

### UC**DAVIS** HEALTH

Department of Family and Community Medicine

A healthier and more equitable world

<u>health.ucdavis.edu/family-medicine/</u>

Annual Report 2023-2024



Welcome to the Department of Family and Community Medicine

Our vision is broad and aspirational: a healthier and more equitable world.

Our purpose is to advance the field of family medicine through innovative education, personcentered care, research, community engagement, and advocacy, to improve population health and equity.

### Anthony Jerant, M.D.

Department Chair and Professor

On behalf of my colleagues, welcome to UC Davis Family and Community Medicine! We are a vibrant, collaborative, diverse, inclusive, innovative, and continuously improving department.

Working together, we undertake myriad exciting and important activities at locations throughout our community, encompassing the full breadth and reach of family medicine in pursuing our vision and purpose. We continue our commitment to the ideal that every community deserves exceptional family medicine physicians.

In each of our four pillars of activity—clinical care delivery; education; research and scholarly work; and advocacy and community engagement—there are many hallmarks that distinguish us. I encourage you to learn about our work.

### **About Us**



Our family medicine physicians care for patients at every life stage, and in multiple settings: in clinics, nursing homes, hospitals, encampments of unhoused people, and other places in our community.

For over 50 years, our Department has been committed to achieving excellence in all aspects of our mission. By fostering a growth mindset and promoting lifelong learning, we recognize excellence not just in results but also as an ongoing process. Embracing excellence as a way of life highlights two fundamental themes that guide all our efforts: prioritizing the well-being of our team members and advocating for and supporting anti-racist attitudes and approaches.

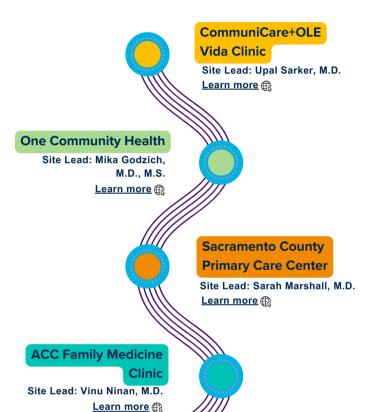
Our defining characteristic and greatest strength is our exceptional people—faculty, residents, and staff. We encourage you to learn about our our team and their remarkable work, as well as the unique opportunities we offer residents and medical students.

**Primary Care** 

For more information, please <u>visit our website</u> or reach out to one of our team members.

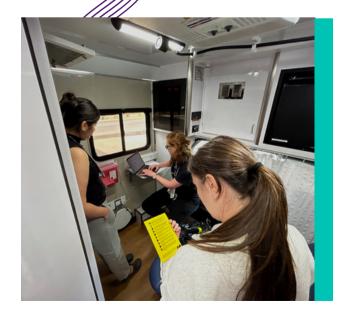
## Serving our community

The Department of Family and Community Medicine provides clinical care and residency training in four different outpatient clinics that serve diverse and largely vulnerable populations. This includes our own ACC clinic on the UC Davis Health campus as well as three community clinic partners.





Lizbeth Guillen, family and community medicine resident, examines a patient at CommuniCare+OLE Vida Clinic.



#### Street medicine

Twice a week, aboard Sacramento County's **mobile health clinic**, some of our physicians deliver vital primary care to homeless encampments, including mental health services, medication, flu shots, wound care, physical exams, STI screenings, HIV testing, and substance abuse treatment.

"People who are living outside, who are experiencing homelessness, care about themselves —care about their well-being, and care about their health—but it's just difficult to get to doctor's offices," said Mary Kathryn "MK" Orsulak, M.D., M.P.H., leader of the Street Medicine team and assistant clinical professor in the department.

# **Growing our footprint**

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Since 2020, we have doubled the size of our faculty and staff physician cohort, to better meet the needs of our residency and medical student education programs and broaden the scope of our clinical services and scholarship.

We also have a robust professional development program to support our team as they grow their careers.

46,000+

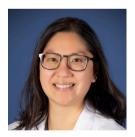
Outpatient family medicine visits in 2023-24; about half of visits were at UC Davis and the other half at our FQHC partner sites.

