



# Employee Essential Needs Resource Guide

Interested in resources that assist with essential needs access? The **Employee Essential Needs Resources guide** is a comprehensive guide of resources and up-to-date information to support UC Davis and UC Davis Health employees. Resources include those in Sacramento, Yolo, and neighboring counties.

Explore different categories including:

- Food
- Housing
- Caregiving
- Legal
- Health
- .... and more!



Check out the resource guide at:  
**<https://tinyurl.com/UCDessentialneeds>**  
or scan the QR code!

Send your feedback or resource suggestions to **[wellbeing@ucdavis.edu](mailto:wellbeing@ucdavis.edu)**