Supplies

- 12x17 piece of tracing paper for your pattern and a pencil
- 1/3 yard of 36” or 45” woven cotton or poly/cotton in skin tones (light beige and tan tones). Choose even (not mottled) colors that look like healthy skin tones. The color should be light enough that permanent fabric markers will show on it.
- Sewing thread to match fabric
- Polyester fill for pillow stuffing

Instructions

1. Trace the cutting line of the pattern onto paper to make your pattern. Match A to A and B to B to make a one-piece pattern of a body outline.
2. Cut out 2 doll bodies.
3. With the right sides together, using a ¼” seam allowance and small stitches, sew around the body, leaving one side open as marked on the pattern.
4. Turn the pieces inside-out and stuff firmly, but not so tightly that the doll’s limbs cannot move. A slight firm bend is best.
5. Hand stitch the opening to complete.
6. Please do not include buttons, sequins or beads for eyes or other embellishments as they can be easily removed or swallowed. Children will be able to personalize their dolls using permanent fabric markers.
Handmade Cloth Dolls

A

Cutting line

Stitching line

B

UC Davis
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