

Adult Perinatology

Telehealth Consultations

We offer telehealth consultations for a variety of adult perinatology health concerns. If you would like to refer a patient for a condition that is not listed below, please send your request along with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions

Maternal Medical Conditions

- Autoimmune disorders
- Cardiac disease
- Drug exposures
- Renal disease
- Renal/liver transplants
- Seizure disorders
- Diabetes (pre-existing and gestational)
- Morbid obesity (BMI greater than 40)
- High blood pressure, including chronic hypertension, gestational hypertension and preeclampsia
- Psychiatric medication consults (either taking currently or first episode that may need medication happening in pregnancy)

Obstetrical Conditions

- Fetal anomalies
- Fetal growth restriction
- Macrosomia
- Preeclampsia
- Uterine anomalies
- Uncertain last menstrual period
- Preterm birth history (younger than 37 weeks)

Genetic Issues

- Advanced maternal age (older than 35)
- Family history of mental delay
- Advanced paternal age (older than 40)
- Prenatal diagnosis for genetic abnormalities

Necessary Clinical Information

- Complete history and physical
- Pertinent outside records (prenatal labs, California Prenatal Screening results, ultrasound reports, subspecialist notes, documentation of previous evaluation)
- Current medications, allergies and drug levels
- Copy of PCP intake and evaluation, and specific questions
- Relevant family and social history
- Some assurance that family understands reasons for referral
- Interpreter available at the remote site when needed

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Necessary Clinical Information (listed in previous section)

Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation

Appointment Scheduling

New: 90 or 60 minutes
(initial screening)

Follow-up: 60 or 30
minutes

Required Level of Presenter

M.D., N.P., R.N., L.V.N.

Consistency of presenter for all appointments is important.

Required Equipment

- Videoconferencing unit

Consultants

[Nina M. Boe, M.D.](#)

[Shannon Clark, M.D.](#)

[Nancy Field, M.D.](#)

[Herman Locsin Hedriana, M.D.](#)

[Amelia McLennan, M.D.](#)

[Véronique Taché, M.D.](#)

UC Davis Center for Health and Technology

877-430-5332 (Phone)

866-622-5944 (Fax)

telehealth@health.ucdavis.edu

health.ucdavis.edu/cht