

Ask-Advise-Act Clinician Script Tool

For Every Patient at Every Visit, Actively Address Tobacco Use

ASK

Known Tobacco History

“Based on our records, you were smoking 2 packs per day. Are you still using tobacco?”



Unknown Tobacco History

“Are you using tobacco?
What kind?”



ADVISE

“Thank you for sharing. The best thing that you can do for your health and well-being is to quit. We know that the best way to quit for good is with some help and medication. I can help you begin to quit, today. Are you interested?”

YES



NO

“If it’s OK, let’s revisit your tobacco use next time.”

ACT

“I’m so happy to hear that! I’d like to refer you to Kick It CA/the Asian Smokers Quitline (ASQ). It’s a terrific, free quit program that will connect you with a Quit Coach who will help you make a personalized Quit Plan and provide one-on-one support throughout your quit journey.”

Complete Patient Referral

Example: “One of our staff members will help you get connected as you check out.”

Staff helps the patient by scanning the clinic’s QR code for Kick It CA/ASQ. Staff enters the patient’s information into tracking log, and makes a follow-up phone call one week after the appointment to determine if additional support may be helpful to the patient.

Discuss Medications

Example: “In addition to Kick It CA/ASQ/Clinic help, a lot of patients find it easier to quit with a medication that can help reduce the strong urges to smoke. Do you want to hear about some options? ”

If yes, discuss combination (short-and long-acting) nicotine replacement therapy, varenicline, and bupropion.

Consult clinic guidelines, if available, regarding tobacco cessation medications.