1 in 6 Californians experience a mental illness...
1 in 24 individuals experience a mental illness so serious it becomes difficult for them to function in daily life... Americans with serious mental illnesses have life expectancies 25 years shorter than the general population.

A collaboration with Filipino American, Latino and LGBTQ+ communities to increase access to mental health care and utilization of services.

Contact us to learn more about reducing health disparities
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Interdisciplinary Collaboration and Cultural Transformation Model (ICCTM)

MHSA
Mental Health Services Act taxed 1% on personal income over $1 million

Innovation funding

Solano County
Benicia
Dixon
Fairfield
Rio Vista
Suisun City
Vacaville
Vallejo

"...my interest... [e]nsuring... they are talking to someone that speaks their language or have an interpreter... [I]f...referred to services, that the services they receive is from someone that understands the culture, the practices, the norms of the Filipino culture..."
-Solano Co. Staff

Kamusta
Hola
Hello

Center for Reducing Health Disparities

1 in 6 Californians experience a mental illness...
1 in 24 individuals experience a mental illness so serious it becomes difficult for them to function in daily life... Americans with serious mental illnesses have life expectancies 25 years shorter than the general population.
There are more than 400,000 residents in Solano County, an urban-rural area.

Filipino Americans make up 11% of Solano County but only used 3% of the mental health services.

Latinos make up 25% of Solano County but only used 17% of the mental health services.

LGBTQ+ individuals make up 3% of Solano County (no data were available on their use of mental health services when the project began).

While mental health access and service utilization disparities also exist for other racial/ethnic groups, in Solano County, they have historically been most severe for these three communities.

“Communities of color and LGBTQ communities have all the same difficulties as other mental health patients... in addition to all of the problems and issues faced by communities of color in every other way...” - Consumer

“[Latinos] also need an environment with people that they can identify with... feel accepted... and that they won’t be judged.” - Faith-based leader

People participated...
Filipino American, Latino, & LGBTQ+ community members; Community-Based Organizations; Consumers Mental Health Providers; County Staff; & County Leaders

Intended Outcomes
- Improved health outcomes
- Better consumer experiences
- Enhanced provider experiences
- Improved cost effectiveness