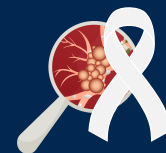


Cancer Community Connections

NATIONAL CANCER SCREEN WEEK - 12/4-12/8

WHY IS CANCER SCREENING IMPORTANT?

Cancer screenings are tests and exams used to find cancer in people who do not have symptoms. These tests aim to find cancer at an early stage, before symptoms appear. Detecting cancer early through screening usually means more treatment options are available, the treatments are more effective, and ultimately **reduces deaths** from cancer.



DID YOU KNOW? Regular screening helps detect cancer early!

CANCER SCREENING GUIDELINES

LUNG CANCER

Low-dose computed tomography scan (LDCT):

- Recommended every year for adults who are:
 - 50-80 years old,
 - currently smoke or quit within the last 15 years, and
 - have a 20+ pack-years history of smoking.



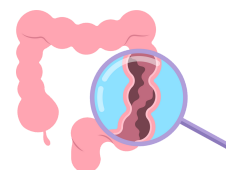
COLORECTAL CANCER

Types of screenings:

- Stool test (FIT) - every year
- Colonoscopy - every 10 years

Recommendation:

- All adults between 45-75 years old



BREAST CANCER

Mammogram:

- low dose x-ray image of the breast

Recommendation:

- every 2 years
- women ages 40-74



CERVICAL CANCER

HPV test: looks for the human papillomavirus

Pap test: looks for cell changes

Recommendation:

- Women ages 21-29: Pap test every 3 years
- Women ages 30-65: Pap test every 3 years and HPV test every 5 years, OR both every 5 years



Ask your doctor which screening tests are right for you.

DISTINGUISHED SPEAKERS IN ONCOLOGY

Join us for the Comprehensive Cancer Center's monthly Distinguished Speakers in Oncology lecture series. Explore the future of cancer research with renowned experts.

CANCER CENTER EVENTS

In honor of Cancer Screen Week the Cancer Center will be partnering with the Imani Clinic, a UC Davis student-run clinic on Saturday, **December 9th from 9AM-1PM** located at 2425 Alhambra Blvd, Sacramento to provide cancer education and information about cancer screenings.

CANCER SCREEN WEEK December 4-8, 2023

Cancer Screen Week is a public health initiative founded by Genentech, the American Cancer Society, Stand Up To Cancer, and Optum to increase the awareness of the benefits of screening for early detection of certain cancers.



RESOURCES

cancerscreenweek.org



National Cancer Institute

Prevent Cancer Foundation

Stay connected with us!
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