### Meet our newest physicians

Joined during academic year 2023-24.



Jarett Beaudoin, M.D.



Anna Kong, M.D.



Vinu Ninan, M.D.



Quyen Chappell, F.N.P.



Debbie Lupeika, M.D.



Shannon Satterwhite, M.D., Ph.D.

<u>Meet our full team</u> ∰



Daniel "Dora" Herrador, M.D.



Beatrice Nichols, M.D.



Melanie Wathugala, M.D.

# Educating the future primary care workforce

We are committed to training the next generation of family medicine physicians. Our programs provide trainees with the knowledge, skills, and mentorship to excel in their careers and make an impact in their communities.



#### **Residency Program**

We've been training family medicine residents since 1972. Our graduates can be found in rural communities, governmental organizations, community health centers, prisons, and large academic medical centers. We're committed to supporting each resident on their path to becoming family physicians.

We are proud of the talented and diverse group of residents who have joined us. They each bring their unique backgrounds, experiences, and perspectives to the program.

### **Medical Student Education Program**

We're committed to guiding students through their career decisions. Our caring staff and faculty ensure each student finds the best career path during their four years of medical school.

Family medicine physicians advise and mentor medical students. Advisors share their perspectives on health care, being a physician, how to thrive in medical school, and write letters of recommendation for residencies.

### **Hospitalist Medicine Fellowship**

Our hospitalist medicine fellowship is designed for recent graduates who are interested in having hospital medicine as part of their future practice and want to spend a year honing their skills with experts. It is a great opportunity for recent graduates to work with internal medicine and family medicine teaching hospitalists at UC Davis Health's academic medical center and Mather's VA hospital.

The program provides students:

- · Curriculum planning and career advising
- · Information and guidance in residency selection
- Hands-on experience in Family and Community Medicine sites
- Opportunities to develop leadership skills through student activities
- Preparation to work with patients from diverse, cultural, and socioeconomic backgrounds.



UC Davis Medical Student Ren Bruguera (center) with family and community medicine faculty research mentors Alicia Agnoli (left) and Na'amah Razon (right).

# **Embracing diversity**

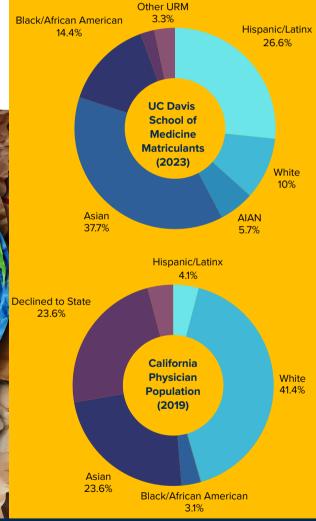
We help to lead and actively contribute to the UC Davis Health/School of Medicine initiative: Inclusion, Diversity, Anti-Racism, and Equity (IDARE).

In our current five-year departmental strategic plan, anti-racism is a cross-cutting theme that informs our work in four main pillars of activity:

- Education
- Research and scholarly work
- Clinical care delivery
- Advocacy and community engagement

### **The Davis Scale**

Three of our faculty members developed a measure of applicant socioeconomic disadvantage that has since been employed in our medical school application process. The scale, used to ensure all applicants receive fair consideration for potential admission, helped UC Davis to attain the nation's third most diverse medical student cohort in 2024 according to *US News & World Report*.





iDARE highlight Our faculty and residents provide volunteer precepting to medical students and undergraduates at the UC Davis School of Medicine-affiliated student-run clinics, which serve an array of medically

underserved and uninsured groups of individuals, such as people who are unhoused or use drugs, people who engage in sex work, and people from the LGBTQ+ community.



## Clinical opportunities

Our clinical care teams are committed to comprehensive, coordinated, always improving, and innovative patient care. We offer continuing, comprehensive health care, integrating biological, clinical and behavioral sciences. Our health care teams care for patients of all ages – from newborn to elderly – treating each patient as a whole.





