Breakfast

Nutrition F 1 serving per container	acts
Serving size	1 Each (177g)
Amount per serving Calories	440
	% Daily Value*
Total Fat 27g	34%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 230mg	77%
Sodium 760mg	33%
Total Carbohydrate 25g	g <b>9%</b>
Dietary Fiber less than	1g <b>4</b> %
Total Sugars 1g	
Added Sugars	
Protein 22g	
Vitamin D 6% ● Ca	lcium 20%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 2%

Iron 15%

## Med Muffin Sandwich (Sausage, Egg, Cheese)

INGREDIENTS: Thomas English Muffin 2oz (UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID], WATER, FARINA, YEAST, SUGAR, SALT, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, SOYBEAN OIL, WHEAT GLUTEN, GRAIN VINEGAR, SOY FLOUR, NONFAT MILK, WHEY.FLOUR, MODIFIED WHEAT STARCH, FARINA, WHEAT GLUTEN, POLYDEXTROSE, HONEY, SUGAR, SALT, YEAST, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, MONOGLYCERIDES, SOYBEAN OIL, SOY LECITHIN, MALT, NATURAL ARTIFICIAL FLAVOR, XANTHAN GUM, SUCRALOSE, SOY, WHEY MILK), Sausage, Pork, Patty 3.2oz (70-30 GROUND PORK, KOSHER SALT, DRY SAGE, DRY ROSEMARY, FRESH GINGER, GROUND NUTMEG, BLACK PEPPER), Fried Egg [Egg,Shell,Large,Grade A,Pasteurized,Cage Free], Cheese, Cheddar, Sliced, Organic (Pasteurized Organic Milk, Cheese Cultures, Sea Salt, Vegetable Enzymes.)

Nutrition F 1 serving per container	acts
	1 Each (126g)
Amount per serving Calories	280
	% Daily Value*
Total Fat 13g	16%
Saturated Fat 5g	27%
Trans Fat 0g	
Cholesterol 195mg	66%
Sodium 410mg	18%
Total Carbohydrate 25g	9%
Dietary Fiber less than	1g <b>4%</b>
Total Sugars 1g	
Added Sugars	
Protein 15g	
Vitamin D 6% ● Cal	cium 20%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 2%

Iron 15%

## Med Muffin Sandwich (Egg & Cheese)

INGREDIENTS: Thomas English Muffin 2oz (UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID], WATER, FARINA, YEAST, SUGAR, SALT, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, SOYBEAN OIL, WHEAT GLUTEN, GRAIN VINEGAR, SOY FLOUR, NONFAT MILK, WHEY.FLOUR, MODIFIED WHEAT STARCH, FARINA, WHEAT GLUTEN, POLYDEXTROSE, HONEY, SUGAR, SALT, YEAST, PRESERVATIVES CALCIUM PROPIONATE, SORBIC ACID, MONOGLYCERIDES, SOYBEAN OIL, SOY LECITHIN, MALT, NATURAL ARTIFICIAL FLAVOR, XANTHAN GUM, SUCRALOSE, SOY, WHEY MILK), Fried Egg [Egg,Shell,Large,Grade A, Pasteurized, Cage Free], Cheese, Cheddar, Sliced, Organic (Pasteurized Organic Milk, Cheese Cultures, Sea Salt, Vegetable Enzymes.)

#### **Nutrition Facts** 1 serving per container Serving size 12 ounce (339g) Amount per serving 290 Calories % Daily Value\* Total Fat 5g 6% Saturated Fat 1g 4% Trans Fat 0g Cholesterol 0mg 0% 0% Sodium 10mg 18% Total Carbohydrate 51q Dietary Fiber 8g 29% Total Sugars 0g Added Sugars Protein 12g Vitamin D 0% Calcium 4% Iron 20% Potassium 6%

## **Oatmeal**

INGREDIENTS: Water, Oatmeal

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition 1 serving per contained	
Serving size	12 ounce (513g)
Amount per serving Calories	260
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate	53g <b>19</b> %
Dietary Fiber 2g	8%
Total Sugars 0g	
Added Sugars	
Protein 6g	
Vitamin D 45% ●	Calcium 45%
Iron 110% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Cream of Wheat**

