

Comfort Commitment:

Buzzy® Use Guide

Buzzy® is a battery-operated vibration (and optional cold) device that blocks pain sensations during needlestick procedures.

Overview:

- Buzzy® can be used alone or with ice. Ice can be placed in a small bag secured under the band on the bottom of Buzzy®.
- Buzzy® should be used **without ice** for children 6 weeks to 2 years-old, patients with sickle cell disease, and children with cold sensitivities.
- Buzzy® placement can vary based on procedure:
 - **For injections:** Place Buzzy® directly on the site for 30-120 seconds. Move 2-3 cm proximal during the injection.
 - **For IVs or phlebotomy:** Do not place Buzzy® on the injection site. Activate Buzzy® and then place 3-5 cm proximal to site. Buzzy® can be placed under the tourniquet.
- Clean Buzzy® according to unit policy and return to agreed upon unit location.

When introducing to patients:

- As appropriate, ice should always be offered **as a choice** to go with the vibration.
- Let the patient feel Buzzy® and practice using it before the procedure.

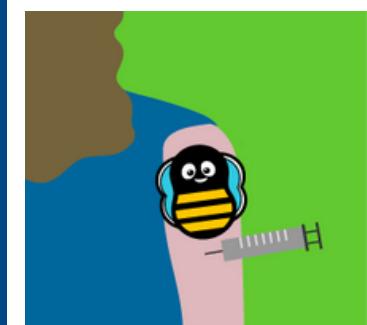
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Lawson item numbers: Buzzy®: 161715 or 161718

Ice Bags (5x3): 124365

Product information: PainCareLabs.com

Website: <https://ucdavis.health/comfort>



For subcutaneous injections and IV's, placement is "between the brain and pain."



For intramuscular injections, placement is in the bend of the shoulder.