Breastfeeding Support & Services in the Greater Sacramento Area

Private Practice Lactation Consultants (IBCLC)

**Greater Sacramento Area**

*The Birth Center*
Breastfeeding Services
(916) 802-9647

Carolina Jones, IBCLC
*English & Spanish*
(916) 879-4229

*Michelle Kunschke, IBCLC*
(916) 956-1999

*Midtown Lactation Consultants (MiLC)*
(916) 936-BABY

*Jewel Mohr, MEd, IBCLC*
(530) 318-1097

*Pediatric Medical Associates*
Amity Rajappa, IBCLC
(916) 924-9337

*Patricia DuBray, IBCLC*
*Galt, Elk Grove, Lodi*
(916) 685-1812

*Angelia Leipelt, IBCLC*
*Galt, Elk Grove*
(209) 210-8464

**Yolo County**

*The Birth Center*
Yolo County Community Breastfeeding Support Line
(800) 663-8685

*Linda Austin, IBCLC*
Lincoln
(916) 408-8006

*Danielle Bouchier, RN, IBCLC*
(530) 788-3032

**Placer & Nevada Counties**

*Faithful Lactation Support*
Shanee Euren, RN, BSN, RNC-NiC, IBCLC
(916) 367-1535

*Rachel Maxim, IBCLC*
(916) 240-1265

**The Nest**
Nevada City, Colfax, Auburn
(530) NEST-411

*Mary Wagner-Davis, MS, MFT, IBCLC*
(916) 276-8016

**Hospital Lactation Services**

*Kaiser South Breastfeeding Center*
(916) 688-6676
Walk-in Clinic: Monday-Friday 9-11am

*Kaiser North Valley Breastfeeding*
(916) 784-4050

*Mercy Folsom Lactation Lounge*
By Appt Monday-Friday 1-4pm
*Drop-in LC appts Wednesdays 10am-1pm*
1600 Creekside Dr., Ste 1500
(916) 984-7347

**Pump Rental Locations**

*Midtown Lactation Consultants (MiLC)*
(916) 936-BABY

*Sutter Medical Center - Lori’s Gifts*
(916) 887-0250

*Kaiser Patient Pump Rentals*
- Roseville: (916) 784-5775
- Point West: (916) 614-4035
- Folsom: (916) 817-5278

**WIC Breastfeeding Support**

*Community Resource Project (serving Sacramento County)*
BF Helpline: (916) 326-5841
Main Line: (916) 326-5830

*Sacramento County WIC*
Breastfeeding Helplines
English: (916) 875-2120
Spanish: (916) 875-2121
Main Line: (916) 876-5000

*Placer County WIC*
Peer Counselor: (530) 889-7211
Main Line: (916) 784-6447 or (530) 889-7187
Hospital Support Groups

**Kaiser Baby & Me Group**
Folsom Iron Point Campus
Tuesdays, 9:00-11:00am
Sacramento Point West Campus
Wednesdays, 9:00-11:00am
Roseville Sierra Gardens Campus
Thursdays, 9:00-11:00am
Elk Grove Big Horn Campus
Thursdays, 10:00am-12:00pm

**Sutter Mothers’ Outlet Group**
Sacramento
Fridays 9:30am-12:30pm
1625 Stockton Blvd, Classroom 3
Roseville
Fridays 9-11am
3 Medical Plaza Dr, 2nd Floor

**Sutter Breastfeeding Support Group**
*Call to register: (916) 887-4037
Sacramento
Mondays 10:30am-12:30pm
1625 Stockton Blvd, Suite 210
Roseville
Fridays 1:30-3:30pm
Medical 1 Plaza Dr, Conf Rm 12

Worldwide Breastfeeding Support

National Women’s Health & Breastfeeding Helpline
(800) 994-9662
www.womenshealth.gov

La Leche League USA Breastfeeding Helpline
(877) 4-LA LECHE
www.lllusa.org

Affordable Care Act (ACA) Breastfeeding Support & Breastpump Resources

https://www.healthcare.gov/coverages/breast-feeding-benefits/
https://www.dol.gov/whd/workers.htm

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