Rotisserie Breakfast





Breakfast items made with cage free, whole shelled eggs

Breakfast Specials

Pancake Special

\$5.20

Includes two pancakes, 1 scoop scrambled eggs, choice of two bacon or two sausage links or one vegetarian sausage

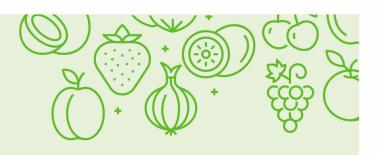
A la carte

\$1.95
\$1.45
\$1.70
\$0.85
\$0.95
\$0.95
\$1.25
🚫 \$1.65
\$3.95
\$3.75
\$3.50
OOD

Heart healthy
High fiber
E Low sodium
UC Davis Nourish
Gluten free
Vegan
Vegetarian

HEALTH

Grill Breakfast



Breakfast bowls

Biscuits and Gravy Bowl

\$5.00

Includes biscuits, scrambled eggs, shredded cheese, pork sausage gravy, and your choice of bacon, pork sausage, or vegetarian sausage.

Breakfast Bowl

\$5.80

Includes breakfast potatoes, scrambled eggs, shredded cheese, pork sausage gravy, and your choice of bacon, pork sausage, or veggie sausage

Omelets

Each omelet includes your choice of cheddar or pepper jack cheese.

You may also choose 1 topping: Pico de gallo, rouille, or black bean vinaigrette

5 5	Cheese Omelet	82	\$4.15
0	Veggie Omelet		\$5.35
	Includes cheese, mushrooms, onions, and bell peppers; or cheese and vegetarian sausage.		
	Meat Omelet		\$5.55
h	Includes cheese as well as bacon or pork sausage.		
	"Everything" Omelet		\$5.70
	Includes cheese, your choice of bacon, pork, or veggie sausage, and mushrooms, onions		

Includes cheese, your choice of bacon, pork, or veggie sausage, and mushrooms, onions, and bell peppers.



Food and Nutrition Services



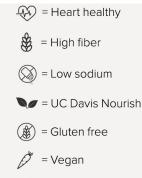




RANCE Omelets made with cage free, whole shelled eggs

Omelet add-ons

Double meat	+ \$1.50
Double veg trio	+ \$1.25
Extra cheese	+ \$0.75
Extra topping	+ \$0.50



🛞 = Vegetarian

Rotisserie



	Entrées		A la carte	Combo
Extras:	Grilled Chicken with UCDH Mediterranean Spice Mix		\$5.25	\$9.50
Additional Naan 🛞 \$2.00	Featuring Food and Nutrition's signature Mediterranean spice mix and antibiotic free chicken			
Tzatziki, 2oz 🛞 厳 \$1.25	*Acceptable for gluten-sensitive individuals without the naan			
	Pea and Potato Curry	Å 🛞	\$5.25	\$9.50
	House-made curry flavored wtih garlic, ginger, onion, tomato, and serrano chile served over rice	-		
	*Acceptable for gluten-sensitive individuals without the naan			

Extras:

- Heart healthy
- S. = High fiber
- = Low sodium (\boxtimes)
- I = UC Davis Nourish
- = Gluten free (1)
- D = Vegan
- 💓 = Vegetarian

UC Davis Health Food and Nutrition Services is

Farm-To-Fork



Complements (both included with combo)

Combo plates include basmati rice, grilled naan, spinach dahl, tzatziki, and accompaniments

Basmati Rice

Locally sourced from Rue & Foresman

Spinach Dahl

Lentils and spinach spiced with masala, mustard, curry powder, chili powder, tumeric, and cumin. Cooked with coconut milk.













Grill



	Sandwiches		
	Organic Beef Hot Dog		\$4.35
	Grilled Cheese		\$3.85
Proudly featuring Organic Grass-Fed Beef	Grilled Ham and Cheese		\$5.00
RICHARDS REGENERATIVE	Turkey Burger with Avocado Mousse and Pepper Jack		\$5.50
- Heart healthy	Organic Hamburger on Locally Baked Bun	Halai	\$4.65
 High fiber = Low sodium UC Davis Nourish 	Organic Cheeseburger on Locally Baked Bun	Halai	\$5.10
 Gluten free Vegan 	Charbroiled Chicken Sandwich		\$5.40
💓 = Vegetarian	Garlic Quinoa Burger on		\$5.10
UC Davis Health Food and Nutrition	Locally Baked Bun		
Services Is Farm-To-Fork	French fries		\$3.50
	Your choice of regular cut, curly, or sweet potato		



HEALTH

AVIS

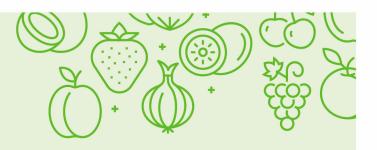
Food and Nutrition Services







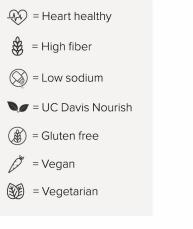
Wok



Entrées		A la carte	Combo
Chicken Banh Mi Sandwich		\$7.25	\$8.50
Grilled chicken cooked with a pineapple ginger glaze served with pickled vegetables, mayo, cilantro, and fresh jalapenos			
Jackfruit Banh Mi Sandwich	(SEE	\$7.00	\$8.25
Jackfruit cooked with pineapple ginger glaze, pickled vegetables, mayo, cilantro, and fresh jalapenos			
Loaded Sriracha Fries		\$5.75	
French fries with fresh garlic, parsley, sriracha powder, pickled vegetables, sriracha mayo,		\$8.50 w/	chicken or
jalapenos. Add your choice of <u>chicken or jackfruit for</u> an additional \$2.75		tofu	

