Internship Handbook

APA-Accredited Clinical Psychology Internship Program

- Child Abuse Track (CAARE)
- Early Psychosis Track (TAMI)
- Infant Mental Health Track (IMH)

UC Davis CAARE Diagnostic and Treatment Center
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GENERAL OVERVIEW

The Clinical Psychology Training Program offers a one-year APA accredited internship opportunity for students who have attended APA-accredited clinical or counseling psychology programs. The training program, which subscribes to a practitioner-scholar model, emphasizes knowledge of current research to guide assessment and intervention. Psychology interns develop competency in empirically supported treatments and make presentations on current research. The clinical psychology training program is a challenging and dynamic internship program with the goal of training ethical and competent future psychologists in the field of clinical psychology and child maltreatment who will contribute both to the welfare of society and to the profession.

For the 2020-2021 training year, there will be four separate training opportunities.

**Child Abuse Internship (CAARE Center only track - 4 positions)**

Psychology interns can receive training and supervised experience in Parent-Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavior Therapy (TF-CBT), psychological evaluations, child welfare evaluations, Infant Mental Health Therapy, intake assessments, individual and/or group therapy, and consultation to local agencies. Most CAARE Center clients range in age from 2 to 18 years, although adults are seen for family treatment, individual therapy, and evaluations. Location: CAARE Center

**Trauma-Adolescent Mental Illness Internship (TAMI track- 2 positions)**

Psychology interns in this track will receive training in Trauma-Focused Cognitive Behavioral Therapy and assessment and treatment of early psychosis based upon Coordinated Specialty Care (CSC) model, which includes training in Cognitive Behavioral Therapy for Psychosis (CBTp). Trainees will spend approximately 50% of their time at the CAARE Center receiving training and supervised experience in TF-CBT and psychological evaluations with children and adolescents seen for trauma. Trainees will also spend 50% of their time at SacEDAPT receiving training and supervised experience in the assessment and treatment of early psychosis. Location: CAARE Center and SacEDAPT

**Infant-Preschool Neurodevelopmental Disorder and Child Maltreatment Internship (IMH track- 1 position)**

Psychology interns in this track will receive training in infant mental health treatment with children ages 0 to 5 and their families and neurodevelopmental psychological assessments of infants and young children. Trainees will spend 50% of their time at the CAARE Center and 50% within Developmental and Behavioral Pediatrics at the MIND Institute. Interns will be provided training in one empirically based approach, Parent-Child Interaction Therapy at the CAARE Center. In addition, they will be trained to conduct evidence based, neurodevelopmental evaluations with a focus on identifying developmental delay and autism spectrum disorder. Location: CAARE Center and MIND Institute

**Juvenile Justice Forensic Psychology Internship (JJFP track- 1 position)**

Psychology interns in this track will receive training in assessment and treatment of juvenile justice involved youth. Trainees will spend 50% of their time at the CAARE Center and 50% within the Sacramento County Probation Department Youth Detention Facility. Interns will be provided training in one empirically based approach, Trauma Focused-Cognitive Behavioral Therapy. In addition, they will be trained to conduct evidence based forensic evaluations (i.e., competency evaluation; juvenile sex offender evaluations; child welfare evaluations). Location: CAARE Center and Sacramento County Probation Youth Detention Facility.
INTERNSHIP SETTING

The University and the Medical Center

The University of California, Davis is one of ten University of California campuses. The UC Davis Medical Center is an integrated, academic health system encompassing a 530-bed acute care hospital, ambulatory care clinics, and an 800-member physician group. The Medical Center is one of five University of California teaching hospitals and is consistently ranked among the top ten medical schools and the top fifty hospitals in the country. The health system cares for approximately 9,000 adults and children each year and provides more charity care than any other hospital in the region. As the primary clinical education site for the School of Medicine and the only area provider of many medical services, the medical center plays an important part in the health and well-being of Northern California and has a major economic impact in the area.

The Department of Pediatrics, now over 40 years in existence, is rapidly growing, with more than 85 faculty members representing 12 areas of clinical, teaching and research expertise. We comprise part of the UC Davis Medical Center’s faculty and help to staff the 120 bed non-freestanding UC Davis Children's Hospital. The Department has an innovative Pediatric Residency Program, three ACGME-approved fellowships and also is heavily involved in primary care education for our UC Davis medical students and for health-care providers in our community.

UC Davis CAARE Center

The Child and Adolescent Abuse, Resource, Evaluation Diagnostic and Treatment Center (CAARE Center) is an integral part of the Department of Pediatrics of the University of California, Davis Children’s Hospital and School of Medicine. The mission of the CAARE Center is to provide superior clinical services to children and families, engage in clinical research, and provide training in the areas of child maltreatment and family violence. Training of clinical psychology interns, postdoctoral fellows, and other health professionals has been a longstanding priority. The CAARE Center has been recognized at the local and national levels as a model program for the evaluation and treatment of child maltreatment. The CAARE Center falls under the auspices of UC Davis Children's Hospital, and is located near the main hospital in Sacramento, CA.

For over 25 years, the CAARE Center has been committed to offering high quality psychological treatment for abused and neglected children. Approximately 35% of clients are African-American, 33% European-American, 25% Hispanic, and 7% other ethnicities. Although presenting problems typically include a history of abuse, neglect and/or exposure to domestic violence, there is a broad range of presenting diagnoses in both children and parents, including mood disorders, anxiety disorders, adjustment disorders, disruptive behavior disorders, substance dependence, and personality disorders. The CAARE Center specializes in the use and dissemination of evidence based treatments for childhood trauma, including Trauma-Focused Cognitive Behavior Therapy (TF-CBT), Parent Child Interaction Therapy (PCIT), Dialectical Behavior Therapy (DBT), and Parent-Child Care (PC-CARE). Psychologists in the evaluation program conduct comprehensive psychological evaluations for children, child welfare evaluations of parenting ability, bonding evaluations, juvenile competency evaluations, juvenile sexual offender evaluations, and civil evaluations, as well as serve as expert witnesses in child abuse cases.

Ongoing research and training projects at the CAARE Center include a state funded project to provide crisis intervention and stabilization services for child victims of trauma, a California
Emergency Management Agency (CalEMA) grant to develop and coordinate a Trauma-Focused Cognitive Behavior Therapy program, and grants to provide training and consultation in Parent-Child Interaction Therapy at designated mental health clinics throughout California, the United States, and even worldwide. In addition, the CAARE Center received a DOJ grant to provide services for youth at risk or with a history of sexual exploitation and to provide training for professionals who work with these youth, a National Child Traumatic Stress Network (NCTSN) grant to provide services to stabilize foster placements for children aged 1-5 years, a California Office of Emergency Services (CalOES) grant to provide services for children experiencing homelessness, and a CalOES grant to provide services to pregnant and parenting teens. Current research foci at the CAARE Center include mechanisms related to PCIT effectiveness, the relation of trauma exposure and parent-child interactions, and the effectiveness of PC-CARE in various populations.

**UC Davis SacEDAPT Clinic**

The SacEDAPT Clinic is a program within the UC Davis Health System’s Department of Psychiatry & Behavioral Sciences. Founded in 2004 by Cameron Carter, M.D., EDAPT is nationally recognized as a leading provider of early psychosis care. In 2011, with the support of Sacramento County MHSA PEI funding, EDAPT was expanded to create the SacEDAPT Clinic, which provides early psychosis services to residents of Sacramento County ages 12-30 who have Medi-cal, are uninsured, or are undocumented. The UC Davis EDAPT and SacEDAPT Clinics provide outpatient services for transition age youth across the spectrum of early psychosis, including affective and nonaffective psychosis. SacEDAPT serves first episode psychosis (FEP) individuals who are within two years of onset, as well as individuals who are a clinical high risk (CHR) for psychosis based upon the presentation of subthreshold psychotic symptoms or significant deterioration in combination with genetic risk for psychosis. The treatment team is comprised of Psychiatrists, Psychologists, Masters level clinicians, Psychology Interns, a Family Advocate, a Peer Advocate, and an Education and Employment Specialist. The SacEDAPT clinic works in close coordination with the UC Davis Imaging Research Center (IRC) research faculty and assistants, which oversee research projects related to the biological causes of psychosis and their links to clinical and functional outcome, development of innovative treatment, and evaluation of treatment and program outcomes. Collaboration between the IRC research and SacEDAPT programs is a critical connection that enhances the quality of work both centers perform.

