Welcome to UC Davis Pediatric Diabetes Clinic

Glassrock Building, 2521 Stockton Blvd (3rd Floor)-Turn left into parking lot directly after passing the building

Pediatric Endocrinology/Diabetes Department Contact

Refer to the “Important Phone Numbers” handout in Diabetes Binder

• Blood Glucose Voicemail: call Mon-Fri 8am-12pm, 916-703-5971
• Pediatric Diabetes Clinic: call Weekdays (Mon –Fri) 8am to 5pm, 916-734-3112
• After hours, weekends and holidays: Call hospital operator 916-734-2011. Ask operator to page the “pediatric endocrinologist” on-call.

Your first diabetes clinic appointment will be within the first few weeks after leaving the hospital. We realize in your 2-3 day hospital stay you have received a lot of education. Your first clinic appointment is education based to help assist you with questions you would like clarified. Please keep in mind that this appointment is 2-3 hours. Please see the below list that you will need to bring to clinic:

• Glucometer/Meter, your current insulin doses, and log book
• Teaching binder that was provided inpatient –we will continue to build and add to this.
• Lunch if your appointment time falls during that time. Snacks both low carb and carb. Bring activities/homework.
• Low supplies (Glucose tablets/juice/ “Fun” size packet of Skittles) + a follow up solid carb such as a granola bar or peanut butter crackers.

You’ll see the entire team this first visit. Our team consists of the following and below is a brief description of how we can help assist you:

Endocrinologist: Your diabetes doctor will make insulin updates to match changes needed with your meal plan and blood sugars, address your labs, and clarify your type of diabetes.

Dietitian: Carb counting clarification, meal plan adjustments, label confusion, snack/meal planning, timing of meals, exercise/sports nutrition.

Nurse educator: Our nurse educator will review important information about diabetes management, and answer questions about your child’s diabetes needs.

Social worker: Our social worker will provide support, assessing your child’s mood and coping following their diagnosis. Social work can also provide info on the following: support groups, summer camps, and information on returning to school and work. They can also answer questions about applying for financial assistance or medical insurance if needed.