

Deli

WEDNESDAY

Napa Wrap..... **\$4.40**

Turkey breast, salami, smoked provolone cheese served with fresh basil, tomatoes, lettuce, pepperoncini, and chipotle mayonnaise wrapped with a whole wheat tortilla.

BBQ Chicken Chipotle Wrap **Nourish** **\$4.10**

Grilled chicken mixed with spinach, cucumbers, chipotle mayonnaise and cheddar cheese, wrapped in a whole wheat tortilla.

Fruit Protein Box..... **\$3.99**

Sliced red apple slices, roasted almonds and dried cranberries, sliced mozzarella and hard-boiled egg, wheat crackers.

Vegetable Protein Box..... **\$3.99**

Spicy Greek yogurt ranch, sliced celery and baby carrots, whole-grain pretzels, hard-boiled egg.



**HEART
HEALTHY**
<30% calories
from fat



VEGETARIAN
Lacto-Ovo



LOW SODIUM
Entrée <480mg/serving
Side <240mg/serving



HIGH FIBER
Entrée >5gm/serving