

| Extended Recovery Unit Skills (Perioperative Services) | |
|---|----------------|
| Name: | Employee ID #: |
| Unit: | Title: |
| Due Date: | |
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| Skill/Learning Not all skills are applicable to all Nursing areas – if not applicable mark as N/A | Skill Code (For CPPN Use Only) | Date Completed (or N/A) | Verifier Initials |
|--|-----------------------------------|----------------------------|----------------------|
| Adult Respiratory Assessment | DAHS-NSCARA14 | | |
| Basic Dysrhythmia Detection and Treatment Skills Checklist | DAHS-NSCBDDT15 | | |
| Blood Draw Skills Check | DAHS-NSCBD14 | | |
| Cardiac Pain Assessment & Management Skills Checklist | DAHS-NSCCPAM14 | | |
| Cervical Collar Skills Checklist | DAHS-NSCCC14 | | |
| Chest Tube Skills Checklist | DAHS-NSCCT13 | | |
| End Title Carbon Dioxide Monitoring Skills Checklist | DAHS-NSCETCDM15 | | |
| Epidural Catheter Care and Maintenance Skills Checklist | DAHS-NSCECCM14 | | |
| Fluid Resuscitation | DAHS-NSCFR14 | | |
| Gastrostomy Tube Skills Checklist | DAHS-NSCGT14 | | |
| Implanted Venous Port Care | DAHS-NSCIVPCM | | |
| Intravesical Chemotherapy Agent Drainage (PACU) | DAHS-NSCICADPACU | | |
| Laryngectomy Care Skills Checklist | DAHS-NSCLC15 | | |
| Lidocaine Skin Anesthetic Intradermal Injection | DAHS-NSCLFIUA11 | | |
| Lidocaine Skin Anesthetic Needle Free Injection | DAHS-NSCLSANFI22 | | |
| MDI with Spacer | DAHS-NSCMDIS14 | | |
| Obtaining a 12 Lead ECG | DAHS-NSCOLE14 | | |
| Peripheral Nerve Block | DAHS-NSCPNB24 | | |

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| Respiratory Emergencies and Equipment | DAHS-NSCREE14 | | |
| Temporal Scanner | DAHS-NSCTS17 | | |
| Tracheostomy Care Skills Checklist | DAHS-NSCTC15 | | |
| Wound VAC (Vacuum Assisted Closure) Therapy Skills Checklist | DAHS-NSCWVT14 | | |
| Using the Clipper | DAHS-NSCUTC17 | | |
| Children's Hospital Developmental Coping Skills | DAHS-NSCCHDPC14 | | |
| Children's Hospital MDI with Spacer | DAHS-NSCCHMDIS14 | | |
| Children's Hospital Pediatric IV and Management and Support Skills Checklist | DAHS-NSCCHPIVFM14 | | |
| Pediatric Falls Assessment using the Cummings Scale | DAHS-NSCPFACS12 | | |
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| SIGNATURE PAGE: | | |
|---|-------------|------------|
| Signature and Printed Name of Verifier (preceptor or other verified personnel) who have initialed on this form: | | |
| Initial: | Print Name: | Signature: |
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| PRECEPTEE STATEMENT AND SIGNATURE: |
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| I have read and understand the appropriate UC Davis Health Policies and Procedures and/or equipment operations manual, I have demonstrated the ability to perform the verified skills as noted, and I have the knowledge of the resources available to answer questions. |

