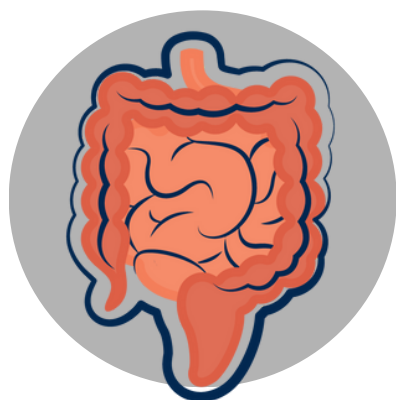


Colorectal Cancer: What You Need to Know



Symptoms

Not everyone experiences symptoms



unexplained weight loss



blood in your stool



change in bowel habits



tired all the time



loss of appetite



abdominal pain

Risk Factors



family history



lack of regular physical activity



poor diet

Colorectal cancer (CRC) is cancer that starts in the colon or rectum. CRC is the third most common cancer diagnosed in the U.S.

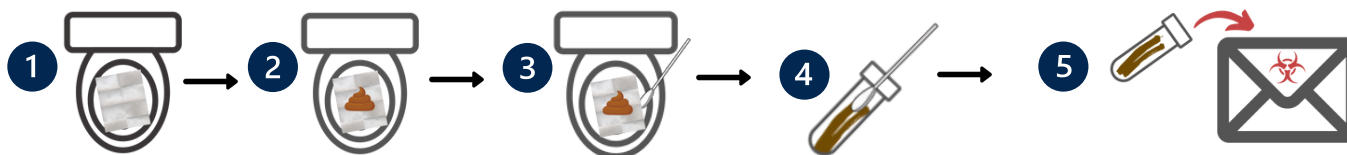
CRC Screening Types:

Stool DNA Testing

When: every 3 years
Where: at home

Fecal Immunochemical Test (FIT)

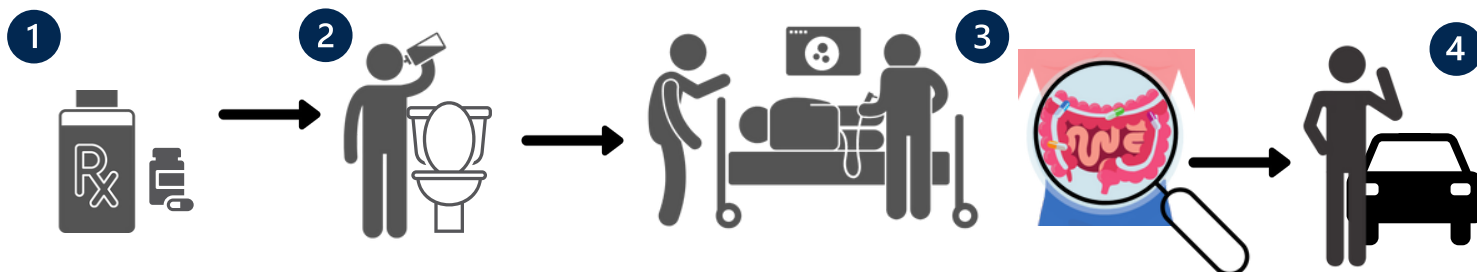
When: every 1 year
Where: at home



Colonoscopy

When: every 10 years
Where: doctor's office

Who should get screened?
All adults ages 45-75 years.



Early detection saves lives! Get screened TODAY!

Adapted from the Centers for Disease Control and Prevention's
Division of Cancer Prevention and Control &
U.S. Preventive Services Task Force 2023

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