

Comfort Commitment: Oral Sucrose Use Guide

Oral sucrose has been shown to decrease pain during minor procedures for infants of 32 weeks gestational age up to 12 months of age.

Overview:

- Available on unit supply carts.
- Use in combination with comfort measures below.
- Administered two minutes prior to procedure.
- For longer procedures (over 5 minutes), administer in small aliquots throughout the procedure.
- Use a 2 mL vial or prepare syringe, using recommended amount per age:
 - 1 mL for infants 32-36 weeks
 - 2 mL for infants older than 37 weeks

Additional comfort measures to consider:

- Breastfeeding
- Breast milk
- Non-nutritive sucking
- Skin to skin
- Positioning
- Auditory stimuli
- Swaddling
- Holding

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UC Davis Policy: Oral Sucrose Administration for Minor Procedural Pain in Infants

Website: <https://ucdavis.health/comfort>

