

Psychiatry

Child, Adolescent and Adult

Telehealth Consultations

We offer psychiatry telehealth consultations for certain clinical conditions. If you would like to refer a patient with a condition that is not listed below, please send your request with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

Clinical Conditions

Stress/Anxiety

- Acute Stress: Grief, Loss or Other
- Anxiety/Panic

Cognitive

- Attention Deficit
- Confusion (Delirium)
- Dementia
- Head trauma

Somatic

- Pain
- Physical Focus (Hypochondriasis, Conversion)

Other Concerns

- Diagnostic Evaluation (General)
- Eating Disorders (Anorexia, Bulimia)
- Impulsivity
- Anger/Agitation/Aggression
- Hyperactivity
- Substance Use

Mood

- Depression
- Bipolar Disorder

Psychosis

- Schizophrenia

Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Medication list
- List of medical problems

Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient, parent or legal guardian for participation in a telehealth consultation

Appointment Scheduling

New: 60 minutes

(40 minutes with patient)

(10 minutes with PCP)

Follow-up: 30 minutes

(15 minutes with patient)

(5 minutes with PCP)

Required Level of Presenter is a PCP

New: Option to introduce;
requires 10 minutes at
end of visit

Follow-up: Requires 5 minutes
at end of visit

Required Equipment

- Videoconferencing unit



Consultants

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