Orthopedics (Soft Tissue)

Adult and Pediatric Telehealth Consultations

We offer orthopedic telehealth consultations for a variety of soft tissue musculoskeletal injuries. If you would like to refer a patient for a condition that is not listed below, please send your request along with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

Clinical Conditions (Physician Presenter Required)

- Concussion

Acute Chronic Shoulder Injuries

- Rotator cuff tendonitis
- Brachial plexus injuries
- Hand and wrist injuries
- Shoulder dislocations
- Extensor tendonitis
- Lateral epicondylitis of the elbow

Acute and Chronic Knee Injuries

- Quadriceps and calf hamstring injuries
- Patello femoral pain syndrome of the knee
- Meniscal injury of the knee
- Acute chronic ankle injury
- Plantar fasciitis of the foot

Medical Conditions

- Hypertension with exercise
- Asthma with exercise
- Chronic fatigue syndrome in athletes
- Decreased exercise performance
- Questions about clearance for sports participation

Information Needed Prior to Scheduling an Appointment

- Telehealth Referral Request Form
- Recent history and physical, and all applicable clinical information from the patient’s chart
- Original X-rays and images, if appropriate (must be received at least one working day prior to the appointment)

Information Needed Before the Consultation Begins

- Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
- Documented verbal consent from the patient or patient’s parent or legal guardian for participation in a telehealth consultation