| | | |
|-------|------------|-------|
| Name: | Signature: | Date: |
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| Adult Respiratory Assessment #DAHS-NSCARA14 | Date | Verifier Initials |
|---|------|-------------------|
| Note type of oxygen delivery system, method of airway management and/or mode of ventilation. | | |
| Make general observation of patient's overall status. | | |
| Observe for rate, depth, pattern, symmetry, and effort of respirations. Observe for use of accessory muscles. | | |
| Observe for color and pallor of skin and mucous membranes. | | |
| Observe for color, quantity, odor and consistency of secretions. | | |
| Observe position of trachea. | | |
| Auscultate in an orderly manner all lung fields and describe lung sounds appropriately. | | |
| Palpate neck, chest, and shoulders to assess for the presence of subcutaneous air. | | |
| Monitor and document oxygen saturations and End Tidal CO ₂ levels when appropriate. | | |
| Describe/demonstrate method for contacting respiratory therapy. | | |
| Have available in the patient's room, and know how to use, necessary respiratory equipment. | | |
| Locate/describe emergency respiratory equipment. | | |
| Document all pertinent information in the appropriate locations. | | |

| Basic Dysrhythmia Detection and Treatment #DAHS-NSCBDDT15 | Date | Verifier Initials |
|--|------|-------------------|
| References: 1. Cardiovascular Nursing Practice, Jacobson, C. et. al., CNEA, 2007. 2. Elsevier Skills for review: Cardiac Monitor Setup and Lead Placement 3. Elsevier Nursing Consult - Clinical Updates CE: Differentiating Dysrhythmias Part 1: Recognizing and Treating Atrial Dysrhythmias | | |
| Passing the ECG Interpretation Assessment satisfies this skill checklist. | | |
| Describe the electrical conduction system of the heart. | | |
| Explain the waves and intervals of the normal ECG and their significance. | | |
| Identify sinus dysrhythmia and discuss the causes/treatments. | | |
| Identify atrial dysrhythmia and discuss the causes/treatments. | | |
| Identify junctional dysrhythmia and discuss the causes/treatments. | | |

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| Basic Dysrhythmia Detection and Treatment #DAHS-NSCBDDT15 Continued | Date | Verifier Initials |
|---|------|-------------------|
| Identify supraventricular dysrhythmias and discuss the causes/treatments. | | |
| Identify ventricular dysrhythmias and discuss the causes/treatment. | | |
| Identify Torsade de pointes and discuss the causes/treatments. | | |
| Identify life-threatening dysrhythmias and discuss the causes/treatments. | | |
| Identify heart blocks and discuss the causes/treatments. | | |

| Blood Draw Skills Checklist # DAHS-NSCBD14 | Date | Verifier Initials |
|---|------|-------------------|
| Performs per UC Davis Health Policies 13001 Vascular Access Policy (Adult/Pediatric) , 13002 Vascular Access Policy (Neonatal) , and 13029 Venipuncture Verification and Blood Withdrawal | | |

| Cardiac Pain Assessment & Management #DAHS-NSCCPAM14 | Date | Verifier Initials |
|---|------|-------------------|
| References: <ol style="list-style-type: none"> Advanced Cardiac Life Support (ACLS) Provider Manual, 2010 Edition Frishman, William H., & Sica, Domenic A., Cardiovascular Pharmacotherapeutics. 3rd Edition, Cardiotext Publishing, May, 2011. Davis, L. 2004. Cardiovascular Nursing Secrets. Elsevier. JCAHO Core Measures 2011 Standardized Procedure 322: Nursing Intervention in the Event of Certain Medical Emergencies in Adult Patients | | |
| Assess the chest pain to determine if it is cardiac ischemic in origin. Utilize the 0-10 pain scale and the PQRST scale. | | |
| Diagnostics and Interventions: <ul style="list-style-type: none"> Place patient on cardiac, pulse oximetry and automatic BP monitor. Obtain/review 12-lead ECG during chest pain episode. | | |
| Assess for signs of hypoxemia; administer oxygen therapy as indicated. Establish IV and draw and review cardiac labs. | | |
| Administer medications as ordered: Nitroglycerin sublingual or spray; IV Nitroglycerin infusion; Morphine Sulfate IV, ASA, and beta-blockers, if stable. State the rationale of the above treatment and the patient monitoring requirements. | | |
| Provide continuous ECG monitoring to evaluate ST, T-wave changes and detect dysrhythmia development. | | |
| State the overall goals of treatment in the management of pain related to myocardial ischemia. | | |
| Assess level of anxiety and indicate means to alleviate it. | | |
| Reassess patient after each intervention. Alert MD if no improvement. | | |
| Anticipate other medications and interventions that might be indicated. | | |
| Document all assessments, interventions, medications and responses. | | |