Early identification and evidence-based intervention are necessary and effective steps in reducing the impact of psychosis on affected individuals, their families, and our community. Our community outreach program identifies individuals prior to the onset of the most devastating aspects of psychosis, preventing deterioration and hospitalization whenever possible. Our family-centered treatment approach empowers individuals and their families to be active participants in their care, helping them achieve their personal, social, educational and occupational goals. We do this in a culturally sensitive manner that addresses the specific needs of each individual, their family, and community. SacEDAPT takes a flexible and culturally responsive approach, including outreach and education, initial assessment, consumer and family engagement, treatment planning and clinical care. Our treatment team has many years of experience with the diverse population of Sacramento County, and adapts to individual needs of consumers and families, including the use of home and school visits, utilization of bilingual clinicians, interpreting services, as well as involvement of family and consumer advocates who use their own experience to engage, educate and motivate new clients.
The SacEDAPT program conducts comprehensive assessments where state-of-the-art clinical assessment tools are used to evaluate each client to determine the appropriate diagnosis in order to guide treatment. Assessments of psychosocial functioning also determine areas where targeted treatment is needed. Each client has a clinical case manager who helps to identify the client’s unique needs and recovery goals, which will be used to develop a treatment plan that encourages the client to build upon their strengths and take an active role in treatment decisions. Regular and frequent appointments with a psychiatrist are important and tailored to control and alleviate symptoms with the fewest amount of side effects. Weekly groups for clients are designed to provide support and improve understanding of the illness, develop stress and symptom management techniques, and enhance communication and problem solving skills. Weekly multi-family groups for families are based upon the PIER treatment model. Psychoeducation and support are provided to increase understanding about the illness, improve stress management and communication skills within the family, and develop problem solving skills. Supported Education and Employment services are also provided within the client’s home, school or workplace to improve everyday functioning and help clients achieve their goals of social, academic and occupational recovery. With the knowledge of their own lived experience, the Peer and Family Advocates provide direct services to clients and family members, respectively, within the clinic and the surrounding community.

The SacEDAPT clinic is located within the outpatient Behavioral Health Clinic, which is on the UC Davis Medical Campus in Sacramento. The interns involved in this collaborative training experience (Trauma Adolescent Mental Illness track – TAMI) will spend 50% of their time providing direct service to SacEDAPT clients and their families. Interns in this track will learn to provide trauma-informed care to individuals with early psychosis. Interns will have shared office space and individual work stations within the SacEDAPT clinic. Additional space for group therapy and didactics is also available.

UC Davis Developmental and Behavioral Pediatrics (DBP)-MIND Institute

This training program is administered through the Department of Pediatrics. The DBP faculty and fellows are all housed at the UC Davis MIND (Medical Investigation of Neurodevelopmental Disorders) Institute, located 2825 50th Street, Sacramento, CA. Additional resources for the program are provided by the UC Davis Center for Excellence in Developmental Disabilities. The department is clinically very active, caring for patients from not only our immediate area but from all over northern California, western Nevada and southern Oregon.

The MIND Institute is a collaborative, interdisciplinary biomedical research and clinical services center founded at UC Davis in 1998 by parents of individuals with an autism spectrum disorder (ASD). The Institute is dedicated to understanding the causes and consequences of ASD and other neurodevelopmental disorders and to the development of prevention programs, treatments, and cures for these disorders. The faculty includes basic and clinical scientists, physicians, and educators in fields as diverse as molecular genetics, psychiatry, immunology, pediatrics, neuropathology, psychology, neurology, neuroscience, toxicology, epidemiology and education. The Institute staff also includes a highly skilled and dedicated cadre of personnel who provide research, clinical, and administrative support.

The Institute is housed in a two-building complex (100,000+ square feet) on the UC Davis Medical Center campus. The complex includes research laboratories for human neuroscience and basic science studies, pediatric clinics, faculty and staff offices, a public resource center, conference rooms, and an auditorium.
The main building is over 75,000 square feet and includes behavioral research laboratories, the Massie Family Diagnostic Clinic, academic offices, and meeting/conference facilities. The behavioral research laboratories and diagnostic clinic rooms are on the first floor and consist of specially designed examination rooms which are equipped with one-way observation windows and state-of-the-art video imaging and recording systems. The waiting areas are equipped with televisions, play equipment, and aquariums to keep children relaxed and occupied. A secure outdoor playground also is available, both for family respite and play, as well as for research-based observation and video recording. Offices and other spaces for academic, administrative, and support personnel are on the second floor. Common spaces include a resource center, a café, conference rooms, and a common entrance and open two-story atrium, all of which promote interactions among occupants, families, and visitors.

The trainees enrolled in the program will have access to a shared office on the second floor of the main building of the MIND Institute complex, work with other postdoctoral trainees participating in the Autism Research Training Program, and who are affiliated with other MIND laboratories and funded by other mechanisms. This allows for interaction across the rich and diverse programs of the Institute.

Sacramento County Probation Department-Youth Detention Facility
YDF provides a safe and secure environment for youth prior to Court as well as provides educational and vocational activities promoting the health and well-being of the youth served; encourages law-abiding behavior; teaches individual accountability for one’s choices; and models pro-social behaviors for residents.

The Sacramento Community
Sacramento, California’s capitol, is a relaxed, tree-filled suburban city which offers a variety of interesting and distinct activities. With a population of approximately 1.8 million, the Sacramento area provides multiple opportunities for historical, cultural, and recreational outings. Sacramento’s rich historical heritage, revitalized in Old Sacramento, includes the Gold Rush era, as well as pioneering work in the mine and railroad industries. Culturally, Sacramentans enjoy theater, art museums, concerts, dance, restaurants, and the UC Davis Mondavi Center for the Performing Arts. Hiking, cycling, boating, swimming, and other outdoor activities are readily enjoyed in this area of numerous parks, open spaces, two major rivers, and a lake. Professional sports teams including the Kings (basketball), and River Cats (baseball) call Sacramento home. It is this wealth of activities that contributed to Newsweek magazine naming Sacramento one of the ten best cities in the United States. In addition, Sacramento’s rich ethnic and cultural diversity earned it Time magazine’s “Most Diverse City” designation several years ago.

Sacramento is conveniently located near a number of Northern California’s other beautiful areas. San Francisco is approximately 1½ hours southwest of Sacramento. The Napa and Sonoma Wine Country is within an hour’s drive northwest, and Lake Tahoe is approximately 1½ hours northeast of the Capitol City.
TRAINING PROGRAM DESCRIPTION

Overview

The University of California, Davis CAARE Center Clinical Psychology Training Program offers a one-year full-time clinical psychology internship opportunity for students who have attended APA-accredited clinical or counseling psychology programs. The Training Program, which subscribes to a practitioner-scholar model, emphasizes knowledge of current research to guide assessment and intervention. Psychology interns develop competency in empirically supported treatments and make presentations on current research. The Clinical Psychology Training Program is a challenging and dynamic internship program with the goal of training ethical and competent future psychologists in the field of clinical who will contribute both to the welfare of society and to the profession. The three internship tracks emphasize specializations in child maltreatment (Child Abuse Track), early psychosis (TAMI Track), and developmental disabilities (IMH Track),

Accreditation

The Psychology Internship Clinical Psychology Internship program is APA-accredited. Any questions about accreditation may be addressed to: Office of Accreditation, American Psychological Association, 750 First Street, NE, Washington, DC 20002. Telephone: (202) 336-5979.

Intern Performance Evaluations

At the beginning of the internship year, interns complete a self-assessment of their experience relative to training objectives of the internship. This helps focus the intern and supervisor on the intern’s needs. Progress is monitored throughout the internship period. At the end of three months and six months, verbal and written feedback regarding the intern’s performance is provided by the primary supervisor and/or Training Director. These performance evaluations are used to communicate an assessment of the intern’s progress. At the end of the internship year, formal summative feedback is given to the intern and sent to the Training Director. Serious concerns regarding an intern’s performance will be addressed through due process procedures (see Appendix A).

Grievance Procedures

Interns are strongly encouraged to address grievances related to training, supervision, or evaluation with their primary supervisor first and resolve concerns informally. Formal procedures are described in Appendix A.

APPOINTMENT, STIPEND, AND BENEFITS

Appointment

Four applicants are typically accepted per year for the Child Abuse track, two applicants for the TAMI track, one applicant for the IMH track; and one applicant for the JJFP track. The internship typically begins July 1st and concludes June 30th the following year. This is a full-time, 40-50 hour per week appointment. Clinical moonlighting is not permitted.
Stipend

The current stipend for the 2019-2020 training year is $28,000 for the all tracks. We hope to increase the stipend for next year.

Benefits

Approximately three weeks of academic time off, all federal holidays, and five days of extended sick leave are offered for all interns. UC Davis also offers low-cost competitive medical benefits. Child Abuse and IMH interns receive time to attend the PCIT conference for professional development. They also have the opportunity to attend free training in PCIT and usually qualify for UC Davis PCIT therapist certification by the end of the year. Child Abuse and TAM Interns have the opportunity to attend a free TF-CBT training with a master-trainer, and commonly qualify for TF-CBT certification following the internship year. Additionally, interns are provided with workspace, a personal computer, voicemail and email, administrative assistance, and full access to the University of California, Davis libraries and associated services.

