Thrive as you Lead Webinar
INTRODUCTION TO COACHING, MENTORING AND SPONSORSHIP

You’ve likely been told that you would benefit from having a coach, a mentor, or a sponsor. But how do they differ? How do you know which one you need and will benefit from the most?

In this seminar you will:
▪ Learn the similarities and differences of the three processes – coaching, mentoring and sponsoring
▪ Understand how each role can play a hand in helping you grow and develop on a professional level
▪ Explore strategies to have these roles filled to round out your personal team of advisors and accelerate your success

A coach, a mentor, and a sponsor share in serving as beneficial relationships along your career trajectory. Leave this seminar understanding why and which pivotal person is missing in your network.

This series is to provide continuing medical education for healthcare professionals. Each webinar is eligible for AMA PRA Category 1 Credit and physicians should only claim the credit commensurate with the extent of their participation in the activity.

For more information on this webinar, the series and the instructors, please visit the website: https://health.ucdavis.edu/facultydev/faculty-development-offerings/thrive-coaching-webinars.html

For questions regarding registration or the training please contact Alissa Edison at: hs-ucdhsfacultydevelopment@ucdavis.edu