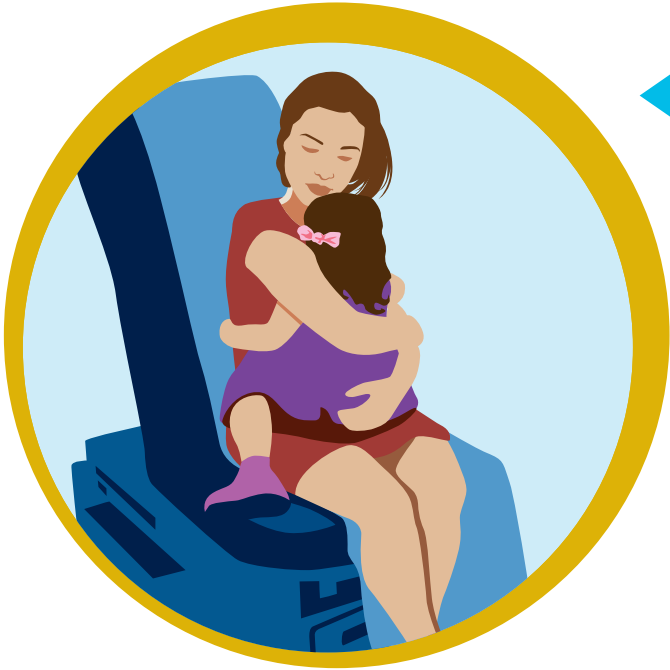


Comfort Positions



◀ Chest-to-chest

- Best for small children who need distraction and prefer not to watch procedure
- Allow the child to straddle parent or staff and have a secure “hug”



▲ Side sitting

- Great for older children who may want to watch while feeling secure
- Use when child can't straddle parent or staff

Swaddle ▶

- Best for infants and young toddlers
- Provide oral sucrose if child is not NPO, offer non-nutritive soothing option as appropriate
- Encourage parent to remain in eyesight of child



◀ Side hug

- Best for when a child needs to remain lying down
- Can be used for children of all ages



▲ Back-to-chest

- Helpful position for port procedures
- Safe and comforting position with child's feet secure in parent's legs
- Great for older children who want independence, but need to be held

ASK A CHILD LIFE SPECIALIST OR NURSE

which position might be right for your child.