ELIGIBILITY AND SELECTION PROCEDURES

Eligibility Requirements

Applicants must be currently enrolled in an APA-accredited doctoral program in clinical or counseling psychology. Prior to the interview, applicants must have completed at least two years of graduate study, at least 500 hours of supervised practicum work, all doctoral course work as required, and have an accepted dissertation proposal. The vast majority of applicants selected for the program have had practicum experience with children and adolescents.

Preferred Qualities

Applicants who have previous clinical experience (evaluations and therapy) with children and adolescents, and an interest in child maltreatment, as evidenced by research involvement or clinical training in this area, tend to be the best fit.

Selection Process

Intern selection is made by a committee comprised of the Training Director and internship training supervisors. Applicants are rated on the basis of their clinical training (including assessment and psychotherapy), academic coursework, letters of recommendation, clinical and research interests, progress toward dissertation completion, and stated goals for internship. Those candidates assessed by the committee to hold interests and goals most closely matching those opportunities offered by our program will be asked to participate in on site interviews.

All applicants will be notified of their status by December 15. Highly-ranked candidates will be invited for interviews with the Training Director and supervisors. Candidates also have the opportunity to meet with current interns and post-doctoral fellows as well as tour the clinic. These interviews are very helpful for both the program and the applicants to determine whether the program is appropriate for them. Interviews will take place in January. If, due to economic or other reasons, an applicant cannot travel to Sacramento, other arrangements can be made.
The training program follows the Association of Psychology Postdoctoral and Internship Centers’ policies regarding internship offers and acceptances. The internship program agrees to abide by APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any applicant. If you encounter violations of APPIC policy, please consider discussing it with your training director and reporting the violation to APPIC Standards and Review Committee, 733 15th Street NW, Washington, CA 20005, phone (202) 347-0022.

**Nondiscrimination Policy**

The University of California prohibits discrimination against or harassment of any person employed by or seeking employment with the University on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (special disabled veteran, Vietnam era veteran, or any other veteran who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized).

The University of California, Davis, and the CAARE Center Clinical Psychology Training Program are interested in candidates who are committed to the highest standards of scholarship and professional activities, and to the development of a campus climate that supports equality of opportunity.

The program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and the California Association of Psychology Internship Council (CAPIC).

**APPLICATION PROCEDURES**

Please submit only the APPI online application located on the APPIC website (www.appic.org). Follow the directions on the APPIC website for submitting your application. Our application deadline is **November 1st**.

The online application should include the following:

- Cover letter
- APPI application
- Curriculum vitae
- Three letters of recommendation
- Official graduate transcripts

No supplemental application materials are required.

**DEADLINE:** Our application deadline is **November 1st**
Child Abuse (CAARE Center only) Track

TRAINING GOALS AND OBJECTIVES

Overview
The training year is viewed as an opportunity for interns to obtain extensive supervised clinical experience, while developing knowledge and attitudes that encourage a scientific approach to practice. The supportive, challenging atmosphere of the CAARE Center fosters the development of skills and a maturing professional identity.

Objectives
Over the course of the one-year program, it is expected that interns will develop the following competencies:

1. Become proficient in conducting intake assessments, making diagnoses, developing treatment plans, and conducting individual and group therapy for children, adolescents, and caregivers with a history of maltreatment.

2. Become proficient in administering, scoring, and interpreting psychological tests and writing comprehensive evaluation reports.

3. Develop cultural competency in assessing and treating a multicultural population.

4. Demonstrate the knowledge and skills needed to conduct two empirically-supported treatments (i.e., Parent-Child Interaction Therapy and Trauma-Focused Cognitive-Behavioral Therapy) competently.

5. Use knowledge of current research in the areas of intervention, assessment, and child maltreatment to guide assessment and treatment.

6. Develop and refine skills in consulting with school and other systems involved in client’s life.

7. Develop ability to provide clinical case management as appropriate.

8. Make a professional and scientific presentation of a specific case or topic, and integrate research into case presentations.

9. Work collaboratively as part of a multidisciplinary team of medical and mental health professionals.

10. Become knowledgeable on issues concerning professional psychologists such as reporting laws, confidentiality, ethics, consultation, and supervision.

11. Demonstrate an ability to be self-reflective and make a realistic assessment of strengths and weaknesses.

General Training Duties
1. Interns will have approximately 17 hours of client contact per week comprised as follows:
a. 10-12 individual therapy clients, 5 of which include designated TF-CBT cases
b. 4 Parent-Child Interaction Therapy cases
c. 1 psychological evaluation or child welfare evaluation
d. 1 therapy group (as co-facilitator) (optional)
e. Infant Mental Health Cases (if interested)

2. Interns will be responsible for conducting intake assessments.

3. Interns will participate in supervision, trainings, and meetings as follows:
   a. 1 hours of one-on-one PCIT supervision per week
   b. Live supervision of PCIT during client time
   c. 1 hour of TF-CBT supervision per week;
   d. Live supervision (through video and one-way mirrors) as part of TF-CBT seminar
   e. 4 hours of didactic seminars per week;
   f. General all-staff meetings twice per month;
   g. 1 hour Training Director’s meeting twice per month for the year;
   h. Weekly supervision for evaluations, including live supervision and one-on-one supervision

4. Interns will be responsible for completing all required clinical documentation (e.g., treatment plans, progress notes, discharge summaries) in a timely manner consistent with both professional expectations and specific county guidelines.

5. Interns will have the opportunity to attend the annual PCIT for Traumatized Children Conference (in Davis, CA), School of Medicine Grand Rounds, and other training activities.

SUPERVISION AND TRAINING

The Clinical Psychology Training Program provides a strong supervisory system to ensure that interns obtain individualized attention as they pursue their clinical training at the CAARE Center. In general, interns participate in three hours of individual supervision (including evaluation supervision); approximately two to four hours of live supervision; and one hour of group supervision a week. The use of “live” supervision is an integral part of training through the use of observation mirrors, videotaping of treatment sessions and assessment interviews, and co-facilitation of treatment and assessment for all treatment programs. Opportunities for topic and case presentations occur in seminars, staff meetings, and group supervision.

Individual Supervision
Two hours of individual supervision are provided, one hour devoted to TF-CBT cases, and the other hour devoted to PCIT cases. Other individual therapy cases are discussed during these supervision meetings as well. Multiple psychologists supervise evaluations, and the primary supervisor rotates with each case. Supervision is provided weekly for evaluations and often involves lives supervision. When a case (therapy or evaluation) is assigned, the intern should consult with the supervisor about procedures and relevant information.

Group Supervision
Group supervision is provided bi-monthly for the group therapy program and weekly within didactics as case consultations.
**Didactic and Clinical Presentations**

Several required didactic trainings are conducted on a regular basis throughout the training year. These are:

- Clinical staff presentations with topics related to the field of child maltreatment, psychopathology, and professional development
- Psychological Evaluation/Child Welfare Evaluation didactic
- Parent-Child Interaction Therapy seminar
- Trauma-Focused Cognitive-Behavioral Therapy seminar
- Group Therapy seminar
- Multi-cultural Issues in Trauma and Child Maltreatment meeting
- Secondary Traumatic Stress and Vicarious Trauma seminar

**Training Director’s Meeting and Professional Development Seminar**

This meeting provides interns an opportunity to share information and discuss problematic issues or general concerns about the internship experience. The meeting is conducted on a bimonthly basis.

**Other Training Opportunities**

Interns have the opportunity to attend Pediatrics and Psychiatry Grand Rounds offered through the Medical Center as well as the Parent-Child Interaction Therapy Conference. Release time for attending other professional conferences may be arranged with the Training Director and primary supervisor.

**Post-Doctoral Opportunities**

In addition to psychology internship training, there are postdoctoral positions available every year. Please contact Dr. Blacker for information regarding postdoctoral opportunities. Former interns have obtained Postdoctoral positions in a variety of places including Stanford University School of Medical, University of Oklahoma Health Sciences, and the CARES Institute among others.
Trauma-Adolescent Mental Illness (TAMI) Track

TRAINING GOALS AND OBJECTIVES

Overview
The training year is viewed as an opportunity for interns to obtain extensive supervised clinical experience, while developing knowledge and attitudes that encourage a scientific approach to practice. The supportive, challenging atmosphere of the CAARE Center and SacEDAPT fosters the development of skills and a maturing professional identity.

Objectives
Over the course of the one-year program, it is expected that interns will develop the following competencies:

1. Become proficient in conducting intake assessments, making diagnoses, developing treatment plans, and conducting individual and group therapy for children, adolescents, and caregivers with a history of maltreatment and/or early psychosis.

2. Become proficient in administering, scoring, and interpreting psychological tests and writing comprehensive evaluation reports.

3. Develop cultural competency in assessing and treating a multicultural population.

4. Demonstrate the knowledge and skills needed to conduct two empirically-supported treatments (i.e., Trauma-Focused Cognitive-Behavioral Therapy and CBT for Psychosis) competently.

5. Use knowledge of current research in the areas of intervention, assessment, and trauma and early psychosis to guide assessment and treatment.

