

**Health Management and Education (HME) is now the
hub for ALL tobacco cessation**

You or your clinic staff can order and Quit Tobacco Team does the rest!

Quit Tobacco Team



Cari Shulkin

National Certified Tobacco
Treatment Specialist, MSN, RN-BC



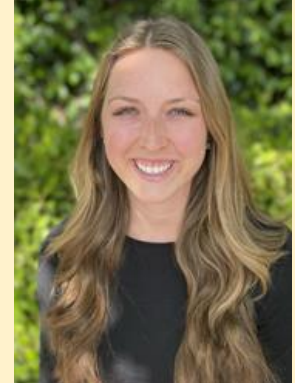
Jeanne Appell

Tobacco Treatment Specialist,
MPH, RN, BC-ADM



Judy Hoppezak

Health Educator, MS



Leta Lemos

Health Educator, CHES, MPH

Monica Martin Health Educator, MPH, MS

Free Services Offered

Quit Tobacco Team does more than classes!

- Tobacco Treatment Specialist counseling
- Cessation medications
- Online and in person classes
- California Smokers' Helpline: phone, text, app

One-click for you or your clinic staff:

- Order **"Tobacco Cessation, Consult and Education"**
- Visit the "For Providers" tab on our website for how to place the order
- All clinical staff (e.g. Medical Assistants, Health Educators, Social Workers, Pharmacists, Registered Nurses) can order without a physician's signature

It takes a team to quit tobacco.

For information on all our health classes, visit livinghealthy.ucdavis.edu

