

# Help Waste Find Its Place

---

## Dispose of Personal Care Items (PCIs) in pharmaceutical waste bins

Know Where It Goes!

Interim guidance reflecting  
current research. Updates  
may follow.

UNIVERSITY  
OF  
CALIFORNIA

---

UC Health is collaborating with regulatory agencies and conducting testing on personal care items to ensure they are disposed of in the most suitable manner. If a better solution is identified through our research, additional direction will be provided in the future.

PCIs are items such as shampoo, conditioner, soap, toothpaste, lip balm, lotion, and similar items. They are safe for use, but to protect the environment, these items cannot safely be disposed of in the municipal solid waste in a healthcare setting.



Waste Message #12 | 10.07.2025  
916-734-2740  
[Safety@health.ucdavis.edu](mailto:Safety@health.ucdavis.edu)