Repository of resources on disability inclusion and Covid-19

Introduction

- This document is a repository of resources focusing on Covid-19, disability, mental health, chronic health conditions and related topics curated by the International Disability and Development Consortium Inclusive Health Task Group (IDDC IHTG) and the CORE Group Disability Inclusive Health Technical Advisory Group co-chaired by Alessandra Aresu (Humanity & Inclusion), Leia Isanhart (Catholic Relief Services), Nick Corby (Equal International), Andrea Pregel (Sightsavers).
- Resources included in this list are for information purposes; the inclusion of a resource in this list does not represent an endorsement of its content, language or viewpoint
- The document is regularly updated thanks to the inputs we receive by organizations and individuals working on Covid-19.
- Please contribute to enriching this document by sharing relevant resources on Covid-19 and disability, mental health, chronic health conditions and related topics with Andrea Pregel (apregel@sightsavers.org) and Leia Isanhart (leia.isanhart@crs.org). Thank you!

Easy read and plain language

Inclusion Europe: Easy-to-read information about Coronavirus in many languages (including English, French, Spanish, Italian, Danish, German, Swedish)

Mencap: Easy read guidance on coronavirus

Self Advocacy Resource and Technical Assistance Center (SARTAC): Plain language COVID-19 Information By and For People with Disabilities

Chosen Power (People First Hong Kong): COVID-19 Prevention Guidelines (Easy Read)

Coronavirus en pictogramas (Spanish)
Easterseals: [My social distancing story](#)

The Autism Educator: [What is the coronavirus?](#)

Down’s Syndrome Association UK: Coronavirus. [What is it? How to stay safe? Easy read](#)

Down’s Syndrome Association UK: Social distancing. Easy read

Public Health England: [Coronavirus (COVID-19)](#)

Google: Handwashing Google Doodle (video)

Pessoas com Deficiência e com Doenças Raras e o COVID-19 (Portuguese)

Government of Madhya Pradesh: [Information on COVID-19](#) (video in Hindi)

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**Mental health**

WHO: [Mental Health Considerations during COVID-19 Outbreak](#)

WHO: [Covid-19 and mental health - video Q&A](#)

Mind: [Coronavirus and your wellbeing](#)

Mentalhealth.org.uk: [Looking after your mental health during the Coronavirus outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus anxiety: how to cope if you’re feeling anxious about the outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus self-isolation: How to look after your mental health and wellbeing if you’re self-isolating](#)

OCD UK: [OCD and Coronavirus](#)


American Foundation for Suicide Prevention: [Taking Care of Your Mental Health in the Face of Uncertainty](#)
Sign languages

NYC Mayor's Office for People with Disabilities: What You Need to Know About Coronavirus (video: American Sign Language - ASL)

Italian Civil Protection Department (Dipartimento Protezione Civile): Daily press conference on Coronavirus (video playlist with interpretation in Italian Sign Language - LIS)

Mill Neck International Facts about COVID-19 in International Sign Language

European Federation of the Deaf Youth: Coronavirus - EUDY statement

World Federation of the Deaf: Coronavirus (COVID-19)

Rwanda National Union of the Deaf: Statement on compliance with measures to prevent COVID-19 virus transmission by Rwanda Remembers

Info-Coronavirus.be: Videos in French Belgian Sign Language (LSFB) (French Belgian Sign Language)

Signes: Informations sur le coronavirus en langue des signes (LSF) (French Sign Language)

Centers for Disease Control and Prevention (CDC): #COVID-19 ASL playlist (American Sign Language)

TV Surdo Moçambique: Saiba como se proteger do coronavírus em LSM (Mozambican Sign Language)

Iraqi Alliance for Disability: تدعم من هيئة الاعلام والاتصالات العراقية لمواجهة فيروس كورونا مبادرة IADO (Iraqi Sign Language)

TheLVCT: Coronavirus information in Kenyan sign language
Governments and service providers

CDC (USA): Covid-19: If You Are at Higher Risk

UK Government: Guidance on social distancing for everyone in the UK and protecting older people and vulnerable adults

Administration for Community Living: COVID-19: What do Older Adults and People with Disabilities Need to Know?


