your whole family about fire safety – include testing alarms, **changing the batteries** or upgrading to 10-year sealed battery alarm for hassle-free protection, and escape planning.

Make your own home escape plan:

<https://www.nfpa.org/Public-Education/Staying-safe/Preparedness/Escape-planning>



ABOUT FIRE PREVENTION WEEK

Since 1922, the NFPA has sponsored the public observance of Fire Prevention Week. In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a national observance, making it the longest-running public health observance in our country. During Fire Prevention Week, children, adults, and teachers learn how to stay safe in case of a fire. Firefighters provide lifesaving public education in an effort to drastically decrease casualties caused by fires.

Fire Prevention Week is observed each year during the week of October 9th in commemoration of the Great Chicago Fire, which began on October 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land.

View this video for more information on the Great Chicago Fire: [. \(www.nfpa.org/fpw](http://www.nfpa.org/fpw) , 2019)

FAILURE WILL NEVER
OVERTAKE ME IF MY
DETERMINATION TO
SUCCEED IS STRONG
ENOUGH.

– OG MANDINO



Upcoming Events

- **Burn Community Picnic- Sunday, September 22nd**

Location: North Natomas Regional Park (2501 New Market Drive, Sacramento)

Time: 11am-2pm

Info: FAMILY FUN, BBQ, GAMES AND MORE! Join us at the Annual Burn Community Picnic! Where Burn Survivors of all ages, Firefighters, and Burn Unit staff along with their friends and family enjoy a FREE day of good BBQ, Games, and FUN! Please RSVP to Kristen Graham at kristen@ffburn.org or by calling (916) 739-8525 by 09/09/2019. We hope to see you there!

- **Heroes, Hops & Hot Rods- Saturday, October 26th (DATE UPDATE)**

Location: 33rd Street (between Stockton and 33rd)

Time: 2pm- 7pm

Info: Bertolucci's Auto Body Shop, Sac Yard Community Tap House and the Firefighters Burn Institute presents the 2nd Annual Heroes, Hops & Hot Rods: A celebration of Sacramento history, culture, and the first responders that help to keep our community safe. Join us on October 26th from 2PM to 7PM at 33rd Street between Stockton and P Street. Highlights of the event include:

- Local brews
- Local grub
- Hot Rod Car Exhibit
- Games (ping pong, corn hole and more)
- Raffle
- Live music
- and more!

- **6th Alarm Chili Cook Off- Saturday, November 16th**

Join us for this chili cooking competition at the California Auto Museum featuring firefighter and civilian teams counting on YOUR vote to win the big 1st place title! Unlimited beer and chili tasting, live music, dancing, silent auction, raffle, photo booth and more! For more information on entering the Chili Competition, becoming a sponsor or tickets, call the FFBI Office at 916-739-8525.



**FIREFIGHTERS
BURN INSTITUTE**