6. Develop and refine skills in consulting with school and other systems involved in client’s life.

7. Develop ability to provide clinical case management as appropriate.

8. Make a professional and scientific presentation of a specific case or topic, and integrate research into case presentations.

9. Work collaboratively as part of a multidisciplinary team of medical and mental health professionals.

10. Become knowledgeable on issues concerning professional psychologists such as reporting laws, confidentiality, ethics, consultation, and supervision.

11. Demonstrate an ability to be self-reflective and make a realistic assessment of strengths and weaknesses.

General Training Duties
1. Interns will have approximately 17 clinical client hours per week comprised as follows:
f. 8-10 individual therapy clients, which includes designated TF-CBT cases

g. 4 individual early psychosis clients with a trauma history

h. 1 psychological evaluation

i. Conducting standardized assessments for early psychosis

j. Co-facilitate multi-family therapy group

k. Co-facilitate substance abuse therapy group

12. Interns will be responsible for conducting intake assessments at both CAARE Center and SacEDAPT.

13. Interns will participate in supervision, trainings, and meetings as follows:

   i. 1 hour of individual supervision per week through SacEDAPT;

   j. 1 hour of TF-CBT supervision per week;

   k. Live supervision (through observation) as part of TF-CBT seminars

   l. 4 hours of didactic seminars per week including TF-CBT didactic and Early Psychosis/CBTp didactic;

   m. General all-staff meetings twice per month;

   n. 1 hour Training Director’s meeting twice per month for the year;

   o. Weekly supervision for evaluations

14. Interns will be responsible for completing all required clinical documentation (e.g., treatment plans, progress notes, discharge summaries) in a timely manner consistent with both professional expectations and specific county guidelines.

15. Interns will have the opportunity to attend conferences sponsored by the CAARE Center, SacEDAPT, Department of Psychiatry, School of Medicine grand rounds, and other training activities.

SUPERVISION AND TRAINING

The Clinical Psychology Training Program provides a strong supervisory system to ensure that interns obtain individualized attention as they pursue their clinical training at the CAARE Center and SacEDAPT. Interns will participate in two hours of individual supervision (one with a TF-CBT Supervisor and one with a CSC supervisor) and 2.5 hours of group supervision a week (one hr of Assessment supervision and 1.5 hrs of CBTp supervision). The use of “live” supervision is an integral part of training through the use of observation mirrors, videotaping of treatment sessions and assessment interviews, and co-facilitation of treatment and assessment for all treatment programs. Opportunities for topic and case presentations occur in seminars, staff meetings, and group supervision.

**Individual Supervision**

Two hours of individual supervision are provided, one hour devoted to TF-CBT cases, and the other hour devoted to early psychosis therapy cases. Multiple psychologists supervise evaluations, and the primary supervisor rotates with each case. Supervision is provided weekly for evaluations and often involves lives supervision. When a case (therapy or evaluation) is assigned, the intern should consult with the supervisor about procedures and relevant information. Live supervision is provided on a weekly basis for evaluations conducted at the CAARE Center as well as SacEDAPT.
**Group Supervision**
There will be a monthly group supervision with supervisors from the CAARE Center and SacEDAPT.

**Didactic and Clinical Presentations**
Several required didactic trainings are conducted on a regular basis throughout the training year. These are:

- Clinical staff presentations with topics related to the field of child maltreatment, psychopathology, and professional development
- Evaluation Program didactic
- Early Psychosis Didactic
- Trauma-Focused Cognitive-Behavioral Therapy seminar
- Multi-cultural Issues in Trauma and Child Maltreatment meeting
- Secondary Traumatic Stress and Vicarious Trauma seminar

**Training Director’s Meeting and Professional Development Seminar**
This meeting provides interns an opportunity to share information and discuss problematic issues or general concerns about the internship experience. The meeting is conducted on a bimonthly basis.

**Other Training Opportunities**
Interns have the opportunity to attend Pediatrics and Psychiatry Grand Rounds offered through the Medical Center. Release time for attending other professional conferences may be arranged with the Co-Training Directors and primary supervisor.

**Post-Doctoral Opportunities**
In addition to psychology internship training, there are postdoctoral positions available every year. Please contact Dr. Blacker (dmblacker@ucdavis.edu) or Dr. Niendam (tniendam@ucdavis.edu) for information regarding postdoctoral opportunities. Former interns have obtained Postdoctoral positions in a variety of places including MIND Institute, Stanford University School of Medical, University of Oklahoma Health Sciences, and the CARES Institute.
Overview
The training year is viewed as an opportunity for interns to obtain extensive supervised clinical experience with children primarily between the ages of 0 to 5-years and their families, while developing knowledge and attitudes that encourage a scientific approach to practice. The supportive, challenging atmosphere of the CAARE Center and Developmental and Behavioral Pediatrics fosters the development of skills and a maturing professional identity.

Objectives
Over the course of the one-year program, it is expected that interns will develop the following competencies:

1. Become proficient in conducting intake assessments, diagnostic evaluations, and developing treatment plans that include evidence based treatments.


3. Use integrative approach to conceptualize complex cases and provide evidence based recommendations.

4. Independently write comprehensive and objective diagnostic evaluation reports and discuss feedback regarding diagnoses and recommendations to families.

5. Conduct Parent Child Interaction Therapy with parent child dyads. Develop flexibility in using evidenced based intervention (PCIT) with children having comorbid conditions, such as neurodevelopmental disorder, behavioral/mental health concerns, and/or medical conditions.

6. Enhance understanding of atypical development and diagnostic process using the DSM-V.

7. Further understanding of developmental disabilities and patient advocacy.

8. Develop cultural competency in assessing and treating a multicultural population.

9. Work effectively within interdisciplinary teams that include medical, mental health providers, and social workers.

10. Use knowledge of current research in the areas of intervention, assessment, development, and trauma and expand this knowledge to guide assessment and treatment.

11. Develop and refine skills in consulting with school, Regional Center, and other systems involved in client’s life.
12. Develop ability to provide clinical case management as appropriate.

13. Make professional and scientific presentations of a specific case or topic, and integrate research into case presentations. Participate in journal club topic presentations.

14. Become knowledgeable on issues concerning professional psychologists such as reporting laws, confidentiality, ethics, consultation, and supervision.

15. Demonstrate an ability to be self-reflective and make a realistic assessment of strengths and weaknesses.

**General Training Duties**

Interns will divide clinical training responsibilities with 20-hours at the CAARE Center and 20-hours at the MIND Institute with DBP:

**DBP -MIND Responsibilities:**
- Child Development Clinic: 1 day per week the intern will observe and eventually independently conduct best practice diagnostic evaluations with children up to 5-years of age through an ongoing Regional Center contract. Intern will score results, deliver feedback to families, and write comprehensive report of findings and recommendations.
- Baby Steps NICU Follow-up Clinic: For ½ a day the intern will participate in this clinic to conduct developmental assessments within an interdisciplinary setting, write and contribute to team report, and provide feedback and recommendations to families.

**CAARE Center Responsibilities:**
- Intake Assessments: Conduct intake assessments to determine appropriate treatment recommendation for young children and their families.
- Treatment: Intern will have approximately 10 contact hours per week comprised of the following: 4 PCIT cases and 4-6 Infant Mental Health cases in clinic and home. It is anticipated that the intern will master delivery of PCIT while also delivering this in a developmentally appropriate manner for use with young children having complex backgrounds and comorbid conditions.

Interns will participate in supervision, trainings, and meetings as follows:

**DBP-MIND:**
- Weekly DBP fundamentals course (e.g., topics include development, autism assessment, ADHD, Intellectual Disability, prematurity, sleep, feeding, enuresis, encopresis, sensory integration, motor coordination, anxiety, depression, case conceptualization, test administration, scoring tests, and report writing, resources for families).
- Complete UCEDD trainee modules.
- Intern may participate in Developmental Care rounds within the NICU, distinguished lecture series, and ADHD parent group.
- 1-hour per week of 1:1 supervision will be provided, along with live supervision throughout the year.

**CAARE Center:**
- General all-staff meetings twice per month through CAARE Center
• 1 hour Training Director’s meeting twice per month for the year through CAARE Center
• Weekly supervision for PCIT cases through CAARE Center including live supervision
• 1 hour weekly Infant Mental Health consultations through CAARE Center
• 1 hour Parent Child Interaction Therapy Didactic twice per month for the year through CAARE Center

Interns will be responsible for completing all required clinical documentation (e.g., evaluation reports, treatment plans, progress notes, discharge summaries) in a timely manner consistent with both professional expectations and specific county guidelines.

Interns will have the opportunity to attend the PCIT for Traumatized Children Conference (Davis, CA), School of Medicine grand rounds, and other training activities.