UK government: COVID-19: residential care, supported living and home care guidance

UK Government: Coronavirus (COVID-19): guidance on vulnerable children and young people

UK Government: Get coronavirus support as an extremely vulnerable person

National Institute for Health and Care Excellence: Covid-19: Rapid guidelines and evidence reviews + update on use with people with disabilities

Società Italiana di Anestesia Analgesia Rianimazione e Terapia Intensiva (SIAARTI): Raccomandazioni di etica clinica per l’ammissione a trattamenti intensivi e per la loro sospensione, in condizioni eccezionali di squilibrio tra necessità e risorse disponibili (Italian)

US Department of Education: Questions and answers on providing services to children with disabilities during the Coronavirus disease 2019 outbreak

Substance Abuse and Mental Health Services Administration (SAMHSA): Disaster Distress Helpline

CDC: Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission (including annex with list of underlying medical conditions that may increase the risk of serious COVID-19 for individuals of any age)

Skills for Care UK: COVID-19: residential care, supported living and home care guidance
Public Health England: Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19


UN / WHO

WHO: Coronavirus disease (COVID-19) Pandemic

WHO: Disability considerations during the COVID-19 outbreak (English, French and Spanish)

UN: Global humanitarian response plan Covid-19


WHO, IFRC, OCHA: COVID-19: How to include marginalized and vulnerable people in risk communication and community engagement

WHO: #AskWHO on disability considerations during #COVID19. #coronavirus (video)

UN Women: Paying attention to women’s needs and leadership will strengthen COVID-19 response

Gender in Humanitarian Action Working Group - Asia and the Pacific: The COVID-19 Outbreak and Gender: Key Advocacy Points from Asia and the Pacific

UN ESCAP: Ensuring Disability Rights and Inclusion in the Response to Covid-19

UN OHCHR: COVID-19: States should not abuse emergency measures to suppress human rights – UN experts

UN OHCHR: COVID-19: Governments must promote and protect access to and free flow of information during pandemic – International experts

UN: UN working to ensure vulnerable groups not left behind in COVID-19 response
UNICEF: COVID-19 response: Considerations for Children and Adults with Disabilities

UN ILO: Persons with disabilities in the COVID19 response

WHO: Q&A on COVID-19, HIV and antiretrovirals

UN OHCHR: No exceptions with COVID-19: “Everyone has the right to life-saving interventions” – UN experts say

UN ILO: Webinar: Disability Inclusion in COVID-19 in the World of Work

UN ILO: COVID-19: Social protection systems failing vulnerable groups

Non-governmental organisations, research institutions and international networks

International Disability Alliance: COVID 19 and the disability movement

European Disability Forum: Open letter to leaders at the EU and in EU countries: Covid-19 – disability inclusive response

European Disability Forum: Covid-19 resources

Centre of Research Excellence in Disability and Health (CRE-DH): People with disability and Covid-19

Inclusion International: Including Persons with Disabilities in Coronavirus Crisis Action

Mencap: Coronavirus (COVID-19)

Asthma UK: Coronavirus (COVID-19) Health advice for people with asthma

MacMillan: Advice on coronavirus for people with cancer

UK Cystic Fibrosis Medical Association: UK CF Medical Associations statement on coronavirus

Disability Rights UK: DR UK statement on Coronavirus
CDC: People at Risk for Serious Illness from COVID-19

Disability Debrief: News on coronavirus response

Light for the World: Leaving no one behind during the COVID-19 outbreak

EASPD and European Ageing Network: Ensuring EU Response to COVID-19 tackles threat of social care emergency

European Association of Service Providers for Persons with Disabilities: Priorities for EU Response to COVID-19 regarding threat to Social Service provision (NACE Code 87-88)

European Association of Service Providers for Persons with Disabilities: The COVID-19 outbreak and Support Service Providers for Persons with Disabilities

U.S. Equal Employment Opportunity Commission: Pandemic preparedness in the workplace and the Americans with Disabilities Act

Help Age: COVID-19: Guidance and advice for older people

Special Olympics: Coronavirus outbreak: what you need to know

Creaky Joints: A Chronic Illness Patient's Guide To Coronavirus

Business Disability Forum UK: Coronavirus and disability: What you need to know

Alzheimer’s Disease International: ADI offers advice and support during COVID-19

Inclusiva NGO: Recommendations for health protection of people with disabilities during outbreaks: lessons learned from the 2019 novel coronavirus

