Otolaryngology

Adult Telehealth Consultations

We offer telehealth consultations for a variety of adult otolaryngologic care, including otology, head and neck oncology, facial trauma, nasal and sinus problems, sleep apnea and laryngology.

Procedures Requiring Nasopharyngoscopy

Clinical Conditions
- Dyspagia
- Neck Mass (Adult-Scope)
- Otitis Media (*nasopharyngoscopy needed in those with no history of ear issues)

Clinical Condition
- Allergies
- Recurrent Sinusitis
- Rhinitis
- Sinus Headache
- Sleep Apnea
- Snoring (*sleep study if obstructive sleep apnea is a possible diagnosis)

Test Needed Prior to Consult
- Hoarseness
- Nasal Obstruction
- Odynophagia
- Recurrent Epistaxis

Procedures Requiring Otoscopy*

Clinical Condition
- Cholesteatoma
- Hearing Loss
- Perforation
- Recurrent Otitis Media
- Chronic Tonsillitis
- Recurrent Tonsillitis
- Halitosis

Test Needed Prior to Consult
- Audiogram
- Tympanogram

*Please have patient’s ears cleaned up to 7 days prior to consult

Information Needed Prior to Scheduling an Appointment
- Telehealth Referral Request Form
- Recent history and physical, and all applicable clinical information from the patient’s chart, including tests as outlined above
- Patient Questionnaire (must be received one working day before the scheduled consult)

Information Needed Before the Consultation Begins
- Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation

Appointments

Nasopharyngoscopy
- New: 30 minutes
- Follow-up: 20 minutes

Otoscopy
- New: 20 minutes
- Follow-up: 20 minutes

Level of Presenter

Required at Consultation
- Primary care provider or nurse to perform otoscopy or endoscopy if needed

Required Equipment
- Videoconferencing Unit
- Video nasopharyngoscope and/or video otoscope with camera and light source
- Tongue blades (4% lidocaine)
- ¼ % solution neosynephrine

Consultants
- Rodney C. Diaz, M.D.
- Travis T. Tollefson, M.D.

UC Davis Health Clinical Telehealth Program
- Toll Free Phone: (877) 430-5332
- Referral Fax: (866) 622-5944
- telehealth@ucdavis.edu
- health.ucdavis.edu/cht