

Cancer Community Connections

NATIONAL BREAST CANCER AWARENESS MONTH



WHAT IS BREAST CANCER?

Breast cancer is a disease in which the cells in the breast grow out of control. Breast cancer can begin in different parts of the breast.

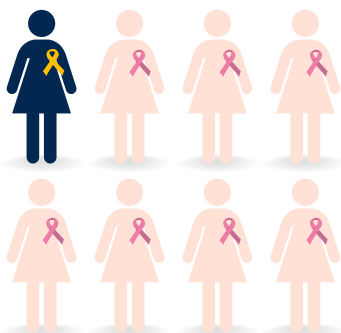


DID YOU KNOW?

Breast cancer is more common than you realize

1 IN 8 WOMEN

will be diagnosed with breast cancer in their lifetime.



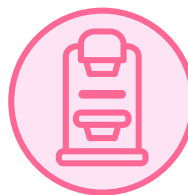
HOW CAN YOU GET TESTED?

A mammogram is a test for breast cancer. It uses a low dose x-ray to take pictures of the breasts to identify breast cancer before any symptoms occur.

NEARLY 1/2 OF WOMEN OVER AGE 40 HAVE DENSE BREASTS

Dense breasts are not a disease, but they are a risk factor for breast cancer.

SCREENING RECOMMENDATIONS



When: every other year

Who: all women ages 40-74 years

CANCER CENTER UPDATES AND EVENTS

The UC Davis Comprehensive Cancer Center is making it easier for women to be screened for breast cancer! The

Cancer Center partnered with Bayer and Wellspace Health to host an all-day mobile mammography event in the Sacramento Oak Park community on September 8th.

Scan the QR code to read more!



Estimate your breast cancer risk by taking this five minute assessment from the National Cancer Institute: <https://bcrisktool.cancer.gov/>

Resources to Learn More

Centers for Disease Control and Prevention
National Cancer Institute

