

Adult Nutrition

Telehealth Consultations

We offer telehealth nutrition consultations for a variety of clinical conditions. If you want to refer a patient for a condition that is not listed below, please send your request along with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions

- Congestive Heart Failure
- Food Allergies
- Hypertension
- Obesity
- Polycystic Ovarian Syndrome
- Diabetes (Types I and II, Gestational) — *diet and lifestyle only*
- GI Disease (Pancreatic Insufficiency, Diverticulosis, IBS, IBD, Celiac Sprue)
- Post-Bariatric Surgery (> 1 year from surgery)
- Enteral Nutrition
- Hyperlipidemia
- Malnutrition and Failure to Thrive
- Pediatric Nutrition
- Renal Disease

Necessary Clinical Information

- Vitals: Height, weight and blood pressure
- Labs within past six months
- Current medications

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Necessary Clinical Information (outlined above)

Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation

Post-Consultation Information for Patient

- Please have patient education materials available

Appointment Scheduling

New: 60 minutes

Follow-up: 30 minutes

Level of Presenter Required at Consultation

No presenter required

Required Equipment

- Videoconferencing Unit



Consultant

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