### Physician for the U.S. Olympics Gymnastics Team

UC Davis family and sports medicine physician Marcia Faustin is co-head physician for the U.S. Gymnastics Team as well as UC Davis Division 1 athletics. She has cared for star athletes, like Simone Biles and Sunisa Lee, at to the 2024 Olympics in Paris and the 2020 Olympics is Tokyo.



academic year 2023-2024

We conduct research aimed at giving health care providers, consumers and policymakers the information they need for informed decision-making.

- Physician-patient communication
- Addressing social determinants of health
- Chronic illness care
- Substance misuse

- Opioid pharmacoepidemiology
- Screening and preventive services
- Medical education and workforce development
- Other research areas

### A few current projects

Understanding and reducing stigma against persons with substance use disorders

Stigma against those who use substances — from healthcare professionals, family, friends, community, and even themselves — is a barrier to successful engagement in treatment. This project focuses on measuring stigma among substance users and how to change it.

**Patterns and trajectories** associated with overdose in patients co-prescribed opioids and benzodiazepines

This project, funded by the Centers for Disease Control and Prevention (CDC), uses population data to examine factors leading to coprescriptions of opioids and sedative medications which pose higher risk of overdose.

**EnROUTE: Evaluating the Role** of Transportation on **Hemodialysis Access and Health Disparities** 

EnROUTE is a mixed methods study designed to integrate patient, provider, and community perspectives with epidemiologic data to address transportation insecurity in patients with end stage kidney disease treated with in-center hemodialysis.

# Advocacy and community engagement

Healthcare and health advocacy and community engagement is one of our four pillars of activity, underscoring its importance to our team. We make space for our residents to make substantial contributions to advocacy and community engagement efforts.



MK Orsulak (right), assistant clinical professor of family and community medicine, staffing a mobile clinic.

### **Current initiatives**

As part of our efforts to create a healthier and more equitable world, we are involved in a range of advocacy and community engagement initiatives.

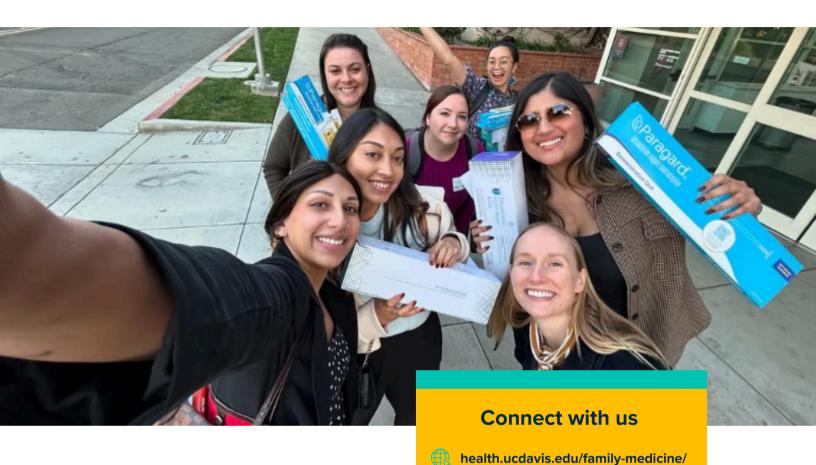
- Health and health care-related legislative affairs
- Reproductive justice including abortion access
- Advance Health Equity and Address Disparities (AHEAD)
- Services for the unhoused, including mobile clinics
- Clinics for vulnerable populations
- Mobile medicine for the unhoused
- Inpatient and outpatient addiction medicine and harm reduction services

#### Shaping the future of primary care

We are a national leader in raising awareness about the declining state of primary care, which is adversely affecting a growing number of patients. In 2024, we hosted a national gathering— The Summit on Revitalizing Primary Care to Recenter Relationships and Enhance Health (Rev PC)—of primary care experts to discuss the issues in primary care and produce workable solutions for a better future. We brought together dozens of leaders with expertise in primary care, policy, private and government sponsored health insurance coverage, and advocacy perspectives. Attendees included physicians from the primary care fields of general internal medicine, family and community medicine and general pediatrics.



### Contact us



## Thank you!

If you have any questions or would like to learn more about specific aspects of our work, please feel free to contact personnel who lead our various initiatives.

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**Program Co-Director** 

#### Vice Chair for Education, Residency Program Director, and Hospitalist Fellowship Director

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