**SUPERVISION AND TRAINING**
The Infant/Preschool Neurodevelopmental and Child Maltreatment Internship will provide supervision to ensure that interns are prepared for more independent practice working with young children and families upon completion. Interns will participate in 1-hour of weekly 1:1 supervision through DBP and 1-hour of 1:1 weekly supervision at the CAARE Center with a licensed clinical psychologist. In addition, interns will participate in an Infant Mental Health consultation program weekly, and receive feedback from other medical attendings who will supervise multidisciplinary clinic. The use of “live” supervision is an integral part of training through the use of observation mirrors, videotaping of assessment and treatment, and co-facilitation of assessment and treatment for all programs. Opportunities for topic and case presentations occur in seminars, staff meetings, and group supervision.

**Individual Supervision**
Two hours of individual supervision are provided per week, one hour devoted to PCIT cases and the other hour devoted to assessment cases. When a case (therapy or evaluation) is assigned, the intern should consult with the supervisor about procedures and relevant information.

**Group Supervision**
Supervision is provided on a weekly basis for Parent-Child Interaction Therapy, infant mental health clients, and evaluations.

**Didactic and Clinical Presentations**
Several required didactic trainings are conducted on a regular basis throughout the training year. These are:

- Clinical staff presentations with topics related to the field of child maltreatment, psychopathology, and professional development
- Parent-Child Interaction Therapy seminar
- Infant Mental Health Consultation
- DBP fundamentals
- Hearts & MINDS meeting with topics related to neurodevelopment and related comorbidities
- MIND Institute Summer Institute
- Multi-cultural Issues in Trauma and Child Maltreatment meeting
- Secondary Traumatic Stress and Vicarious Trauma seminar
Training Director’s Meeting and Professional Development Seminar
This meeting provides interns an opportunity to share information and discuss problematic issues or general concerns about the internship experience. The meeting is conducted on a bimonthly basis with Dr. Blacker.

Other Training Opportunities
Interns have the opportunity to attend Pediatrics and Psychiatry Grand Rounds offered through the Medical Center as well as the Parent-Child Interaction Therapy Conference. Interns will also have opportunity to attend the MIND Institute Distinguished Lecture series, NICU Developmental Care Rounds, and participate in the ADHD parent group. Release time for attending other professional conferences may be arranged with the Training Director and primary supervisor.
Juvenile Justice & Forensic Psychology (JJFP) Track

TRAINING GOALS AND OBJECTIVES

Overview
The training year is viewed as an opportunity for interns to obtain extensive supervised clinical and assessment experience, while developing knowledge and attitudes that encourage a scientific approach to practice. The supportive, challenging atmosphere of the CAARE Center fosters the development of skills and a maturing professional identity.

Objectives
Over the course of the one-year program, it is expected that interns will develop the following competencies:

12. Become proficient in administering, scoring, and interpreting psychological tests and writing comprehensive evaluation reports, including child welfare evaluations, juvenile sex offender risk assessments, and juvenile competency to stand trial evaluations.

13. Become proficient in conducting intake assessments, making diagnoses, developing treatment plans, and conducting individual and group therapy for children, adolescents, and caregivers with a history of trauma and/or juvenile justice involvement.

14. Develop cultural competency in assessing and treating a multicultural population.

15. Demonstrate the knowledge and skills needed to conduct one empirically-supported treatment (i.e., Trauma-Focused Cognitive-Behavioral Therapy) competently.

16. Use knowledge of current research in the areas of intervention, assessment, forensic psychology, and child maltreatment to guide assessment and treatment.

17. Develop and refine skills in consulting with the court, juvenile hall, and other systems involved in client’s life.

18. Develop ability to provide clinical case management as appropriate.

19. Make a professional and scientific presentation of a specific case or topic, and integrate research into case presentations.

20. Work collaboratively as part of a multidisciplinary team of medical and mental health professionals.

21. Become knowledgeable on issues concerning professional psychologists such as reporting laws, confidentiality, ethics, consultation, and supervision.

22. Demonstrate an ability to be self-reflective and make a realistic assessment of strengths and weaknesses.
**General Training Duties**

2. Interns will have approximately 17 hours of client contact per week comprised as follows:
   l. 6-8 individual therapy clients, at least 2 of which include designated TF-CBT cases seen at the CAARE Center, and at least 3 of which are seen in the juvenile hall boys unit;
   m. 2 forensic evaluations per month;
   n. 1 therapy group that is part of Trauma Informed Unit Programming in YDF

6. Interns will be responsible for conducting intake assessments.

7. Interns will participate in supervision, trainings, and meetings as follows:
   p. 1 hour of one-on-one supervision per week for juvenile hall cases and group;
   q. 1 hour of supervision per week for therapy cases seen at the CAARE Center, focused primarily on TF-CBT;
   r. Live supervision (through video and one-way mirrors) as part of TF-CBT seminar
   s. 4 hours of didactic seminars per week;
   t. General all-staff meetings twice per month;
   u. 1 hour Training Director’s meeting twice per month for the year;
   v. 1 hour of weekly supervision for evaluations, including live supervision and one-on-one supervision

8. Interns will be responsible for completing all required clinical documentation (e.g., treatment plans, progress notes, discharge summaries, court reports) in a timely manner consistent with both professional expectations and specific county guidelines.

9. Interns will have the opportunity to attend a sponsored 2-day TF-CBT training by a TF-CBT Master Trainer, training on forensic specialty topics (i.e., expert testimony), School of Medicine Grand Rounds, and other training activities.

**SUPERVISION AND TRAINING**

The Clinical Psychology Training Program provides a strong supervisory system to ensure that interns obtain individualized attention as they pursue their clinical training at the CAARE Center and partnering organizations. In general, interns participate in three hours of individual supervision (including evaluation supervision); approximately two to four hours of live supervision; and supervision on group services. The use of “live” supervision is an integral part of training through the use of observation mirrors, videotaping of treatment sessions and assessment interviews, and co-facilitation of treatment and assessment for all treatment programs. Opportunities for topic and case presentations occur in seminars, staff meetings, and group supervision.

**Individual Supervision**

Three hours of individual supervision are provided, one hour devoted to CAARE Center cases, and the another hour devoted to juvenile hall cases. The third hour is focused on forensic evaluations. Multiple psychologists supervise evaluations, and the primary supervisor for evaluations rotate with each case. Evaluations also often involve live supervision. When a case (therapy or evaluation) is assigned, the intern should consult with the supervisor about procedures and relevant information.
**Didactic and Clinical Presentations**
Several required didactic trainings are conducted on a regular basis throughout the training year. These are:

- Clinical staff presentations with topics related to the field of child maltreatment, psychopathology, and professional development
- Psychological Evaluation/Forensic Evaluation didactic
- Trauma-Focused Cognitive-Behavioral Therapy seminar
- Group Therapy seminar
- Multi-cultural Issues in Trauma and Child Maltreatment meeting
- Secondary Traumatic Stress and Vicarious Trauma seminar
- Forensic specialty topics (primarily completed at the beginning of the training year, in collaboration with adjunct forensic faculty)

**Training Director’s Meeting and Professional Development Seminar**
This meeting provides interns an opportunity to share information and discuss experiences in the training year that are working or need to be addressed to improve the internship experience. The meeting is conducted on a bimonthly basis.

**Post-Doctoral Opportunities**
In addition to psychology internship training, there are postdoctoral positions available every year. Please contact Dr. Blacker for information regarding postdoctoral opportunities. Former interns have obtained Postdoctoral positions are a variety of places including Stanford University School of Medical, University of Oklahoma Health Sciences, Penn State and the CARES Institute among others.
Additional Information for EBPs

**Parent-Child Interaction Therapy (PCIT) – Dawn Blacker, PhD, Coordinator**

PCIT is an empirically supported treatment designed to help both parents and children. The program works with caregivers and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage the child’s behavior problems. Interns will follow PCIT cases with an experienced therapist and be responsible for four cases. Because interns are taught by an experienced therapist, direct/live supervision and feedback is ongoing. Interns may be eligible for PCIT therapist certification by the UC Davis Training Center at the end of internship.

**Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) – Brandi Liles, PhD, Program Coordinator**

TF-CBT is an empirically supported treatment developed for youth with post-traumatic stress disorder, or emotional or behavioral problems (e.g., depression, anxiety) related to traumatic life experiences. This therapy model is provided to children ages 3-18 years who have experienced physical abuse, sexual abuse, or other traumatic events (e.g., car accidents, witnessing violence). Treatment involves individual sessions with the child and parent as well as joint parent-child sessions. TF-CBT has been used effectively with children from all socioeconomic backgrounds, living in a variety of settings (e.g., parents, foster care, group home), and from diverse ethnic backgrounds. Interns will be responsible for seeing TF-CBT cases and implementing the entire TF-CBT protocol. To facilitate learning and comfort with the model, interns will be involved in case presentations/discussions and live supervision. Interns will likely meet training and clinical requirements for TF-CBT certification following their internship year.

