

Pediatric Endocrinology

Telehealth Consultations

We offer pediatric endocrinology telehealth consultations for select conditions. If you would like to refer a patient for a condition that is not listed, please send your request along with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions

- Growth Delay
- Hypo/Hyperthyroidism
- Hypo/Hyperparathyroid
- PCOS
- Precocious Puberty
- Pubertal Delay

Necessary Clinical Information

- Age and sex of child
- Findings on current exam
- Current medications and allergies
- Height taken by wall-mounted stadiometer X3 (results must be within 0.3 cm range), weight and v/s need to be sent to be entered on our EMR before the patient is seen (send via fax)
- Growth chart with BMI to be faxed in advance of appointment
- X-rays for growth delay conditions (e.g., bone, age, left hand wrist, tall stature and precocious puberty)

Necessary Clinical Information (Thyroid Conditions)

- Recent TSH and free T4 and free T3 (hyperthyroid only)
- Thyroid antibodies – anti TPO, anti-thyroglobulin antibody, Thyroid stimulating immunoglobulin (hyperthyroid only)

Necessary Clinical Information (Pubertal Conditions)

- Girls — Pediatric FSH, pediatric LH and pediatric estradiol
- Boys — Pediatric FSH, pediatric LH and pediatric testosterone
- Pediatric testosterone, DHEAS, 17OHP and androstenedione (for premature adrenarche)
- Bone age

(Continued on next page)

Appointment Scheduling

New: 60 minutes

Follow-up: 30 minutes

Required Level of Presenter

Medical practitioner to receive recommendations and perform physical examinations, including genital exam with measurement of phallic structure and gonads

Required Equipment

- Videoconferencing unit
- General patient exam camera
- Stadiometer



Consultants

[Abigail Fruzza, M.D.](#)

[Dennis Styne, M.D.](#)

UC Davis Center for Health and Technology

877-430-5332 (Phone)

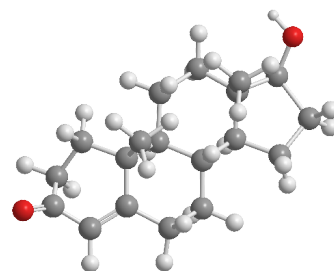
866-622-5944 (Fax)

telehealth@health.ucdavis.edu

health.ucdavis.edu/cht

Pediatric Endocrinology

(continued)



Necessary Clinical Information (Growth Conditions)

- TSH, free T4, IGF-1, IGF-BP3, CMP, Celiac Reflex Panel
- CBC, ESR
- Bone age

Necessary Clinical Information (Calcium Conditions)

- Serum Calcium, albumin, phosphorous, PTH, 25 OH Vitamin D, magnesium

Necessary Clinical Information (PCOS Conditions)

- Testosterone bioavailable female/child, DHEAS, 17-OH progesterone, TSH, free T4, fasting glucose, fasting lipids and HbA1c, prolactin, pediatric LH, pediatric FSH and pediatric estradiol

Additional Patient Forms and Information

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Necessary Clinical Information (listed above and on first page)

Information Needed Before the Consultation Begins

- Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form in [English](#) or [Spanish](#) (new patients only)
- Documented verbal consent from the patient's parent or legal guardian for participation in a telehealth consultation

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