Adult Perinatology

Telehealth Consultations

We offer telehealth consultations for a variety of adult perinatology health concerns. If you would like to refer a patient for a condition that is not listed below, please send your request along with the patient’s chart notes to the telehealth coordinator for the specialist’s consideration.

Clinical Conditions

Maternal Medical Conditions
- Autoimmune disorders
- Cardiac disease
- Drug exposures
- Renal disease
- Renal/liver transplants
- Seizure disorders
- Diabetes (pre-existing and gestational)
- Morbid obesity (BMI greater than 40)
- High blood pressure, including chronic hypertension, gestational hypertension and preeclampsia
- Psychiatric medication consults (either taking currently or first episode that may need medication happening in pregnancy)

Obstetrical Conditions
- Fetal anomalies
- Fetal growth restriction
- Macrosomia
- Preeclampsia
- Uterine anomalies
- Uncertain last menstrual period
- Preterm birth history (younger than 37 weeks)

Genetic Issues
- Advanced maternal age (older than 35)
- Advanced paternal age (older than 40)
- Family history of mental delay
- Prenatal diagnosis for genetic abnormalities

Necessary Clinical Information
- Complete history and physical
- Pertinent outside records (prenatal labs, California Prenatal Screening results, ultrasound reports, subspecialist notes, documentation of previous evaluation)
- Current medications, allergies and drug levels
- Copy of PCP intake and evaluation, and specific questions
- Relevant family and social history
- Some assurance that family understands reasons for referral
- Interpreter available at the remote site when needed

Information Needed Prior to Scheduling an Appointment
- Telehealth Referral Request Form
- Necessary Clinical Information (listed in previous section)

Information Needed Before the Consultation Begins
- Signed UC Davis Health Acknowledgement of Receipt: Notice of Privacy Practices form (new patients only)
- Documented verbal consent from the patient for participation in a telehealth consultation