INGREDIENTS: Water, \*SUB\* Cream of Wheat, Cream of Wheat (WHEAT FARINA, PARTIALLY DEFATTED WHEAT GERM, DISODIUM PHOSPHATE FOR QUICK COOKING, VITAMINS AND MINERALS: CALCIUM CARBONATE, FERRIC PHOSPHATE SOURCE OF IRON, NIACINAMIDE, THIAMIN MONONITRATE VITAMIN B1, RIBOFLAVIN VITAMIN B2, FOLIC ACID.

**CONTAINS: Wheat** 

Nutrition Factor 1 serving per container	ts
	ach (156g)
Amount per serving Calories	320
9	6 Daily Value*
Total Fat 16g	20%
Saturated Fat 5g	26%
Trans Fat 3g	
Cholesterol 15mg	5%
Sodium 860mg	38%
Total Carbohydrate 37g	13%
Dietary Fiber less than 1g	2%
Total Sugars 8g	
Added Sugars	
Protein 8g	
Vitamin D 4% ● Calciur	n 10%

Potassium 4%

Iron 10%

## **Biscuit & Gravy**

INGREDIENTS: Pork Sausage Gravy [Crystal Creamery Whole Milk Half Gallon, Pork (PORK, WATER, SPICES, SALT, SUGAR, FLAVORING

- ), Roux [Flour (Bleached wheat flour, malted barley flour), Margarine (LIQUID SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CITRIC ACID, ARTIFICIAL FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE ADDED)], Custom Culinary Chicken Base SS No MSG (ROASTED CHICKEN, SALT, HYDROLYZED CORN PROTEIN, SUGAR, CHICKEN FAT, MALTODEXTRIN, YEAST EXTRACT, ONION POWDER, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC, NATURAL FLAVORING, EXTRACTIVE OF ANNATTO.
- ), Monarch White Pepper Ground Plastic Shaker (White Pepper), Thyme, Sage], Biscuit (ENRICHED FLOUR BLEACHED, WATER, HYDROGENATED PALM KERNEL OIL, BUTTERMILK, SUGAR, BAKING SODA, SALT, SODIUM ALUMINUM PHOSPHATE, SODIUM CASEINATE, DATEM, NONFAT MILK, WHEY PROTEIN CONCENTRATE, SODIUM ACID PYROPHOSPHATE, WHEY, WHEAT PROTEIN ISOLATE, NATURAL FLAVOR, XANTHAN GUM )

Nutrition 1 serving per container	
Serving size	2 Each (170g)
Amount per serving Calories	280
	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol 0mg	1%
Sodium 820mg	36%
Total Carbohydrate	56g <b>20%</b>
Dietary Fiber 2g	8%
Total Sugars 12g	
Added Sugars	
Protein 7g	
Vitamin D 0% ●	Calcium 20%
Iron 15% ●	Potassium 4%
* The % Daily Value (DV) tells	you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, \*SUB\* Monarch Pancake Mix Buttermilk (INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, DEFATTED SOY FLOUR, SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF: ALUMINUM SULFATE, BAKING SODA, BUTTERMILK, DEXTROSE, MONO-DIGLYCERIDES, MONOCALCIUM PHOSPHATE, SALT, SODIUM ALUMINUM PHOSPHATE. CONTAINS: WHEAT, SOY, MILK. PROCESSED IN A FACILITY THAT ALSO HANDLES EGGS.)

