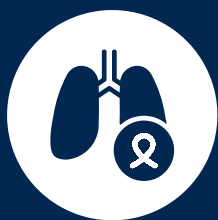


Cancer Community Connections

NATIONAL LUNG CANCER AWARENESS MONTH



WHAT IS LUNG CANCER?

Lung cancer is a disease in which cancer cells form in the tissue of the lung. There are two main types: Non-Small Cell Lung Cancer (NSCLC) and Small Cell Lung Cancer (SLC).

DID YOU KNOW? Lung cancer is the leading cause of cancer deaths

RISK FACTORS



Smoking



Secondhand
Smoke



Family
History



Pollution

SYMPTOMS



Shortness of
breath



Unexplained
weight loss



Persistent
coughing

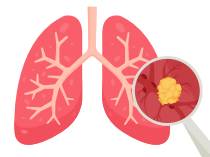


Chest pain

LUNG CANCER SCREENING

Talk to your doctor if screening is right for you!

- An annual Low-Dose CT Scan is recommended for people who are at high risk.
- You would be considered high risk if you meet all of the following criteria:
 - Are 50 to 80 years old
 - Are currently smoking or have quit within the last 15 years
 - Have a smoking history of ≥ 20 pack-years (e.g., 1 pack per day x 20 years)



CANCER CENTER UPDATES AND EVENTS

Join the Love Your Lungs Coalition at an upcoming free lung cancer pre-screening event!

- Monday, November 6th 4-7 p.m.
- City Church of Sacramento | Oak Park community
- Local resources, tobacco education, food, and giveaways!



DISTINGUISHED SPEAKERS IN ONCOLOGY

Join us for the Comprehensive Cancer Center's monthly Distinguished Speakers in Oncology lecture series. Explore the future of cancer research with renowned experts. Scan the QR code to register.



RESOURCES

Kick It California
www.kickitca.org

Love Your Lungs
www.loveyourlungssac.org

The Great American Smoke Out
www.cancer.org/cancer/risk-prevention/tobacco/great-american-smokeout.html



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