



# Cancer Community Connections

## CERVICAL CANCER AWARENESS MONTH

### WHAT IS CERVICAL CANCER?

*Cervical cancer is a type of cancer that occurs in cervix cells.*

The primary cause of cervical cancer is the human papillomavirus (HPV), a sexually transmitted infection.



### DID YOU KNOW?

*The HPV vaccine is cancer prevention!*

### HPV: CANCER PREVENTION

*Cervical cancer is the only type of cancer caused by HPV that can be detected early by a recommended screening test.*



**HPV is a common virus and the HPV vaccine can prevent more than 90% of HPV-linked cancers!**

**Who should get the HPV vaccine?**

**Everyone ages 9-26**

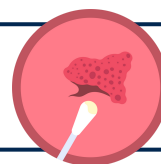
*Over 26? Talk to your doctor!*

### TYPES OF CERVICAL TESTS

For both tests, a sample of cells is taken from the cervix.

#### 1 PAP TEST:

*Looks for cell changes on the cervix*



#### 2 HPV TEST:

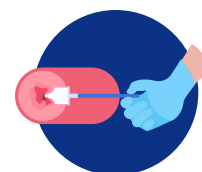
*Looks for high-risk HPV, which can cause cell changes*

#### Age Recommendation:

- 21-29: Pap test every 3 years
- 30-65: HPV test every 5 years, co-testing every 5 years, OR Pap test every 3 years

**Who should get tested?**

**Everyone with a cervix**



### CANCER CENTER UPDATES

The UC Davis Comprehensive Cancer Center has launched a new Center for Advancing Cancer Health Equity (CACHE), committed to providing equitable cancer healthcare. CACHE is looking for input from community members and health professionals to guide their work and incorporate diverse voices. Join the February 2024 virtual focus groups to share your thoughts and opinions! Click this box to sign up and contact [sjbarbu@ucdavis.edu](mailto:sjbarbu@ucdavis.edu) for more information.

### CANCER CENTER RESEARCH STUDIES

Dr. Hui Chen is recruiting participants for a study on the effects of Active Hexose Correlated Compound (AHCC) (a shiitake mushroom extract) on women with ovarian cancer receiving chemotherapy. Contact [HS-AHCCMushroomStudy@ucdavis.edu](mailto:HS-AHCCMushroomStudy@ucdavis.edu) for more information.

Dr. Hui Chen is also recruiting participants for a Cognitive Behavioral Therapy for Insomnia (CBT-I) study aiming to relieve insomnia symptoms in Gynecologic Cancer patients. Contact [HS-CBTIStudy@ucdavis.edu](mailto:HS-CBTIStudy@ucdavis.edu) for more information.

