

Grill Breakfast

BREAKFAST SPECIALS

French Toast Special..... \$3.85

Includes two french toast, two eggs, and choice of two bacon or two sausage links

Pancake Special \$3.55

Includes two pancakes, two eggs, choice of two bacon or two sausage links

Pancake  \$0.70

French Toast  \$0.95

Fried Egg  \$0.95

Vegetarian Breakfast Burrito  \$1.80

OMELETS

Cheese Omelet  \$2.45

Includes a choice of cheddar or swiss cheese

Vegetarian Omelet   \$3.25

Includes mushrooms, onions, and bell peppers

Meat Omelet \$3.55

Includes a choice of ham, sausage, or bacon

Combo "House" Omelet \$3.55

Includes cheddar cheese, onions, bell peppers, mushrooms and ham



HEART
HEALTHY
<30% calories



VEGETARIAN
Lacto-Ovo



LOW SODIUM
Entrée <480mg/serving
Side <240mg/serving



HIGH FIBER
Entrée >5gm/serving

Grill Breakfast

A LA CARTE ITEMS

Pancake 	\$0.70
French Toast 	\$0.95
Eggs (Scrambled or Fried)  	\$0.95
Bacon.....		\$0.70
Pork Sausage Patty.....		\$0.95
Pork Sausage Link.....		\$0.70
Turkey Sausage.....		\$0.70
Veggie Sausage 	\$0.70
Home Fried Potatoes   	\$1.35
Biscuit 	\$0.75
Gravy.....		\$0.90
Grits (8 oz.) 	\$0.80



HEART
HEALTHY
<30% calories
from fat



VEGETARIAN
Lacto-Ovo



LOW SODIUM
Entrée <480mg/serving
Side <240mg/serving



HIGH FIBER
Entrée >5gm/serving