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| Cervical Collar Skills Checklist # DAHS-NSCCC14 | Date | Verifier Initials |
|--|------|-------------------|
| Performs per UC Davis Health Policy 4041: Spinal Precautions | | |
| Elsevier Skills Checklist Cervical Collar Management | | |
| Chest Tube Skills Checklist # DAHS-NSCCT13 | Date | Verifier Initials |
| Chest Tube Skills: Performs per policy 17002 Chest Tube Management | | |
| Elsevier Skills Checklist Chest Tube: Closed Drainage System Management | | |
| Elsevier Skills Checklist Chest Tube: Closed Drainage System Setup | | |
| Elsevier Skills Checklist Chest tube dressing change- Adult | | |
| End-Tidal Carbon Dioxide Monitoring #DAHS-NSCETCDM15 | Date | Verifier Initials |
| References: 1. Elsevier Skills <ul style="list-style-type: none"> Capnometry and Capnography End-Tidal Carbon Dioxide Measurement: Continuous Monitoring | | |
| Elsevier Skills for reference only | | |
| If the patient was not intubated, applied the ETCO ₂ -nasal cannula and connected it to the capnograph. | | |
| If the patient is intubated, assembled the airway adapter, and connected it to the patient circuit as close as possible to the patient's ventilator connection. | | |
| Observed waveform for quality. | | |
| Epidural Catheter Care and Maintenance # DAHS-NSCECCM14 | Date | Verifier Initials |
| References: 1. American Society for Pain Management Nursing (ASPMN). 2007. Registered Nurse Management and Monitoring of Analgesia by Catheter Techniques. Lenexa, KS: American Society for Pain Management Nursing (ASPMN). | | |
| PRE-INSERTION | | |
| Describe the epidural space. | | |
| State contraindications of placing an epidural. | | |
| Specify equipment that should be assembled at bedside by nursing staff. | | |

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| Epidural Catheter Care and Maintenance # DAHS-NSCECCM14 Continued | Date | Verifier Initials |
|--|------|-------------------|
| PATIENT ASSESSMENT | | |
| Describe the differences between epidural morphine and fentanyl concerning delayed respiratory depression. | | |
| Describe purpose of sedation score. | | |
| State when sensory level and motor block assessments are required and demonstrate how to do them. | | |
| Explain why hypotension is a risk following local anesthetic administration via the catheter. | | |
| Place "Caution: Epidural in Place" signs appropriately. | | |
| Describe assessment of catheter site the dressing and related interventions | | |
| CATHETER REMOVAL | | |
| Explain the importance of verifying patient is not anticoagulated prior to catheter removal. | | |
| Describe procedure for removal of catheter. | | |
| DOCUMENTATION | | |
| List specific monitoring/documentation requirements for:– Insertion of catheter or after boluses or infusion rate change– Epidurals with opioids– Local anesthetics– Pediatrics– Prior to first ambulation | | |
| Describe procedure for wasting unused opioid. | | |
| Demonstrate documentation of epidural infusion in EMR. | | |

| Fluid Resuscitation #DAHS-NSCFR14 | Date | Verifier Initials |
|---|------|-------------------|
| References: | | |
| 1. ATLS, Advanced Trauma Life Support for Doctors, 8th Ed., 2008 | | |
| 2. TNCC, Trauma Nursing Core Course, Provider Manual, 6th Ed., 2007 | | |
| Assess for signs/symptoms of hypovolemia. | | |
| Notify charge nurse and MD of evidence of hypovolemia. | | |
| Administer fluids as ordered. State rationale, volume and rate for each. (Crystalloids, Colloids, Blood Products) | | |
| Obtain and review any additional hemodynamic, lab, and diagnostic assessments. | | |

