

UC Davis Health Return to Work Criteria for Staff with Respiratory Viral Infections Including staff with COVID-19, influenza, and symptoms of other acute respiratory viral infections

Day 0 starts with onset of symptoms (or positive diagnostic test if asymptomatic)

ALL STAFF with suspected or confirmed respiratory viral infection, regardless of whether diagnostic testing for viral pathogens is performed or the results of such testing:

Can return to work after at least 3 days have passed (from day 0), and at least 24 hours have passed with no fever (without the use of fever-reducing medications), and symptoms have improved.

NOTE: Symptomatic staff without improving symptoms may not work and should contact their primary care provider for return to work clearance.

Staff must wear a well-fitted **N95** in all areas, at all times, AND eat alone for at least 10 days, as part of universal source control. Non-fit tested employees who choose to wear an N95 should complete [the voluntary use form](#).

If **immunocompromised and have tested positive for COVID-19**: staff can return to work after day 10, if afebrile for 24 hours without antipyretics, and symptoms have improved.*

* UCDH will refer to [CDC guidelines](#) for description of moderate to severe immunocompromising conditions.

UC Davis Health Return to Work Criteria for COVID-19 Exposed Staff **Asymptomatic Employees with Confirmed Exposures**

Day 0 starts with exposure date.

If symptoms develop or positive test, move to the Workflow above.

All asymptomatic staff with a confirmed exposure to COVID-19:

No work restriction. Recommend diagnostic test[#] at day 3 post-exposure.

[#] Either an antigen test or nucleic acid amplification test (NAAT) can be used. Antigen testing is preferred for individuals who have recovered from SARS-CoV-2 infection in the prior 90 days. Post-exposure testing is not generally recommended for individuals who have had SARS-CoV-2 infection in the last 30 days if they remain asymptomatic.