Applications are now open for our 2021 UC Davis/UC Irvine Train New Trainers Clinician Health and Wellbeing Fellowship

The TNT CHWB Fellowship is a seven-month long clinical education program for trainees and providers who wish to receive advanced training in clinician health and wellbeing. A new cohort begins April 26, 2021.

Who Should Apply:
Clinicians in all disciplines are welcome to apply including physicians, nurse practitioners, nurses, and clinical staff interested in learning more about clinician health and wellbeing.

Curriculum:
▪ Bimonthly webinars held on the second and fourth Monday of each month from 12:00 pm – 1:00 pm (PST).
▪ One hour per month of individualized virtual mentoring sessions
▪ One-day virtual conference
▪ The Health and Wellbeing of Medical Providers online course.

Trainees will learn:
▪ Solutions for burnout, depression, anxiety and substance disorders
▪ Organizational and Individual clinician preventative health approaches
▪ How to engage, treat, and monitor impaired clinicians
▪ How to teach TNT principles to their colleagues

Tuition Cost:
$7500.00 for external fellows; $2000.00 for UC System fellows

Comments from Fellowship Program Alumni:
“The CHWB Fellowship Program made me a better doctor and leader by providing me with the tools to improve my own wellbeing, as well as that of my co-residents. It has led to the creation of new programs within my department and established physician wellbeing as a focus in my future career. I am forever grateful for the opportunity to participate in this program.”
- Maggie Spruce, MD, Capt. USAF, UC Davis Health General Surgery Resident

“This program provided an incredible opportunity to us as providers to help transform our work environment and foster professional well-being. The connections from this program with clinicians from all over the U.S and Canada will be instrumental as I work to promote wellness in my health system. The CHWB Fellowship Program it a vital component in helping an organization reduce burnout, foster well-being and support quality care. I am incredibly grateful for this opportunity to engage and commit to addressing clinician burnout and improve professional well-being in healthcare.”
- Michelle Linenberger, MSN Ed, RN, CCRN-K, NPD-BC – UC Davis Health Children’s Hospital

“I am so glad I participated in the Clinician Health and Wellbeing Fellowship! It provided me with so many valuable tools, resources and connections with like-minded people. Now I feel prepared to enhance the wellness offerings in my department.”
- Lisa Ho, MD - UC Davis Health Internal Medicine