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| Gastrostomy Tube # DAHS-NSCGT14 | Date | Verifier Initials |
|---|------|-------------------|
| Performs per Clinical Policies 8011, Enteral Nutrition for Adult Patients , and 4055, Medication Administration | | |

| Implanted Venous Port Care # DAHS-NSCIVPCM | Date | Verifier Initials |
|--|------|-------------------|
| Performs per UC Davis Health Policy 13001 Vascular Access Policy | | |
| Elsevier Skills Implanted Venous Port Access | | |
| Elsevier Skills Implanted Venous Port De-access | | |
| Elsevier Skills Implanted Venous Port Blood Sampling | | |

| Intravesical Chemotherapy Agent Drainage (PACU) | Date | Verifier Initials |
|--|------|-------------------|
| References: 1. UC Davis Health Policy 10003: Intravesical and Topical Upper Tract Therapy with Chemotherapeutic/Biologic Agents 2. UC Davis Health Policy 9005: Bladder Irrigation 3. UC Davis Health Policy 10001 Hazardous Drugs (HD) (Chemo): Safe Handling/Preparation/Administration/Disposal of Waste/Spill Procedures | | |
| Identify common agents seen in PACU. | | |
| Explain procedure to patient. | | |
| Reposition patient per orders. | | |
| Don chemo rated protective personal equipment (PPE) prior to draining bladder after ordered dwell time. | | |
| Drain chemotherapy/urine by removing clamp(s) and irrigate if ordered. | | |
| Don chemo rated PPE to discontinue urinary catheter or change to clean drainage bag if catheter to remain in place. | | |
| Utilize Hazardous Waste (bulk chemo) bin. | | |
| Manage spills per Policy 10001 Hazardous Drugs (HD) (Chemo): Safe Handling/Preparation/Administration/Disposal of Waste/Spill Procedures | | |

| Laryngectomy Care # DAHS-NSCLC15 | Date | Verifier Initials |
|---|------|-------------------|
| Performs per UC Davis Health Policy 17003, Airway Management for Adult Patients | | |
| Review Policy 17003 (4) Attachment 4 Laryngectomies | | |

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| Lidocaine Skin Anesthetic Intradermal Injection #DAHS-NSCLFIUA11 | Date | Verifier Initials |
|---|------|-------------------|
| References: | | |
| 1. UC Davis Health Standardized Procedure 315: Use of Lidocaine Skin Anesthetic Injection by A Certified Registered Nurse | | |
| Review UC Davis Health Standardized Procedure 315: Use of Lidocaine Skin Anesthetic Injection by A Certified Registered Nurse | | |
| Completion of e-module Lidocaine Skin Anesthetic Injection by a Certified Registered Nurse with a post test score of at least 80% # DAHS-NSCLFIUA22 | | |
| Demonstrate one supervised lidocaine skin anesthetic intradermal injection in the clinical setting. Supervision will be provided by a lidocaine certified RN or MD. | | |

| Lidocaine Skin Anesthetic Needle Free Injection #DAHS-NSCLSANFI22 | Date | Verifier Initials |
|---|------|-------------------|
| References: | | |
| 1. UC Davis Health Standardized Procedure 315: Use of Lidocaine Skin Anesthetic Injection by A Certified Registered Nurse | | |
| Review UC Davis Health Standardized Procedure 315: Use of Lidocaine Skin Anesthetic Injection by a Certified Registered Nurse | | |
| Completion of e-module Lidocaine Skin Anesthetic Injection by a Certified Registered Nurse with a post test score of at least 80% #DAHS-NGNLFUIA22 | | |
| Demonstrate one supervised lidocaine injection using the needle free injector device in the clinical setting. Supervision will be provided by a lidocaine certified RN or MD. | | |

| MDI with Spacer #DAHS-NSCMDIS14 | Date | Verifier Initials |
|---|------|-------------------|
| References: | | |
| 1. UC Davis Health Policy 17020: Inhaled Pulmonary Drug Administration (Excluding Pentamidine/Ribavirin/Surfactant) | | |
| Demonstrate knowledge of how the Pharmacy is notified for MDI. | | |
| Verbalize how to administer MDI with Spacer correctly. | | |
| Prior to and immediately after use of inhaled bronchodilators, antibiotics and steroids, the patient's pulse, respiratory rate and breath sounds are assessed. Also, any cough or mucous production may be noted. | | |
| Verbalize when to notify Respiratory Therapy or Pharmacy. | | |
| Demonstrate documentation of teaching. | | |

