

J-Tip<sup>TM</sup> is a needle free device that uses lidocaine to numb the skin before a needle procedure. This tool is appropriate for use with children of all ages, subject to the discretion of the provider or trained professional.

## Overview:

- Using J-Tip<sup>TM</sup> requires special training through Center of Professional Practice Nursing (CPPN); the policy is listed below.
- Select and clean procedure site.
- J-Tip<sup>TM</sup> is placed onto the skin and lidocaine is pushed under the skin. This numbs a small circular area.
- J-Tip<sup>TM</sup> will make a popping sound, similar to a can of soda opening.
- It takes about 2 minutes to activate and lasts for 15-20 minutes.

## When introducing to patients:

- Review the steps and how the lidocaine numbs the skin, which can lessen the feeling of the poke.
- Continue using additional comfort measures: positioning, refocusing, and environmental considerations.

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**UC Davis Policy:** Use of Lidocaine Skin Anesthetic Injection by a Certified Registered Nurse

**Product information:** [jtip.com](http://jtip.com)

**Website:** <https://ucdavis.health/comfort>

