## UCDAVIS HEALTH

# **Psychiatry** Child, Adolescent and Adult

### **Telehealth Consultations**

We offer psychiatry telehealth consultations for certain clinical conditions. If you would like to refer a patient with a condition that is not listed below, please send your request with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

#### **Clinical Conditions**

#### Stress/Anxiety

- Acute Stress: Grief, Loss or Other
- Anxiety/Panic

#### Cognitive

- Attention Deficit
- Confusion (Delirium)
- Dementia
- Head trauma

#### Somatic

- Pain
- Physical Focus (Hypochondriasis, Conversion)

#### Other Concerns

- Diagnostic Evaluation (General)
- Eating Disorders (Anorexia, Bulimia)
- Impulsivity
- Anger/Agitation/Agression
- Hyperactivity
- Substance Use

#### Information Needed Prior to Scheduling an Appointment

- Telehealth Referral Request Form
- Medication list
- List of medical problems

#### Information Needed Before the Consultation Begins

- Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
- Documented verbal consent from the patient, parent or legal guardian for participation in a telehealth consultation

#### **Appointment Scheduling**

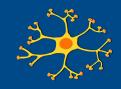
New: 60 minutes (40 minutes with patient) (10 minutes with PCP) Follow-up: 30 minutes (15 minutes with patient) (5 minutes with PCP)

#### **Required Level of Presenter is a PCP**

**New:** Option to introduce; requires 10 minutes at end of visit Follow-up: Requires 5 minutes at end of visit

#### **Required Equipment**

Videoconferencing unit



#### Consultants

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#### **UC Davis Center for Health and Technology**

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#### Mood

- Depression
- Bipolar Disorder
- Schizophrenia
- **Psychosis**