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| Obtaining a 12-Lead ECG #DAHS-NSCOLE14 | Date | Verifier Initials |
|---|------|-------------------|
| References: <ol style="list-style-type: none"> Structure Standards: Critical Care, Telemetry, Maternal Child Health GE Marquette Resting ECG Analysis System Operator's Manual | | |
| Demonstrate use of 12-lead ECG available in area. | | |
| Place patient supine and provide for patient privacy. | | |
| Enter patient data prior to obtaining 12-lead ECG. | | |
| Correctly place leads, ensure that there is no tension on the cable. | | |
| Obtain 12-lead reading, recognize proper tracing, trouble-shooting artifact. | | |
| Disconnect equipment and clean as necessary. | | |
| Document all pertinent data, and notify appropriate staff of results | | |

| Peripheral Nerve Block #DAHS-NSCPNB24 | Date | Verifier Initials |
|--|------|-------------------|
| References: <ol style="list-style-type: none"> Peripheral Nerve Block UC Davis Health Policy 13052 | | |
| Performs care per UC Davis Health Policy 13052 : Peripheral Nerve Block | | |

| Respiratory Emergencies and Equipment #DAHS-NSCREE14 | Date | Verifier Initials |
|--|------|-------------------|
| References: <ol style="list-style-type: none"> UC Davis Health Policy 17020: Inhaled Pulmonary Drug Administration (Excluding Pentamidine/Ribavirin/Surfactant) Textbook of Advanced Cardiac Life Support, 2006 UC Davis Health Policy 13035: Administration of Medications for Rapid Sequence Intubation in Adults Wells and Murphy, Manual of Emergency Airway Management, 2004 | | |
| Demonstrate ability to regulate oxygen flow via thumbscrew controller of O ₂ flow meter; identify types of patients likely in need of O ₂ administration. | | |
| Describe use of and demonstrates proficiency in use of O ₂ equipment | | |
| Demonstrate setup for endotracheal intubation including equipment and drugs commonly used and state indication for ET intubation. (See Policy 13035) | | |
| Identify basic concepts of what alarms indicate and rationale for never turning alarms off. | | |
| Describe or demonstrate preparation of a patient for emergent cricothyrotomy or tracheostomy; locates essential equipment; | | |
| Successfully demonstrate ET tube, tracheal and nasal/oral suctioning of airways using correct equipment and technique. | | |

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| Respiratory Emergencies and Equipment #DAHS-NSCREE14 continued | Date | Verifier Initials |
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| Describe or demonstrate preparation of patient for a thoracentesis including obtaining necessary equipment; state indications for procedure and function. | | |
| Document all respiratory treatments, medications, related procedures, assessments, interventions, and the effects of each. Re-assess patient's status PRN as indicated by the patient's condition. Obtain MD order for paralytics and sedatives in order to maintain control of patient, patient's airway, and patient's comfort. | | |
| Demonstrate use of pulse oximetry for monitoring patient. | | |

| Temporal Scanner #DAHS-NSCTS17 | Date | Verifier Initials |
|---|------|-------------------|
| References: 1. Exergen Virtual classroom training video | | |
| View Exergen Virtual classroom training video | | |
| Recognize proper equipment is in working order. | | |
| Demonstrate use of temporal scanner. | | |
| Proper cleaning of scanner after use. | | |
| Document in EMR. | | |

| Tracheostomy Care Skills Checklist # DAHS-NSCTC15 | Date | Verifier Initials |
|--|------|-------------------|
| Performs per UC Davis Health Policy 17003 Airway Management for Adult Patients | | |
| Review Policy 17003(3) Attachment 3 Tracheostomies | | |

| Wound VAC (Vacuum Assisted Closure) Therapy Skills Checklist #DAHS-NSCWVT14 | Date | Verifier Initials |
|--|------|-------------------|
| Performs per UC Davis Health Policy 12014 Application of Negative Pressure Wound Therapy | | |
| Elsevier Skill Negative-Pressure Wound Therapy | | |