Age International and HelpAge International: Older people and COVID-19 in low- and middle-income countries and humanitarian settings

Bridging the Gap: The impact of COVID-19 on persons with disabilities


World Institute on Disability: Recommendations for Immediate COVID-19 Action

Early Childhood Development Action Networks: Early Childhood Focused Covid-19 Resources
University of New South Wales, Sydney - Department of Developmental Disability Neuropsychiatry (3DN): Position Statement on Access to COVID-19 Prevention, Screening and Treatment of People with Intellectual or Developmental Disability

Independent Living Research Utilization: Resources on Covid-19

Uniting to Combat NTDs: Covid-19: A statement from Uniting to Combat NTDs

Anffas - Associazione Nazionale di Famiglie di Persone con Disabilità Intellettiva e/o Relazionale: Coronavirus: tutte le informative utili (Italian)

Down Syndrome International: Supporting the global community during the Coronavirus crisis

Canadian Association for Community Living: #COVIDdisability: Disability-Related Resources for Families

#MEAction Network: Covid-19 resources for people with ME


Disability Rights Fund: Our Response to the COVID-19 Concerns

Partnership for Inclusive Disaster Strategies: COVID-19 National Disability Rights Call To Action

Partnership for Inclusive Disaster Strategies: The rights and needs of people with disabilities who use personal assistance services and supports throughout Covid-19 planning and response


Human Rights Watch: Protect Rights of People with Disabilities During COVID-19

Human Rights Watch: US Nursing Home Visitor Ban Isolates Seniors

The Missing Billion: Covid-19

Human Rights Watch: Including the most vulnerable in the fight against COVID-19

Inclusion Europe: Coronavirus (COVID-19) pandemic
Center for the Human Rights of Users and Survivors of Psychiatry: COVID-19 Joint Statement (English and Spanish)

American Foundation for the Blind (AFB): Accessible Education Resources

CARICOM: CARICOM Special Rapporteur on Disability Calls on Regional Governments to Ensure Inclusion of Persons with Disabilities in Fight against COVID-19

Iraqi Alliance for Disability: Video on Coronavirus

United States International Council on Disabilities’ (USICD): Covid-19 resources

The Arc: HHS-OCR Complaints Re COVID-19 Treatment Rationing

Sightsavers: Washing your hands with a prosthetic (video)


Association for the prevention of torture: Covid-19 and persons deprived of liberty - information hub

Training / programmes

WHO: WHO online courses on Covid-19 and related topics (multiple languages)


Lifeology: Coronavirus Center

Research / academic publications

The Lancet: Mental health care for medical staff in China during the COVID-19 outbreak

The Lancet: Online mental health services in China during the COVID-19 outbreak
The Lancet: Psychological interventions for people affected by the COVID-19 epidemic

The Lancet: Mental health services for older adults in China during the COVID-19 outbreak

The Lancet: The psychological impact of quarantine and how to reduce it: rapid review of the evidence

JAMA Network: Managing COVID-19 in Low- and Middle-Income Countries

BMJ: Bearing the brunt of covid-19: older people in low and middle income countries

The New England Journal of Medicine: The Toughest Triage — Allocating Ventilators in a Pandemic

Yale Law Journal: May Hospitals Withhold Ventilators from COVID-19 Patients with Pre-Existing Disabilities? Notes on the Law and Ethics of Disability-Based Medical Rationing

Media, articles, blogs

South China Morning post: Left at home for six days: disabled Chinese boy dies after carer dad and brother are quarantined for coronavirus checks

Guardian: Coronavirus hits ill and disabled people hardest, so why is society writing us off?


