



Comfort Commitment

What is “Comfort Commitment”:

- The goal is to make comfort management a fundamental component to pediatric care at UC Davis Children’s Hospital
- The Comfort Commitment is a plan to increase the patient’s comfort level with procedures and enhance the quality of care we provide
- Comfort Commitment includes 4 vital steps:



Ask

Ask: the child and care giver what they know and understand about the procedure



Share

Share: more about the procedure in simple terms using honest, age-appropriate language



Plan

Plan: for the procedure considering: medicine and numbing options, refocusing techniques, comfort positions and a calming environment



Do

Do: follow agreed upon plan and ensure the patient feels heard as comfort measures can be modified as needed



“The relief of pain is a human right.”

– World Health Organization

Why the “Comfort Commitment” is important:

- There can be long-term consequences from untreated pain: needle phobia, hyperalgesia, pre-procedural anxiety, and avoidance of healthcare all together.
- Consistent comfort measures are essential to unify the care we provide.