

Daily Soups

12 oz. Bowl \$2.25

16 oz. Bowl \$2.75

Sunday: Chicken Noodle

A classic noodle soup made with diced chicken, carrots, celery, onion, noodles, and spices.

NEW

Monday: Lemony Lentil    

Lentils simmered with green onion, diced carrots, lemon juice, olive oil and spices.

Tuesday: Chicken Gumbo

A Cajun style gumbo, full of chunks of chicken, Cajun sausage, celery, green bell peppers, okra, tomatoes, and rice, in a savory seasoned broth.

NEW

Wednesday: Veggie Pot Pie  





Rich and creamy! Made with diced carrots, diced celery, potatoes, mushrooms onions and peas with Italian spices

Thursday: Caldo De Pollo  

Tender chunks of chicken, tomatoes, corn, beans, onions and salsa in a flavorful chicken broth.

Friday: Clam Chowder

Hearty, smooth and creamy! Made with clams, red potatoes, and celery.

Saturday: Minestrone    

Savory minestrone soup made with pasta, spinach, cabbage, zucchini, kidney beans, carrots, celery, tomatoes, and spices.

Daily Option: Chili w/Beans 

Thick hearty chili, loaded with beef, beans and tomatoes in delicious sauce.



HEART
HEALTHY
<30% calories



VEGETARIAN
Lacto-Ovo



LOW SODIUM
Entrée <480mg/serving
Side <240mg/serving



HIGH FIBER
Entrée >5gm/serving