Sydney Morning Herald: Italian doctors propose intensive care age limit to save younger patients

Guardian: Health groups step up UK coronavirus plans to reassure vulnerable

Guardian: Care workers could be redeployed to UK coronavirus hotspots - Officials considering whether to loosen criminal records checks to help fill gaps

Forbes: 5 Things To Know About Coronavirus And People With Disabilities
Metro UK: How to deal with coronavirus panic when you’re experiencing health anxiety

Creaky Joints: I Still Have Complications from the 2009 Swine Flu, So Understand Why Coronavirus Is Worrying People with 'Underlying Health Conditions

Creaky Joints: 'I Have Many Reasons to Be Worried About the Coronavirus But No Cares': A Chronic Illness Patient Speaks Out

Creaky Joints: 'The Cripples Will Save You': A Critical Coronavirus Message from a Disability Activist

Creaky Joints: Coronavirus Facts: What You Need to Know If You Have Chronic Illness or Are Immune-Compromised

Independent: Coronavirus: Weakest patients could be denied lifesaving care due to lack of funding for NHS, doctors admit

ABC: How will people with disabilities deal with the COVID-19 lockdown? (audio)

Huffington Post: Protecting Yourself From Coronavirus Is Proving Harder For Disabled People Like Me

Los Angeles Times: The mentally ill. The disabled. The elderly. The coronavirus hit hardest where the frail gathered

Guardian: Anxiety on rise due to coronavirus, say mental health charities

Peter Vermeulen blog: Autism and the Corona virus: 20 tips

ProBono Australia: Urgent calls for targeted COVID-19 response for people with disability

Huffington Post: People Most Vulnerable To Coronavirus Are Urging Others To Stay Home, Here’s Why

The Small Places: Coronavirus and the Mental Capacity Act 2005

BBC: Coronavirus: How to protect your mental health

Global Citizen: Coronavirus: Australia's Largest Supermarket Introduces Exclusive Shopping for Elderly and People With Disabilities


Disability Scoop: [Coronavirus Brings Added Worries For People With Disabilities](https://disabilityscoop.com/coronavirus-brings-added-worries-for-people-with-disabilities/)

New Mobility: [Disability-Specific Recommendations for COVID-19](https://newmobility.com/2020/03/coronavirus-specific-recommendations/)

Guardian: [Disabled people cut off from vital supplies due to panic buying](https://www.theguardian.com/world/2020/mar/23/disabled-people-cut-off-from-vital-supplies-due-to-panic-buying)


Washington Post: [Disabled people have worked remotely for years, and they've got advice for you and your bosses](https://www.washingtonpost.com/health/coronavirus-disabled-too-much-for-work-at-home/2020/03/19/6beb638e-52fe-11ea-9953-98a6174296c7_story.html)


Mugambi Paul blog: [Will the "Disabled" Kenyans cry foul after being left in Coronavirus conversations?](https://mugambipaul.com/2020/03/16/will-the-disabled-s-kenyans-cry-foul-after-being-left-in-coronavirus-conversations/)


Guardian: [People with 'underlying conditions' are being treated as expendable. But our lives matter](https://www.theguardian.com/world/2020/mar/23/people-with-underlying-conditions-are-being-treated-as-expendable-but-our-lives-matter)

BBC: [Coronavirus pandemic: Welcome to The Cabin Fever Podcast](https://www.bbc.com/programmes/ Examining the impact of the coronavirus pandemic on people with disabilities)


Rooted in Rights: [Disabled People Are Not Simply Dispensable During a Pandemic](https://www.rootedinrights.org/2020/03/disabled-people-are-not-simply-dispensable-during-a-pandemic/)

BBC: [Coronavirus: Advice for people with health conditions](https://www.bbc.com/uk/edition/health/coronavirus-advice-for-people-with-health-conditions)
i News: Coronavirus: Mother urges Government to secure care for disabled and vulnerable youngsters during Covid-19 outbreak

Akimbo: Disability, Creativity, and Care in the Time of COVID-19 by Aislinn Thomas

The Telegraph: Revealed: official guidance for doctors to decide which coronavirus patients get critical care

Guardian: UK’s emergency coronavirus bill ‘will put vulnerable at risk’

Doughty Street Chambers: Disability, coronavirus and international human rights

The Conversation: Coronavirus: why prison conditions can be a perfect storm for spreading disease

New York Times: Disabled in the coronavirus crisis: I will not apologize

Civil Society News: Charities urged not to overlook equity and inclusion work during Covid-19 crisis

Creaky Joints: Telehealth for High-Risk, Immunocompromised Patients: How to See Your Doctor Virtually During the Coronavirus Pandemic

Creaky Joints: The 20+ Things That #HighRiskCovid19 Patients Are Completely Tired of Hearing Already


Indonesia Inside: Pak Jokowi! Disabilitas Rungu Kesulitan Akses Informasi Covid-19 (Indonesian)

USA Today: When schools close or go online, what happens to students with disabilities?

