

Comfort Commitment: Oral Sucrose Use Guide

Oral sucrose has been shown to decrease pain during minor procedures for infants of 32 weeks gestational age up to 12 months of age.

Overview:

- Available on unit supply carts.
- Use in combination with comfort measures below.
- Administer two minutes prior to procedure.
- For procedures over 5 minutes, administer in small aliquots throughout the procedure.
- Use a 2 mL vial or prepare syringe, using recommended amount per age:
 - 1 mL for infants 32-36 weeks
 - 2 mL for infants older than 37 weeks

Additional comfort measures to consider:

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|-------------------------|--------------------|
| • Breastfeeding | • Breast milk |
| • Non-nutritive sucking | • Skin to skin |
| • Positioning | • Auditory stimuli |
| • Swaddling | • Holding |

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UC Davis Policy: Oral Sucrose Administration for Minor Procedural Pain in Infants

Website: <https://ucdavis.health/comfort>