All combos include Sriracha Fries

Sides



Sriracha Fries

French fries with fresh garlic, parsley, and sriracha powder

\$3.75



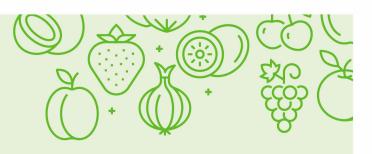
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Pizza



Summer Garden Vegetable	\$4.45
Our vegetarian combo includes zucchini, bell peppers, mushrooms, tomatoes, three- cheese blend, and feta cheese. Assembled atop house-made alfredo and garnished with fresh basil.	
Four Cheese Pizza	\$4.45
Behold, the "Quattro Formaggi". A cheese bizza featuring cheddar, mozzarella, provolone, and shredded parmesan.	
Sausage, Mushroom, and Olive	\$4.45
Our staple three-cheese blend over house- made tomato sauce. Topped with Italian pork sausage, mushrooms, and black olives.	
Pesto Chicken	\$4.45
Chicken, mushrooms, and a three-cheese blend with pesto drizzle. Sauced with creamy alfredo.	
Pepperoni	\$4.45
The classic, topped with house-made tomato sauce, three-cheese blend, and pepperoni.	

Heart healthy
High fiber
Low sodium
UC Davis Nourish
Gluten free
+ Vegan
+ Vegetarian

UCDAVIS HEALTH

Food and Nutrition Services







Deli



Thursday			
Ham and Cheddar Sandwich	1		\$3.80
Deli ham and cheddar cheese served with tomatoes and lettuce on nine grain bread			
Turkey and Swiss Sandwich			\$3.85
Deli turkey and Swiss cheese served with tomatoes and lettuce on nine grain bread			
McKinley Park Chicken Croissant			\$7.50
House made chicken salad served on a freshly baked croissant			
Land Park Tuna Croissant			\$7.50
House made tuna salad served on a freshly baked croissant			
Jet's Tomago Croissant		(N)	\$7.50
House made egg salad served on a freshly baked croissant			
Vegetarian Sandwich			\$3.05
Swiss cheese, tomato, onion, spinach, mushrooms, and cucumbers on nine			

Heart healthy
 High fiber
 = Low sodium
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Food and Nutrition Services

grain bread







Daily Soups

oups)+		
			12oz Bowl
Sunday—Beef Chili Beef chili with pinto beans, onion, tomato, cumin, garlic, salt and pepper			\$3.30
Monday—Red Lentil Red lentils simmered with spices, fresh lemon, ginger root, garlic, peppers, and cilantro	 Solution Sol		\$3.30
Tuesday—Chicken Gumbo Cajun style gumbo with chicken, sausage, celery, green bell peppers, okra, tomatoes, and rice in a seasoned broth			\$3.30
Wednesday—Maple Butternut Squash			\$3.30
Rich and creamy butternut squash soup with maple syrup, diced onions, and potatoes Thursday—Caldo De Pollo	***	\bigotimes	\$3.30
Tender chicken with tomatoes, corn, beans, onions and salsa in a flavorful chicken broth Friday—Clam Chowder			\$3.30
Clams, red potatoes, and celery			
Saturday—Minestrone Pasta noodles, spinach, cabbage, zucchini, kidney beans, carrots, celery, tomatoes, and spices	SSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSSS<l< td=""><td></td><td>\$3.30</td></l<>		\$3.30
Daily Offering—Chili Beans			 \$3.30



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Section 2 C Davis Nourish

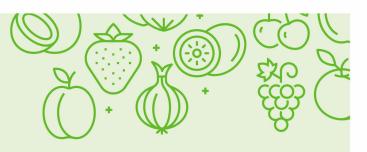
Food and Nutrition Services







Pastries



eaturing local pastries, made		
fresh daily from Bella Bru Cookie	S	\$2.75
Chocolate chip, oatmeal, and gingersnap		• -
Mini Danish		\$2.25
Apple or cheese		
Mini Scone		\$2.25
Maple or cranberry		
Mini Biscotti		\$2.25
White chocolate or anise raisin		
Muffin		\$2.25
Chocolate, blueberry, and poppy seed		
Bagel		\$2.50
Plan, everything, cranberry, jalapeno, and pizza		
Rice Krispies		\$3.00/\$3.50
Classic or chocolate dipped		
Cinnamon Roll		\$3.50
Cupcakes		\$3.50
Lemon Bar		\$3.95
Cream Cheese Brownie		\$4.25
Specialty Croissant		\$3.50/\$4.25

Classic butter croissant or specialty croissant with chocolate or almond



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Food and Nutrition Services