**Pancakes** 

#### **Nutrition Facts** 1 serving per container Serving size 1 Each (50g) Amount per serving 80 Calories % Daily Value\* Total Fat 5g 7% Saturated Fat 1.5g 8% Trans Fat Cholesterol 185mg 62% 3% Sodium 60mg 0% Total Carbohydrate less than 1q Dietary Fiber 0g 0% Total Sugars less than 1g Added Sugars Protein 6g • Calcium 2% Vitamin D 6% Iron 4% Potassium 2% \* The % Daily Value (DV) tells you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Hard Boiled Egg**

INGREDIENTS: Wilcox Hard Cooked Egg Peeled Pillow Pack

**CONTAINS: Egg** 

#### **Nutrition Facts** 1 serving per container Serving size 2 ounce (69g) Amount per serving 100 Calories % Daily Value\* Total Fat 7g 8% Saturated Fat 2g 11% Trans Fat 0g Cholesterol 255mg 85% Sodium 100mg 4% 0% Total Carbohydrate Dietary Fiber 0g 0% Total Sugars 0g Added Sugars Protein 9g Calcium 2% Vitamin D 6% Iron 6% Potassium 2%

## **Scrambled Eggs**

INGREDIENTS: Egg,Shell,Large,Grade A,Pasteurized,Cage Free

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Fact 1 serving per container	S
	ach (38g)
Amount per serving Calories	80
% I	Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	6%
Total Sugars less than 1g	
Added Sugars	
Protein 10g	
Vitamin D ● Calcium	2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 2%

Iron 10%

## **Vegetarian Sausage Patty**

INGREDIENTS: Morning Star Meatless Sausage Patty (WATER, WHEAT GLUTEN, SOY FLOUR, EGG WHITES, CORN OIL, SOY PROTEIN CONCENTRATE, SODIUM CASEINATE, MODIFIED TAPIOCA STARCH, LACTOSE, SOYBEAN OIL, SOY PROTEIN ISOLATE, AUTOLYZED YEAST EXTRACT, SPICES, NATURAL AND ARTIFICIAL FLAVORS, METHYLCELLULOSE, SODIUM TRIPOLYPHOSPHATE, SALT, DISODIUM INOSINATE, CARAMEL COLOR, MODIFIED CORN STARCH, WHEY, HYDROLYZED CORN GLUTEN, MALTODEXTRIN, HYDROLYZED SOY PROTEIN, POTASSIUM CHLORIDE, DEXTROSE, ONION POWDER, DISODIUM GUANYLATE, TETRASODIUM PYROPHOSPHATE, TRICALCIUM PHOSPHATE, HYDROLYZED WHEAT PROTEIN, SODIUM HEXAMETAPHOSPHATE, SUCCINIC ACID, NIACINAMIDE, MONOSODIUM PHOSPHATE, LACTIC ACID, ASCORBIC ACID, BREWER'S YEAST, TORULA YEAST, CALCIUM PHOSPHATE, SOY LECITHIN, IRON, THIAMIN MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, VITAMIN B12.

#### **Nutrition Facts** 1 serving per container Serving size 1 Each (28g) Amount per serving 80 Calories % Daily Value\* Total Fat 6g 8% Saturated Fat 2g 11% Trans Fat 0g Cholesterol 15mg 6% Sodium 210mg 9% 1% Total Carbohydrate 2q Dietary Fiber 0g 0% Total Sugars 0g Added Sugars Protein 4g Calcium 0% Vitamin D 0% Iron 0% Potassium 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Pork Sausage Link

INGREDIENTS: Sausage (Pork, water, sodium lactate, salt, dextrose, sugar, flavorings )

Nutrition 1 serving per containe	
Serving size	2 Each (38g)
Amount per serving Calories	90
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1.5g	7%
Trans Fat	
Cholesterol 60mg	20%
Sodium 240mg	11%
Total Carbohydrate	less than 1g 0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 6g	
Vitamin D 0% ●	Calcium 0%
Iron 2% ●	Potassium 2%

## **Turkey Sausage Links**

INGREDIENTS: Jimmy Dean Turkey Breakfast Sausage (BONELESS TURKEY, WATER, CONTAINS 2 OR LESS: DEXTROSE, POTASSIUM CHLORIDE, SALT, SPICES, SODIUM PHOSPHATE, SUGAR, BHT, CITRIC ACID, CARAMEL COLOR.)

