



Welcome HD Families and Friends

We're here to provide *“Help for Today,
Hope for Tomorrow!”*

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May is HD Awareness Month

#LetsTalkAboutHD is a social media initiative during Huntington's Disease Awareness Month to encourage families to share their HD experiences... It can be a video, a photo or a written story... HD impacts every family differently, and it's time the world knows our story.



HDSA Mission and Vision

Our Mission:

To improve the lives of everyone affected by Huntington's disease.

Our Vision:

A world free of Huntington's disease.



HDSA Northern California Chapter Mission

We are Sacramento-based and one of 54 volunteer-led chapters and affiliates of HDSA

Our chapter mission is:

- To help individuals and their families affected by Huntington's Disease through support and services
- To educate the public and healthcare professionals about Huntington's Disease
- To promote and support research directed at discovering treatments and ultimately a cure for Huntington's Disease

HDSA NorCal Family Services Programs

- Provides HD Support Groups in 8 locations
- Provides a Helpline answered by an HD specialized, licensed social worker
- Makes available Educational in-services to nursing homes
- Provides a visiting nurse in the Bay area who does evaluations and makes presentations at care facilities
- Organizes and presents an Annual Chapter Convention in May-- Workshops and Research Updates at UCDCMC in Sacramento
- Maintains Website: www.hdsa.org/norcal; FaceBook: <https://www.facebook.com/hdsanocal>, and mailing lists
- Publishes a Chapter Newsletter twice annually via email

HDSA NorCal Supports HDSA Programs/Initiatives

- Supports the HDSA Centers of Excellence at UCDMC, UCSF and Stanford University as well as the Kaiser HD Clinic in Sacramento
- Supports HDSA Legislative Advocacy for the HD Parity Act to update the FDA HD definition and get a Medicare 24-month waiver
- Takes part in HD Awareness like “Let’s Talk HD” as well as HD training for volunteers
- Participates in the annual National HDSA convention in June—scholarships available

Here's How to Connect

- Email: Richard Hackenberg hackenbergs@comcast.net or Regional Director Natalie Carpenter at ncarpenter@hdsa.org
- To get chapter information immediately and get on our email list, send a message to Richard with your request
- Online
 - Web: www.hdsa.org/nocal
 - Facebook: www.facebook.com/hdsanocal

The NorCal Board Thanks You for Being Here

- Richard Hackenberg, President
- Dawn Doster, Vice President
- Martha Lehman, Secretary
- Mark Stigge, Treasurer
- Louisa Burke
- Ned Cohen
- Bonnie Doster
- Mary Jane Genochio
- Dawn Green
- Max Moon
- Diane Olsen
- Les Pue

Finally, Help Us to Help YOU: Let Us know if You...

- Would like to make a Donation
- Would like to become a Volunteer
- Are interested in becoming a Board Member
- Have Fundraising, Project Management and/or Technical Expertise that can help our Chapter

You can talk to me or any other board member

We're all in this together to Provide *Help for Today, Hope for Tomorrow!*



The George & Marna Parks 2016 Award