Disability Visibility Project: Disabled Oracles and the Coronavirus

Not Dead Yet: COVID-19 Reveals A Deadly Failure of Priorities

Huff Post: As A Disabled Person, I’m Afraid I May Not Be Deemed Worth Saving From The Coronavirus
npr: U.S. Hospitals Prepare Guidelines For Who Gets Care Amid Coronavirus Surge


Disability Visibility Project: Disabled Communities in the COVID-19 Pandemic

BBC: Ministers warned coronavirus bill threatens services for disabled people

The New York Times: Africa, Latin America Fragile Targets for Coronavirus Spread

Creaky Joints: Here’s How I’m Adjusting My Rheumatoid Arthritis Self-Care Routine for Coronavirus — and It’s Not Easy

Newz Hook: Make coronavirus response disability inclusive: Doctors with Disabilities urge Centre

Discrimination of people with albinism over Covid-19 in Kenya (video with sign language)

HSJ: Government to make emergency changes to Mental Health Act

Stuff: Coronavirus: Lip-reading in masks, cost of protective gear, panic-buying hurting disabled

Spectrum News: How governments should maintain disability services during the pandemic

Disability Insider: Ghana failed to provide coronavirus information in sign language


Phil Star: Social distancing’s victims: In a Luzon quarantine, the disabled are mostly forgotten

The Arc: Disability Discrimination Complaint Filed Over COVID-19 Treatment Rationing Plan in Washington State

Seattle Times: People with disabilities would suffer if coronavirus care is rationed, advocates say in civil-rights complaint

The Appeal: The Coronavirus pandemic has brought out society’s alarming disregard for people with disabilities

News 18 India: Centre Directs States to Provide Covid-19 Info to Disabled Persons in Accessible Format
Ed Source: Proposed coronavirus federal aid package could disrupt special education

BBC: Coronavirus: Spanish army finds care home residents 'dead and abandoned'

Mad in America: Joint Statement on COVID-19 and Persons with Psychosocial Disabilities

BBC: Coronavirus: Aylesbury storyteller aids deaf children through Facebook (video)

WXYZ: 3 patients, 3 staff members at state psychiatric hospitals test positive for COVID-19

Manila Bulletin: Filipino Deaf community’s access to information in the time of COVID-19

Independent: Coronavirus: U-turn on critical care advice for NHS amid fears disabled people will be denied treatment

Live Ghana Month: Covid-19 & Disability in Ghana (video)

BuzzFeed News: This Is What It's Like In Coronavirus Isolation If, Like Me, You're Already Struggling With Your Mental Health

Teen Vogue: Disabled People React to Coronavirus Work From Home Accommodations

KTN News Kenya: The deaf community feels left out, desperate for information on Covid-19 updates (video with sign language interpretation)

Independent: How are people who need carers supposed to self-isolate?

Byline Times: Listen to Joey: How the Most Vulnerable Can Show Us the Way in this Crisis

Disability News Service: Coronavirus: Disabled people say 'shocking' new laws will strip away rights

Yahoo: If I Get Covid-19 It Might Be Ableism – Not the Virus – That Kills Me

Guardian: My sister has a learning disability and I can’t visit her because of coronavirus

Forbes: Mental Health In The Workplace: Leading In The COVID-19 Context

CBM: Coronavirus and our emotional wellbeing

The Limping Chicken: Jo Wootten: Tips for working remotely when you’re deaf (with BSL videos)
Japan Times: Facing the COVID-19 crisis in Japan with a disability

The Star: Ensure right to education even in crisis

Theirworld: Five things you need to know this week about the coronavirus effect on global education

The Hill: Students with disabilities could lose with COVID-19 stimulus package

Social media

Twitter: #Coronavirus and the disability community #COVID—19 #COVID19

Twitter: #HighRiskCovid19 - posts by people with disabilities and people with underlying health conditions