Nutrition 1 serving per contained	
Serving size	1 slice (9g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 190mg	8%
Total Carbohydrate	0g <b>0</b> %
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 3g	
Vitamin D ●	Calcium 0%
Iron 0% ●	Potassium 0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Bacon Strips**

INGREDIENTS: Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE)

Nutrition 1 serving per contained	
Serving size	1 ounce (28g)
Amount per serving Calories	110
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 170mg	7%
Total Carbohydrate	0g <b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein 7g	
Vitamin D ●	Calcium 15%
Iron 0% ●	Potassium
* The % Daily Value (DV) tells in a serving of food contribute	

calories a day is used for general nutrition advice.

INGREDIENTS: Pepper Jack Cheese (MONTEREY JACK CHEESE, JALAPENO PEPPERS, CHEESE CULTURE, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE AND NATAMYCIN)

**CONTAINS: Milk** 

Pepper Jack Shredded

#### **Nutrition Facts** 1 serving per container Serving size 1 ounce (28g) Amount per serving 110 Calories % Daily Value\* Total Fat 9g 12% Saturated Fat 5q 27% Trans Fat 0g Cholesterol 30mg 9% Sodium 190mg 8% Total Carbohydrate less than 1q 0% Dietary Fiber 0g 0% Total Sugars 0a Added Sugars Protein 6q Calcium 15% Vitamin D 0% Iron 0% Potassium 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO, POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN)

**CONTAINS: Milk** 

**Shredded Cheddar Cheese** 

Nutrition Fac	ts
	fl oz (56g)
Amount per serving Calories	35
%	Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 5g	2%
Dietary Fiber less than 1g	3%
Total Sugars 1g	
Added Sugars	
Protein 1g	
Vitamin D 0% ● Calcium	n 0%
Iron 2% ● Potassi	um 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Black Bean Vinaigrette**

INGREDIENTS: Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID ), Black Beans [Water, Black Beans, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS

)], Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Local Wildflower Honey 1 Gallon PE (Honey), Cross Valley Chopped Fresh Cilantro, Red Wine Vinegar (RED WINE VINEGAR, POTASSIUM METABISULFITE), Embasa Chipotle Pepper Whole 7oz Can (CHIPOTLE PEPPERS, WATER, TOMATO PASTE, CORN OIL, SALT, VINEGAR, CORN STARCH, ONION POWDER, GARLIC POWDER, AND SPICES), Monarch Fennel Seed Whole 14oz Shaker, Peeled Ginger 5# PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cumin

**CONTAINS: Soy** 

Nutrition Fac	ts
1 serving per container Serving size 2	fl oz (38g)
Amount per serving Calories	190
%	Daily Value*
Total Fat 21g	26%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	16%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	1%
Total Sugars less than 1g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D 0% ● Calcium	0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 2%

Iron 0%

## Rouille

INGREDIENTS: Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID

- ), Roasted Garlic [Canola-Olive Oil Blend (80/20) PE ((80% Canola
- & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE], Tomato, Divina Roasted (Red) PE (Tomatoes, Expeller Pressed Non-GMO Canola Oil, Extra Virgin Olive Oil, Garlic, Salt, Vinegar, Spices), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Parsley, Fresh Herb (^), Monarch Crushed Red Peppers 3.75# Jug (Red Pepper)

#### **Nutrition Facts** 1 serving per container Serving size 2 ounce (21g) Amount per serving Calories % Daily Value\* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% 1% Total Carbohydrate 2q Dietary Fiber less than 1g 2% Total Sugars less than 1g Added Sugars Protein 0a Calcium 0% Vitamin D 0% Iron 0% Potassium 0%

## Pico de Gallo

INGREDIENTS: 1/2' Diced Yellow Onions 5# PE, Diced Red Onion 5# PE, Lemon, Jalapeno Chile Pound PE (Jalapeno), Cross Valley Chopped Fresh Cilantro

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Pizza

#### **Nutrition Facts** 1 serving per container Serving size 1 Each (272g) Amount per serving **590** Calories % Daily Value\* Total Fat 19g 24% Saturated Fat 8g 39% Trans Fat 0q Cholesterol 35mg 12% Sodium 1170mg 51% **Total Carbohydrate** 31% 86g Dietary Fiber 5g 17% Total Sugars Added Sugars Protein 21a

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0%

Iron 20%

Calcium 20%

Potassium 4%

## **BBQ Chicken Flatbread**

INGREDIENTS: PIZZA DOUGH (ENRICHED UNBLEACHED WHEAT FLOUR, WATER, YEAST, SUGAR, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT.

BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - MOZZ & PT (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ONWERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Diced Tomato 5# PE (Tomato), Green Onion, Barbecue Sauce

(Vinegar, Sugar, Tomato Paste, Water, Molasses, Modified Food Starch, Salt, Natural Smoke Flavor, Spices, Onion, Garlic, Caramel, Maltodextrin, Yeast Extract, Natural Flavor, Propylene Glycol Alginate, Sunflower Oil ), Alfredo Sauce (Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, SODIUM CITRATE, HYDROLYZED CASEIN, LACTIC ACID, XANTHAN GUM, DEXTROSE, POTASSIUM PHOSPHATE, SODIUM STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM GINATE, BHA, CALCIUM PHOSPHATE, CITRIC ACID, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND FNZYMES

), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE

), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE], Cross Valley Chopped Fresh Cilantro, Grilled Chicken [Chicken Breast Abx Free, Harley Marinade [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Whole Peeled Garlic 4/5# Case PE, Monarch Black Pepper Ground 5lb Jug, Parsley]

Nutrition 1 serving per contained	
Serving size	1/4 piece (215g)
Amount per serving Calories	480
	% Daily Value*
Total Fat 19g	24%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 1900mg	83%
Total Carbohydrate	62g <b>23</b> %
Dietary Fiber 4g	13%
Total Sugars 4g	
Added Sugars	
Protein 16g	
Vitamin D 0% ●	Calcium 15%

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 4%

Iron 20%

## Mozzarella & Tomato Flatbread

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR, ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Mozzarella Cheese (PASTEURIZED MILK, VINEGAR, SALT, ENZYMES), Tomato, Basil Dozen PE, Garlic Oil [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

Nutrition 1 serving per container	
Serving size	1 Each (227g)
Amount per serving Calories	560
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 7g	37%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 1160mg	51%
Total Carbohydrate	81g <b>30%</b>
Dietary Fiber 4g	14%
Total Sugars 5g	
Added Sugars	
Protein 21g	
Vitamin D 0% ●	Calcium 25%

Potassium 2%

Iron 20%

## Quattro Formaggi Flatbread

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR. WATER, YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Red Sauce [Tomato, Ground Peeled, DiNapoli (^) (Tomatoes), Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt.), Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend

(80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shaker], Parmesan Cheese (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE)

Nutrition 1 serving per contained	
Serving size	1/6 Each (227g)
Amount per serving Calories	580
	% Daily Value*
Total Fat 28g	36%
Saturated Fat 13g	63%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1200mg	52%
Total Carbohydrate	56g <b>21%</b>
Dietary Fiber 3g	12%
Total Sugars 3g	
Added Sugars	
Protein 26g	
Vitamin D 0%	Calcium 25%

Potassium 4%

Iron 15%

## Chicken Bacon Artichoke Pizza

INGREDIENTS: PIZZA DOUGH (ENRICHED UNBLEACHED WHEAT FLOUR, WATER, YEAST, SUGAR, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT.

BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Grilled Chicken [Chicken Breast Abx Free, Harley Marinade

[Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil+ 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Kikkoman Soy Tamari Sauce Low Sodium Jug (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Whole Peeled Garlic 4/5# Case PE, Monarch Black Pepper Ground 5lb Jug, Parsley]], Artichoke Hearts (ARTICHOKE HEARTS. WATER, SALT. CITRIC ACID

