

**UCDAVIS**  
**HEALTH**

PATH (Promoting  
Accessibility To Healthcare)



# Visiting the Children's Surgery Center

Social Narrative

# Caregivers:

This social narrative has been written to help you and your child prepare for your visit to the Children’s Surgery Center (CSC). Social Narratives are clearly written stories that paint a picture of a situation, event or activity. They can be used to increase understanding of a specific situation and help children prepare ahead of time.

This social narrative was written for patients of different ages and language levels. Please use language your child is familiar with at home or when visiting a doctor. You can read this story first and choose what information you think will be helpful.

This social narrative reviews the steps when coming to the Children’s Surgery Center for surgery. You can share this with your child to help prepare them for what to expect. Another tool to use with this social narrative is the CSC video, which you can view using the QR code or with this link: <https://youtu.be/fHkwkegRGDU?si=5q1p4ctkMYwuZfFe>.

However, you may decide that a social narrative is not the best way to prepare your child. You know your child best. If you decide the social narrative provides too much information and your child would do better with a visual schedule, please feel free to use the picture schedule that was also sent to you.



CSC Video

If your child may have difficulty waiting/checking in, please let our team know during your pre-op call so we can make a plan to support you and your child upon your arrival.

**Sincerely,**

**The UC Davis Health PATH Program Team**

I am going to visit the  
Children's Surgery Center  
at the Hospital.

The doctors are helping keep  
my body healthy.



First, I am going to check in at the front desk.



Next, I will wait for my name to be called.

I can play with a favorite toy, read a book, or sing a song to help me wait.

This will help me be brave while I am waiting.



When my name is called I will walk with the nurse and my parents to the pre-op bay.

I will get to be on my own bed to get ready for surgery.



Nurses and a child life specialist may come talk to me. They will measure my weight and temperature to make sure I am ready for surgery.



The nurse will also listen to my heart and measure my blood pressure.

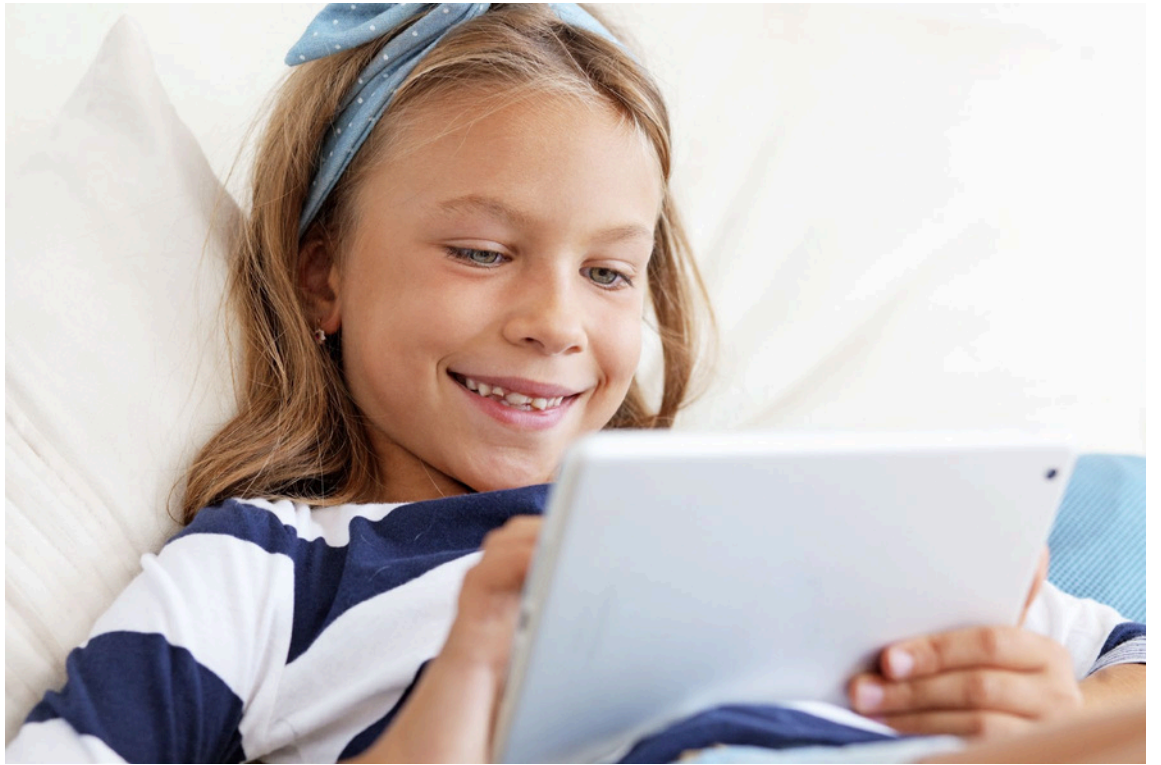
It is important they make sure I am ready for surgery.



The team will give me hospital pajamas and a bracelet for my wrist.

Everyone is proud to see how brave I am!





While I wait, I can play with toys, read a book, or watch a movie.



The doctors will come into my room and talk to my parents.

They all want to make sure I am safe and healthy.



When the doctors are ready I may get some relaxing medicine before I ride on my bed to the operating room.



The operating room has lots of things to help the doctors and nurses take good care of me.

I will get some medicine to make me sleep during the surgery.



When I wake up, I will be in the recovery room.

My parents are happy to see me. My healthcare team is so proud of how brave I was.



When the doctors say it is okay, I will go home.

I am so proud of myself that I was brave for my surgery.

