

Monday, September 19, 2016

**1. The UC Davis Medical Center Medical Staff Well-Being Committee exists to help health sciences faculty and medical staff with needs.** The UCDHS Well-Being Committee is a very active multidisciplinary committee focused on helping members of the UCD Medical Staff (faculty and residents). The Committee provides prevention of and intervention with behavior problems, including associated psychiatric and burnout problems, substance abuse related difficulties and arranges confidential assessments, referrals and monitoring assistance. The committee recently put forth initiatives to promote the need for a faculty lounge, gym and childcare as well as offering an anonymous screening questionnaire accessible from the [Committee's website](#).

**2. Are you confused about utilizing the Step Plus System in merits and promotions?**

Please visit the [Academic Affairs](#) website which has additional information, suggestions, and resources available for you. (Embedded links have been provided for you.)

[Information about Step Plus](#)  
[Key features of Step Plus](#)

The Guidelines for Advancements Under the Step Plus System:

### [Academic Senate titles](#)

[Professor and Professor in Residence Series](#)  
[Professor of Clin X Series](#)

### [Academic Federation Titles](#)

[Adjunct Professor Series](#)  
[Health Sciences Clinical Professor Series](#)  
[Professional Researcher Series](#)  
[Project Scientist Series](#)  
[Specialist in Cooperative Extension Series](#)  
[Specialist Series](#)

**3. Did you know?** A variety of workshops to provide faculty with the tools necessary to effectively manage their academic careers here at UC Davis can be found on the [Faculty Development](#) website.

**Career Advancement Tools** New faculty and those new to UC Davis are encouraged to attend these workshops, but it can also be helpful for existing faculty. The tools provide training on My Info Vault (MIV), compensation plans and the promotions process.

**Leadership Programs** All faculty are encouraged to participate in the leadership programs designed to develop professional and leadership skills such as Making Meetings Work: How to Get More Done in Less Time in Meetings, Fitting the Pieces Together & the Myth of Work-Life Balance and more...