**Psychological Evaluations – Blake Carmichael, PhD, Coordinator**

The Psychological Evaluation Program provides multiple evaluation services for children, adolescents, and families. Evaluations are referred from various entities in the child welfare system, including social workers, treatment providers, and attorneys. Many of the evaluation services are conducted for dependency, juvenile, and family court. Referral questions may include requests for differential diagnoses, developmental assessment, cognitive functioning, and treatment recommendations. Referring parties also ask for input about a child’s placement needs. In addition, court ordered evaluations frequently assess the quality and nature of parent-child relationships. This information is used to help the court determine if reunification services are to be offered to a parent and/or if parental rights should be terminated.

Interns are responsible for conducting psychological evaluations throughout the year. Testing instruments include cognitive and objective personality tests. In addition, interns receive training in using the K-SADS (a structured diagnostic interview) and conducting clinical interviews with children. Behavioral checklists, school observations, and collateral contacts with caregivers are also utilized. Readings are provided in the areas of child development, child maltreatment, and measure administration and interpretation.

**Group Therapy – Cara Samelson LCSW, Coordinator**

The group therapy program provides therapy in the format of social skills group and process-oriented groups for abused and neglected children. Groups for preschoolers through teenagers are offered. Interns may co-facilitate at least one ongoing therapy group. Supervision is both indirect and direct in the viewing of videotapes and co-facilitation of groups.
**TRAINING STAFF**

**Anthony J. Urquiza, PhD, Director of Mental Health Services, CAARE Center**
Dr. Urquiza received his doctorate from University of Washington in 1988. He is the Director of Mental Health Services and provides supervision/consultation on child welfare evaluations. Dr. Urquiza's primary interests and publications center on all types of family violence, the sexual victimization of males, the treatment of children and adult survivors of childhood sexual abuse, mental health psychodiagnostic issues applied to child maltreatment, and cultural diversity. Theoretical orientation: Interpersonal.

**Dawn M. Blacker, PhD, Assistant Director of Mental Health Services; Training Director, Clinical Psychology Training Program, CAARE Center**
Dr. Blacker graduated from the California School of Professional Psychology-Alameda in 1998. She currently serves as Training Director and conducts psychological evaluations, Parent-Child Interaction Therapy, TF-CBT and DBT. Dr. Blacker received postdoctoral training in developmental disabilities and psychological assessment. Current interests include: treatment of child physical and sexual abuse, developmental assessment of maltreated children, complex trauma, implementation of EBT’s, CSEC and early intervention. Theoretical orientation: Cognitive-behavioral and developmental.

**Khalima Bolden, PhD, Assistant Director of Clinical Training, UC Davis Early Psychosis Program**
Dr. Bolden received her Ph.D. in Clinical Psychology from the San Diego State University/University of California San Diego Joint Doctoral Program in Clinical Psychology after completing her internship at UCLA in the Adolescent Serious Mental Illness track. She went on to complete a postdoctoral fellowship in Clinical Psychology at Vanderbilt University Medical Center in the Psychosis track. During her fellowship she focused on clinical and neuropsychological assessment and intervention of individuals with suspected psychosis spectrum disorders. Additionally, she had the opportunity to implement and co-lead a cognitive rehabilitation therapy group for individuals with psychosis spectrum and mood disorders. In her role at SacEDAPT she uses evidence-based treatments and assessments to aid in the treatment of individuals in the early stages of psychosis. Her current research interests focus on assessing and improving clinical practices in the treatment of individuals at high risk for or experiencing their first episode of psychosis.

**Blake Carmichael, PhD, Evaluation Program Coordinator, CAARE Center**
A graduate of University of California, Davis and Alliant International University, Dr. Carmichael specializes in psychological assessment and group/individual treatment of maltreated children and their families. He has extensive training and experience working with adolescent sex offenders and victims. Research interests include the impact of violence on families, the effectiveness of various parenting/leadership styles, and the biological bases of aggression and psychiatric disorders. Dr. Carmichael completes psychological assessments, including but not limited to child welfare evaluations, juvenile sex offender risk assessments, and juvenile competency evaluations. He also provides expert witness testimony, primarily related to child sexual abuse.
Cameron Carter, M.D., Director of SacEDAPT
Dr. Carter is a Professor of Psychiatry and has been involved in the care of early schizophrenia for the past 12 years. He directs the SacEDAPT Clinic and the Psychosis Research and Education Program in the Department of Psychiatry at UC Davis Medical Center as well as the UC Davis Imaging Research Center

Janice Enriquez, PhD, Supervisor, IMH Track
Dr. Enriquez completed her graduate and clinical training at Loma Linda University, Harbor-UCLA Medical Center, and the UC Davis CAARE Center. She is currently a clinical provider within Developmental and Behavioral Pediatrics, Assistant Clinical Faculty, and Multicultural Council Representative for the University Center for Excellence in Developmental Disabilities (UCEDD) program at the MIND Institute. Specialty areas include comprehensive developmental psychological, neurodevelopmental, and psychodiagnostic evaluations as well as evidence based treatments, such as Cognitive Behavioral Therapy, Parent Child Interaction Therapy, and Triple P-for children with developmental delays.

Brandi Hawk, PhD, PCIT Supervisor, CAARE Center
Dr. Hawk earned her Ph.D. in Clinical and Developmental Psychology from the University of Pittsburgh, where she studied the impact of institution-wide caregiver interventions on the development of young children reared in institutions in the Russian Federation. She is currently a licensed psychologist at the CAARE Center within the Department of Pediatrics, University of California Davis Children’s Hospital. Current research interests include the development of a brief dyadic intervention for children and their parents, as well as the effectiveness of dyadic interventions in the treatment of trauma and disruptive behavior disorders. Current clinical activities include training in Parent Child Interaction Therapy (PCIT) and Parent-Child Care (PC-CARE), conducting and supervising psychological evaluations, supervising the clinical work associated with an NCTSN program to provide PC-CARE services to all newly placed foster children in Sacramento, and conducting trauma-informed yoga in a school for homeless children.

Brand Liles, PhD, TF-CBT Program Coordinator, CAARE Center
Dr. Liles graduated from the University of Tulsa (TU) in Tulsa, Oklahoma in 2013. She completed her Psychology Internship at the CAARE Center in 2012 and now serves as the Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Coordinator and is a Nationally recognized Master Trainer for TF-CBT. In addition, she specializes in Parent Child Interaction Therapy and conducts trainings at the CAARE Center and other agencies. For the past 5 years, Dr. Liles’ trauma specialization has expanded to serving victims of commercial child sexual exploitation including training professionals in probation, child welfare, and mental health on providing trauma-informed services to youth who have been sexually exploited. Current interests include: trauma, trauma-focused treatment, dissemination of empirically supported treatments, trauma-informed child welfare and probation systems, children and youth who have experienced sexual exploitation, and identifying secondary traumatic stress and vicarious trauma in professionals. Theoretical Orientation: Cognitive-Behavioral
**Tara Niendam, PhD, Director of Operations, SacEDAPT**
Dr. Niendam is a licensed clinical psychologist with specialized training in psychodiagnostic and cognitive assessment in youth at risk for or in the early stages of psychosis. As the Director of Operations, Dr. Niendam supervises clinic activities and staff and coordinates outreach and educational presentations within the community. Dr. Niendam is interested in understanding how deficits in cognition can influence an individual's ability to maintain age-appropriate social and work/school functioning.

**Michele Ornelas Knight, PsyD, Associate Director of Mental Health Services, CAARE Center**
Dr. Ornelas Knight graduated from the University of Denver’s Graduate School of Professional Psychology in 1999. Clinical experience includes treatment of children and adolescents with histories of trauma, treatment of adolescent and young adults with complex trauma histories, self-injurious behaviors and suicidal ideation. Current interests include: emotional regulation in children and adolescents, complex trauma, and parenting children with histories of maltreatment. Theoretical orientation Cognitive-behavioral.

**J. Daniel Ragland, PhD, Supervisor, SacEDAPT**
Dr. Ragland is a licensed clinical psychologist who completed his Ph.D. in clinical psychology at American University. Dr. Ragland is interested in the role that organizational abilities play in learning and remembering new information, how schizophrenia disrupts these organizational processes, and how treatment of these deficits may improve patients' daily function. In the SacEDAPT clinic, Dr. Ragland assists with intake assessments.

**Daniel Shapiro, PhD, Supervisor, Director of Operations**
Dr. Shapiro is a Clinical Psychologist and incoming Director of Operations for the UC Davis Early Psychosis Program (SacEDAPT and EDAPT). He completed his doctoral training at Emory University before going on to specialized fellowship in the practice and dissemination of Cognitive Behavioral Therapy at the University of Pennsylvania. He comes to UC Davis after filling similar roles in Massachusetts and Georgia, deepening his expertise in the assessment and treatment of early psychosis, as well as more broad cognitive behavioral strategies for change. He is passionate about teaching and training in these areas.

