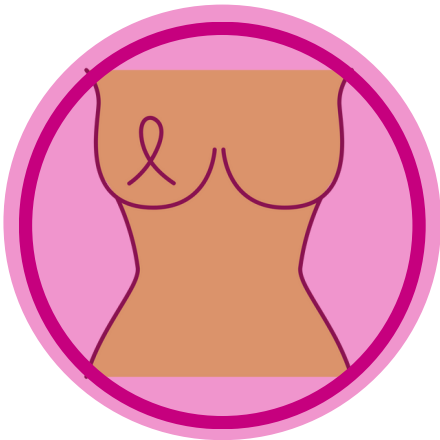


Breast Cancer: What You Need to Know



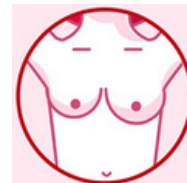
Breast cancer is the second most common cancer among women in the United States

Symptoms

Check for these symptoms monthly!



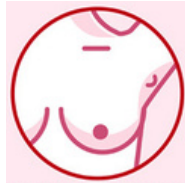
nipple discharge



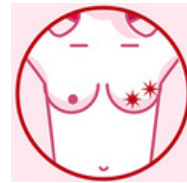
swelling of breast



skin irritation



lump in armpit




nipple or breast pain



skin dimpling

Some people do not have any symptoms

You are at a **higher risk** of getting breast cancer if you have... 

Family history



Genetic mutations

Over 50 years of age

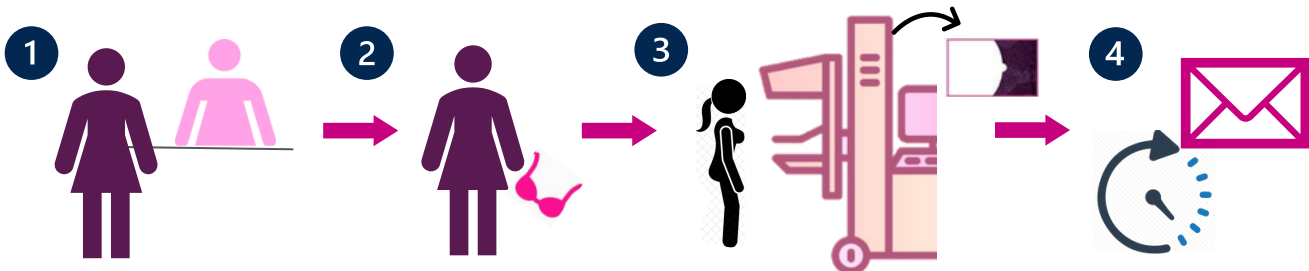


Breast Cancer Screening

When: every other year

Who: all women ages 40-74 years

Mammogram: x-ray picture of the breast



Early detection saves lives! Get screened TODAY!

Adapted from the Centers for Disease Control and Prevention's Division of Cancer Prevention and Control & U.S. Preventive Services Task Force 2023

**UC DAVIS
HEALTH**

**COMPREHENSIVE
CANCER CENTER**

Office of Community Outreach and Engagement

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