Ask-Advise-Act Guide

Tobacco Cessation at the System Level

ASK
Ask about tobacco history at each patient visit.

ADVISE
Advise each tobacco-using patient to quit (VBA messaging).

ACT
Refer to counseling (e.g., KIC or in-house counseling); prescribe medications, as needed; arrange follow-up.

This model of system-level tobacco cessation aligns with consensus clinical guidelines on tobacco cessation. Note that the Very Brief Advice (VBA) model is used in the **"Advise"** function of Ask/Advise/Act.