**Laura M. Tully, Ph.D., Training Director and Supervisor, SacEDAPT**
Dr. Tully is a Harvard trained Licensed Clinical Psychologist who provides instruction in evidence-based treatment and assessment approaches for early psychosis youth in the SacEDAPT clinic, with an emphasis on CBT for psychosis (CBTp). Dr. Tully's research includes 1) the use of fMRI to investigate brain mechanisms of impaired emotion regulation in psychosis; and 2) the use of smartphone technologies, such as mobile health applications, as add-on tools for symptom management and treatment in early psychosis care. In particular, Dr. Tully is interested in how to improve emotion regulation skills using smartphone app technology in order to reduce stress and symptom exacerbations in youth with early psychosis. Theoretical Orientation: Cognitive-Behavioral.
Anna M. L. Washington, Ph.D., Supervisor, CAARE Center
Dr. Washington earned her PhD in Clinical Child and Community Psychology from the University of Maryland, Baltimore County (UMBC) in 2014. She completed her clinical internship and postdoctoral fellowship at the CAARE Center and is a certified PCIT and TF-CBT therapist. Dr. Washington also conducts assessments, including comprehensive psychological evaluations, child welfare evaluations, and juvenile competency to stand trial evaluations. She is interested in systems influences on child maltreatment and forensic assessment. Theoretical Orientation: Cognitive-Behavioral

Selected Staff Publications


Interaction Therapy. *Administration and Policy in Mental Health Services Research, 36*(1), 63-81.


Appendix A

Procedures for Handling Performance Issues

Whenever a supervisor becomes aware of an intern’s problem area or deficiency that does not appear resolvable by the usual supervisory support and intervention, the following procedures will be followed. These procedures provide the intern and staff with a definition of competence problems, a listing of possible sanctions, and an explicit discussion of the due process procedures. Also included are important considerations in the remediation of problems or competence problems.

I. Definition of Competence Problems

Competence problems are defined broadly as an interference in professional functioning which is reflected in one or more of the following ways:

1. an inability and/or unwillingness to acquire and integrate professional standards into one’s repertoire of professional behavior;
2. an inability to acquire professional skills in order to reach an acceptable level of competency; and/or
3. an inability to control personal stress, interpersonal difficulties, psychological dysfunction, and/or excessive emotional reactions that interfere with professional functioning.

While it is a professional judgment as to when an intern’s behavior becomes a competence problem, problems typically become identified as competence problems when they include one or more of the following characteristics:

1. the intern does not acknowledge, understand, or address the problem when it is identified;
2. the problem is not merely a reflection of a skill deficit which can be rectified by academic or didactic training;
3. the quality of services delivered by an intern is sufficiently negatively affected;
4. the problem is not restricted to one area of professional functioning;
5. a disproportionate amount of attention by training personnel is required; and/or,
6. the intern behavior does not change as a function of feedback, remediation efforts, and/or time.

II. Remediation and Sanction Alternatives

It is important to have meaningful ways to address competence problems once they have been identified. In implementing remediation or sanction interventions, the training staff must be mindful and balance the needs of the intern, the clients involved, members of the intern training group, the training staff, and other agency personnel.

1. Verbal warning to the intern emphasizes the need to discontinue the inappropriate behavior under discussion. No record of this action is kept.

2. Written acknowledgement to the intern formally acknowledges:
   a) that the Training Director (TD) are aware of and concerned with the performance rating;
   b) that the concern has been brought to the attention of the intern;
   c) that the TD’s will work with the intern to rectify the problem or skill deficits, and;
   d) that the behaviors associated with the rating are not significant enough to warrant more serious action.

The written acknowledgement will be removed from the intern’s file when the intern responds to the concerns and successfully completes the internship/fellowship.

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1 Adapted from APPIC Due Process Guidelines
3. **Written warning** to the intern indicates the need to discontinue an inappropriate action or behavior. This letter will contain:
   a) a description of the intern's unsatisfactory performance;
   b) actions needed by the intern to correct the unsatisfactory behavior;
   c) the time line for correcting the problem;
   d) what action will be taken if the problem is not corrected; and,
   e) notification that the intern has the right to request a review of this action.

A copy of this letter will be kept in the intern's file. Consideration may be given to removing this letter at the end of the internship/fellowship by the TD's in consultation with the intern's supervisor and Director. If the letter is to remain in the file, documentation should contain the position statements of the parties involved in the dispute.

4. **Schedule Modification** is a time-limited, remediation-oriented closely supervised period of training designed to return the intern to a more fully functioning state. Modifying an intern's schedule is an accommodation made to assist the intern in responding to personal reactions to environmental stress, with the full expectation that the intern will complete the internship/fellowship. This period will include more closely scrutinized supervision conducted by the regular supervisor in consultation with the TDs. Several possible and perhaps concurrent courses of action may be included in modifying a schedule. These include:
   a) increasing the amount of supervision, either with the same or other supervisors;
   b) change in the format, emphasis, and/or focus of supervision;
   c) recommending personal therapy;
   d) reducing or redistribution of the intern’s clinical or other workload;
   e) requiring specific academic coursework.

The length of a schedule modification period will be determined by the TDs in consultation with the primary supervisor and the Director. The termination of the schedule modification period will be determined, after discussions with the intern, by the TD in consultation with the primary supervisor and the Director.

5. **Probation** is also a time limited, remediation-oriented, more closely supervised training period. Its purpose is to assess the ability of the intern to complete the internship/fellowship and to return the intern to a more fully functioning state. Probation defines the relationship that the TD’s systematically monitor for a specific length of time the degree to which the intern addresses, changes and/or otherwise improves the behavior associated with the inadequate rating. The intern is informed of the probation in a written statement, which includes:
   a) the specific behaviors associated with the unacceptable rating;
   b) the recommendations for rectifying the problem;
   c) the time frame for the probation during which the problem is expected to be ameliorated, and;
   d) the procedures to ascertain whether the problem has been appropriately rectified.

If the TD determine that there has not been sufficient improvement in the intern’s behavior to remove the probation or modified schedule, then the TD will discuss with the primary supervisor and the Director possible courses of action to be taken. The TD will communicate in writing to the intern that the conditions for revoking the probation or modified schedule have not been met. This notice will include the course of action the TD have decided to implement. These may include continuation of the remediation efforts for a specified time period or implementation of another alternative. Additionally, the TD will communicate to the Director that if the intern’s behavior does not change, the intern will not successfully complete the internship/fellowship.

6. **Suspension of Direct Service Activities** requires a determination that the welfare of the intern’s client or consultee has been jeopardized. Therefore, direct service activities will be suspended for a specified period as determined by the TD in consultation with the ADPS and
Director. At the end of the suspension period, the intern’s supervisor in consultation with the TD will assess the intern’s capacity for effective functioning and determine when direct service can be resumed.

7. **Administrative Leave** involves the temporary withdrawal of all responsibilities and privileges in the agency. If the Probation period, Suspension of Direct Service Activities, or Administrative Leave interferes with the successful completion of the training hours needed for completion of the internship/fellowship, this will be noted in the intern’s file and the intern’s academic program will be informed. The TD will inform the intern of the effects the administrative leave will have on the intern’s stipend and accrual of benefits.

8. **Dismissal** from the Internship/fellowship involves the permanent withdrawal of all agency responsibilities and privileges. When specific interventions do not, after a reasonable time period, rectify the competence problems and the trainee seems unable or unwilling to alter her/his behavior, the TD will discuss with the Director the possibility of termination from the training program or dismissal from the agency. Either administrative leave or dismissal would be invoked in cases of severe violations of the APA Code of Ethics, or when imminent physical or psychological harm to a client is a major factor, or the intern is unable to complete the internship/fellowship due to physical, mental or emotional illness. When an intern has been dismissed, the TD will communicate to the intern’s academic department that the intern has not successfully completed the internship/fellowship.

### III. Procedures for Responding to Inadequate Performance by an Intern

If an intern receives an “unacceptable” rating from any of the evaluation sources in any of the major categories of evaluation, or if a staff member has concerns about an intern’s behavior (ethical or legal violations, professional incompetence), the following procedures will be initiated:

1. The staff member will consult with the Training Director (TD) to determine if there is reason to proceed and/or if the behavior in question is being rectified.
2. If the staff member who brings the concern to the TD are not the intern’s primary supervisor, the TD will discuss the concern with the intern’s primary supervisor.
3. If the TD and primary supervisor determine that the alleged behavior in the complaint, if proven, would constitute a serious violation, the TD will inform the staff member who initially brought the complaint.
4. The TD will meet with the Intern Supervisors Committee (ISC) to discuss the performance rating or the concern.
5. The TD will meet with the Director to discuss the concerns and possible courses of action to be taken to address the issues.
6. The TD, primary supervisor, and Director may meet to discuss possible course of actions.
7. Whenever a decision has been made by the Director or TD about an intern’s training program or status in the agency, the TD will inform the intern in writing and will meet with the intern to review the decision. This meeting may include the intern’s primary supervisor. If the intern accepts the decision, any formal action taken by the Training Program may be communicated in writing to the intern’s academic department. This notification indicates the nature of the concern and the specific alternatives implemented to address the concern.
8. The intern may choose to accept the conditions or may choose to challenge the action. The procedures for challenging the action are presented below.