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| Using the Clipper #DAHS-NSCUTC17 | Date | Verifier Initials |
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| References: | | |
| Describes the indications and contraindications for clipper use | | |
| Assesses patient's skin prior to clipping for skin tags, warts, moles or other skin anomalies. | | |
| States the most common complications encountered during clipper use and the nursing interventions required. | | |
| Demonstrates proper use of the clipper which includes cleaning and storage of the clipper. | | |

| Children's Hospital Developmental Pediatric Coping #DAHS-NSCCHDPC14 | | |
|---|--|--|
| References: 1. PLS: Age Specific Care of Infants 2. PLS: Age Specific Care of Toddlers 3. PLS: Age Specific Care of Preschoolers 4. PLS: Age Specific Care of School Age 5. PLS: Age Specific Care of Adolescents 6. PLS: Developmental Care of the Newborn 7. PLS: Family Centered Care in the ICU | | |
| Assesses the child's and family's coping and makes referrals as needed. | | |
| Involves parents or caregiver in care. | | |
| Implements developmentally appropriate nursing interventions which can assist in alleviating stress and minimizing the effect of hospitalization. <ul style="list-style-type: none">• Infant• Toddler• Preschool• School-age• Adolescent | | |
| Provides information and support to prepare the child and parents/caregiver for procedures and/or surgery. | | |

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| Children's Hospital MDI with Spacer #DAHS-NSCCHMDIS14 | | |
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| References: | | |
| 1. UC Davis Health Policy 17020: Inhaled Pulmonary Drug Administration (Excluding Pentamidine/Ribavirin/Surfactant) | | |
| 2. Elsevier: Medication Administration: Nebulizer (Pediatrics) | | |
| Demonstrate knowledge of how the Pharmacy is notified for MDI | | |
| Verbalize how to administer MDI with Spacer correctly | | |
| Prior to and immediately after use of inhaled bronchodilators, antibiotics and steroids, the patient's pulse, respiratory rate and breath sounds are assessed. Also, any cough or mucous production may be noted | | |
| Verbalize when to notify Respiratory Therapy or Pharmacy | | |
| Demonstrate documentation of teaching | | |

| Children's Hospital Pediatric IV and Fluid Management #DAHS-NSCCHPIVFM14 | | |
|--|--|--|
| References: | | |
| 1. PLS: Pediatric Peripheral IV care and Management | | |
| 2. PLS Management of PIV complications in the pediatric patient | | |
| 3. PLS: Fluid & Electrolytes Imbalance: Dehydration | | |
| 4. PLS: Fluid & Electrolytes: Laboratory Assessment of Imbalances | | |
| 5. PLS: Fluid & Electrolytes: Physiological Differences | | |
| 6. PLS: Fluid & Electrolytes: Replacement Therapy | | |
| 7. PLS: Fluid & Electrolytes: Water Intoxication and Fluid Shift | | |
| Implement developmentally appropriate procedural preparation, IV site cannulation, and fluid administration to children. General pediatrics Infant Toddler Preschool School-age Adolescent | | |
| Evaluate fluid needs, recognize fluid disturbances, and be able to initiate fluid resuscitation. | | |

| Pediatric Falls Assessment using the Cummings Scale #DAHS-NSCPFACS12 | | |
|---|--|--|
| Completed Pediatric Falls Assessment using the Cummings Scale Online Module #DAHS-NCHPFACS12 | | |
| Assess fall score and implement appropriate clinical practice guideline and patient safety measures | | |