



Daily Soups

12 oz. Bowl \$2.59


Sunday: Chicken Noodle

A classic noodle soup made with diced chicken, carrots, celery, onion, noodles, and spices.

Monday: Red Lentil    

Red lentils simmered with flavorful spices, fresh lemon, ginger root, garlic, peppers and fresh cilantro.

Tuesday: Chicken Gumbo

A Cajun style gumbo, full of chunks of chicken, Cajun sausage, celery, green bell peppers, okra, tomatoes, and rice, in  flavorful seasoned broth.

Wednesday: Maple Butternut Squash

Rich and creamy! Made with diced onion, potatoes, butternut squash, maple syrup with blended spices

Thursday: Caldo De Pollo  

Tender chunks of chicken, tomatoes, corn, beans, onions and salsa in a flavorful chicken broth.

Friday: Clam Chowder

Hearty, smooth and creamy! Made with clams, red potatoes, and celery.

Saturday: Minestrone    

Savory minestrone soup made with pasta, spinach, cabbage, zucchini, kidney beans, carrots, celery, tomatoes, and spices.

Daily Option: Veggie Chili w/Beans (Vegan)  

HIGH FIBER
Entrée



LOW SODIUM



VEGETARIAN
Lacto-Ovo



HEART
HEALTHY
<30% calories
from fat