### IV. Due Process: General Guidelines

Due process ensures that decisions about interns are not arbitrary or personally based. It requires that the training program identify specific evaluative procedures, which are applied to all trainees, and provide appropriate appeal procedures available to the intern. All steps need to be appropriately documented and implemented. General due process guidelines include:
1. During the orientation period, presenting to the intern, in writing, the program's expectations related to professional functioning. Discussing these expectations in both group and individual settings.

2. Stipulating the procedures for evaluation, including when and how evaluations will be conducted. Such evaluations should occur at meaningful intervals.

3. Articulating the various procedures and actions involved in making decisions regarding competence problems.

4. Communicating, early and often, with graduate programs about any suspected difficulties with interns and when necessary, seeking input from these academic programs about how to address such difficulties. Instituting, when appropriate, a remediation plan for identified inadequacies, including a time frame for expected remediation and consequences of not rectifying the inadequacies.

5. Providing a written procedure to the intern, which describes how the intern may appeal the program's action. Such procedures are included in the intern handbook. The intern handbook is provided to intern and reviewed during orientation.

6. Ensuring that the intern has sufficient time to respond to any action taken by the program.

7. Using input from multiple professional sources when making decisions or recommendations regarding the intern's performance.

8. Documenting, in writing and to all relevant parties, the actions taken by the program and its rationale.

V. Due Process: Procedures

The basic meaning of due process is to inform and to provide a framework to respond, act, or dispute. When a matter cannot be resolved between the TD and intern or staff, the steps to be taken are listed below.

1. Grievance Procedures

   There are two situations in which grievance procedures can be initiated. An intern can challenge the action taken by the TD or a member of the training staff may initiate action against an intern. These situations are described below.

   a. **Intern Challenge**: If the intern wishes to formally challenge any action taken by the TDs, the intern must, within five (5) workdays of receipt of the TD’s decision, inform the TD, in writing, of such a challenge. When a challenge is made, the intern must provide the TD information supporting the intern’s position or concern. Within three (3) workdays of receipt of this notification, the TD will consult with the Director and will implement Review Panel procedures as described below.

   b. **Staff Challenge**: If a training staff member has a specific intern concern that is not resolved by the TD, the staff member may seek resolution of the conflict by written request to the TD for a review of the intern’s behavior. Within three (3) working days of receipt of the staff member’s challenge, the TD will consult with the Director and a Review Panel will be convened.

2. Review Panel and Process

   a. When needed, a review panel will be convened by the Director. The panel will consist of three staff members selected by the Director with recommendations from the CTDs and the intern involved in the dispute. The intern has the right to hear all facts with the opportunity to dispute or explain the behavior of concern.

   b. Within five (5) workdays, a hearing will be conducted in which the challenge is heard and relevant material presented. Within three (3) workdays of the completion of the review, the Review Panel submits a written report to the Director, including any recommendations for further action. Recommendations made by the Review Panel will be made by majority vote.
c. Within three (3) workdays of receipt of the recommendation, the Director will either accept or reject the Review Panel's recommendations. If the Director rejects the panel's recommendations, due to an incomplete or inadequate evaluation of the dispute, the Director may refer the matter back to the Review Panel for further deliberation and revised recommendations or may make a final decision.

d. If referred back to the panel, they will report back to the Director within five (5) workdays of the receipt of the Director's request of further deliberations. The Director then makes a final decision regarding what action is to be taken.

e. The Training Director informs the intern and if necessary the training program of the decisions made.

f. If the intern disputes the Director's final decision, the intern has the right to contact the Department of Human Resources to discuss the situation.

Due Process Procedures for Handling Intern Grievances

This document provides interns a means to address general grievances related to training, supervision, and performance evaluations. Additionally, complaints regarding a specific university act that adversely affects the trainee’s existing terms or conditions of employment are managed in similar fashion.

Step 1 – Informal Review
If an intern has specific concerns regarding training, supervision, and/or a supervisor’s evaluations, it is first recommended that the intern attempt to resolve such concerns informally with appropriate persons involved and notify the Training Director of such concerns prior to filing a formal grievance. If the concern is regarding the one of the training Director specifically, the intern should notify the Director of Mental Health Services directly. If the matter is not resolved to the intern’s satisfaction, a meeting with one of the Training Director and Director will be requested and conducted in a timely manner (approximately two to three weeks). The next step, if the issue remains unresolved, is for the trainee to request a meeting with the faculty liaison, the Co-Training Director and Director.

Step 2 – Formal Review
A grievance that is not resolved by Step 1 may be presented in writing to Human Resources for review and written response by Department Chair. The grievance must be received within thirty calendar days after the date on which the trainee knew or could reasonably be expected to have known of the event or actions which gave rise to the complaint, or within thirty calendar days after the date of separation from the training program, whichever is earlier. A grievance form is available from the Human Resources Administrator. The Department Chair will respond in writing to the resident within fifteen days after the date the formal grievance is provided by Human Resources to the Department for processing.

Step 3- Hearing
A grievance not satisfactorily resolved at Step 2, which alleges violation of written notice of dismissal, may be appealed in writing to Human Resources for a final and binding hearing, within ten calendar days of the date the Step 2 decision was received or due. The appeal will set forth the issues and remedies remaining unresolved.

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1 Adapted from the University of California, Davis Health System Resident Medical Staff Personnel Policy Manual, 7/2000.
Appendix B

Policy on Social Media

Interns who use social media (e.g., Facebook) and other forms of electronic communication should be mindful of how their communication may be perceived by clients, colleagues, and others. As such, it is recommended that interns should make every effort to minimize material that may be deemed inappropriate for a psychologist in training. To this end, interns should set all security settings to “private” and should avoid posting information/photos or using any language that could jeopardize their professional image. Interns should consider limiting the amount of personal information posted on these sites. They should never include clients as part of their social network or include any information that might compromise the confidentiality of a client in any way. Greetings on voicemail services and answering machines used for professional purposes should also be thoughtfully constructed. Interns are reminded that, if they identify themselves as an intern in the program, the internship has some interest in how they are portrayed. If interns report engaging in, or are depicted on a website or in an email as engaging in, anything unethical or illegal, then that information may be used by the internship program to determine possible warning, probation, or other sanction. As a preventive measure, the program advises that interns and supervisors approach social media carefully. In addition, American Psychological Association’s Social Media/Forum Policy may be consulted for guidance: http://www.apa.org/about/social-media.aspx.

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2 This policy is based in part on the policies developed by University of Denver, University of Albany, Michael Roberts at the University of Kansas, and Elizabeth Klonoff at San Diego State University.
Appendix C

APA C-27

Internship Program Admissions

Date Program Tables are updated:

<table>
<thead>
<tr>
<th>Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:</th>
</tr>
</thead>
</table>

Overall, the CAARE Center Internship and its 4 tracks desires to have potential applicants who have a strong interest in trauma and/or child maltreatment. Applicants in learning Empirically Based Treatments are strongly encouraged to apply. Other considerations include applicants who are flexible, hard working and have a good sense of humor.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

<table>
<thead>
<tr>
<th>Description</th>
<th>N</th>
<th>Y</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Direct Contact Intervention Hours</td>
<td>[]</td>
<td>[]</td>
</tr>
<tr>
<td>Total Direct Contact Assessment Hours</td>
<td></td>
<td>[]</td>
</tr>
</tbody>
</table>

Amount: 500

Describe any other required minimum criteria used to screen applicants:

Most successful applicants have completed at least 5 comprehensive psychological evaluations; and have a strong interest in the area of trauma/violence as evidenced by clinical work and/or dissertation topic.
# Initial Post-Internship Positions

**(Provide an Aggregated Tally for the Preceding 3 Cohorts)**

<table>
<thead>
<tr>
<th></th>
<th>2014-2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total # of interns who were in the 3 cohorts</td>
<td>19</td>
</tr>
<tr>
<td>Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Setting</th>
<th>PD</th>
<th>EP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community mental health center</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>University counseling center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Military health center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic health center</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic university/departament</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independent research institution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Correctional facility</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School district/system</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independent practice setting</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Not currently employed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Changed to another field</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td>0</td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Note:** “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.
## Financial and Other Benefit Support for Upcoming Training Year*

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Description</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annual Stipend/Salary for Full-time Interns</td>
<td>$28,100</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Annual Stipend/Salary for Half-time Interns</td>
<td>N/A</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program provides access to medical insurance for intern?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trainee contribution to cost required?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coverage of family member(s) available?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coverage of legally married partner available?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coverage of domestic partner available?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hours of Annual Paid Personal Time Off (PTO and/or Vacation)</td>
<td>12 days</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hours of Annual Paid Sick Leave</td>
<td>As needed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?</td>
<td>Yes/No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Benefits (please describe): Access to EAP support; Administrative Support; Access to Library Resources</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table*