

# Orthopedics (Soft Tissue)

## Adult and Pediatric Telehealth Consultations

We offer orthopedic telehealth consultations for a variety of soft tissue musculoskeletal injuries. If you would like to refer a patient for a condition that is not listed below, please send your request along with the patient's chart notes to the telehealth coordinator for the specialist's consideration.

### Clinical Conditions (Physician Presenter Required)

- Concussion

### Acute Chronic Shoulder Injuries

- Rotator cuff tendonitis
- Brachial plexus injuries
- Hand and wrist injuries
- Shoulder dislocations
- Extensor tendonitis
- Lateral epicondylitis of the elbow

### Acute and Chronic Knee Injuries

- Quadriceps and calf hamstring injuries
- Patello femoral pain syndrome of the knee
- Meniscal injury of the knee
- Acute chronic ankle injury
- Plantar fasciitis of the foot

### Medical Conditions

- Hypertension with exercise
- Asthma with exercise
- Chronic fatigue syndrome in athletes
- Decreased exercise performance
- Questions about clearance for sports participation

### Information Needed Prior to Scheduling an Appointment

- [Telehealth Referral Request Form](#)
- Recent history and physical, and all applicable clinical information from the patient's chart
- Original X-rays and images, if appropriate (**must be received at least one working day prior to the appointment**)

### Information Needed Before the Consultation Begins

- Signed [UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices](#) form (new patients only)
- Documented verbal consent from the patient or patient's parent or legal guardian for participation in a telehealth consultation

### Appointment Scheduling

New: 20 minutes

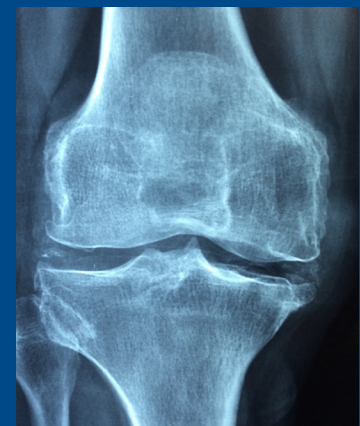
Follow-up: 20 minutes

### Level of Presenter Required at Consultation

Physician or medical assistant.  
Physician required for concussion patients

### Required Equipment

- Videoconferencing Unit
- General Patient Exam



### Consultant

[Jeffrey L. Tanji, M.D.](#)

### UC Davis Health Clinical Telehealth Program

Toll Free Phone:  
(877) 430-5332

Referral Fax:  
(866) 622-5944

[telehealth@ucdavis.edu](mailto:telehealth@ucdavis.edu)  
[health.ucdavis.edu/cht](http://health.ucdavis.edu/cht)