- ), Alfredo Sauce (Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR, SODIUM PHOSPHATE, SODIUM CITRATE, HYDROLYZED CASEIN, LACTIC ACID, XANTHAN GUM, DEXTROSE, POTASSIUM PHOSPHATE, SODIUM ALGINATE, BHA, CALCIUM PHOSPHATE, CITRIC ACID, MONO & DIGLYCERIDES, MODIFIED CORN STARCH, BUTTER, DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ENZYMES
- ), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE
- ), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PEJ, Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE), Spinach, Seasoning

(DEHYDRATED ONION, DEHYDRATED GARLIC, SPICES, DEHYDRATED CARROTS, DEHYDRATED TOMATO, ORANGE PEEL, DEHYDRATED RED BELL PEPPER, RED PEPPER, NATURAL FLAVOR

Nutrition	
1 serving per containe Serving size	1/6 slice (192g)
Amount per serving Calories	490
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 8g	39%
Trans Fat 0g	
Cholesterol 40mg	14%
Sodium 1130mg	49%
Total Carbohydrate	56g <b>20</b> %
Dietary Fiber 3g	11%
Total Sugars 4g	
Added Sugars	
Protein 19g	
Vitamin D 0%	Calcium 15%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 4%

Iron 15%

## **Meat Lovers Pizza**

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR, WATER. YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES. ANNATTO COLOR. POWDERED CELLULOSE TO PREVENT CAKING. NATAMYCIN TO PROTECT FLAVOR.), Red Sauce [Tomato, Ground Peeled, DiNapoli (^) (Tomatoes), Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt.), Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil) 20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shaker], Green Onion, Pepperoni (PORK, CHICKEN, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, SODIUM ASCORBATE, FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID ), Bacon (WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, FLAVORING, SODIUM NITRITE), Pork (PORK, WATER, SPICES, SALT, SUGAR, FLAVORING

CONTAINS: Milk, Soy, Wheat

40% NonGMO Expeller

Nutrition	
1 serving per container Serving size	1 slice (183g)
Amount per serving Calories	400
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 850mg	37%
Total Carbohydrate	46g <b>17%</b>
Dietary Fiber 4g	14%
Total Sugars 3g	
Added Sugars	
Protein 17g	

Calcium 25%

Potassium 2%

Vitamin D 0%

Iron 10%

## Mexicali Pizza

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR. ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, CHEDDAR CHEESE PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING, NATAMYCIN TO PROTECT FLAVOR.), Mexicali Sauce [Refried Beans [Water, Refried Bean, Veg (Pinto Beans, Salt, Palm Oil)]. Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN. CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES. SALT. ENZYMES). CANOLA OIL. NONFAT MILK. YEAST EXTRACT. SODIUM CASEINATE. WHEY PROTEIN CONCENTRATE. CORN SYRUP. CELLULOSE GEL. SALT. NATURAL FLAVOR. SODIUM PHOSPHATE. SODIUM CITRATE. HYDROLYZED CASEIN. LACTIC ACID. XANTHAN GUM. DEXTROSE. POTASSIUM PHOSPHATE. SODIUM ALGINATE. BHA. CALCIUM PHOSPHATE. CITRIC ACID. MONO & DIGLYCERIDES. MODIFIED CORN STARCH. BUTTER. DISODIUM GUANYLATE, DISODIUM INOSINATE, SPICE, CALCIUM ALGINATE, ANNATTO, TUMERIC EXTRACT AND ), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE ), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PE]], 1/2' Diced Yellow Onions 5# PE, Jalapeno (JALAPENO PEPPERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE), Diced Tomato 5# PE (Tomato), Black Beans (WATER, SALT, FERROUS GLUCONATE, CALCIUM CHLORIDE), Cross Valley Chopped Fresh Cilantro

Nutrition 1 serving per contained	
Serving size	1/6 piece (165g)
Amount per serving Calories	340
	% Daily Value*
Total Fat 13g	17%
Saturated Fat 6g	28%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 630mg	28%
Total Carbohydrate	43g <b>16</b> %
Dietary Fiber 3g	10%
Total Sugars 3g	
Added Sugars	
Protein 12g	
Vitamin D 0% ●	Calcium 15%
Iron 15% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Vegetarian Pizza**

INGREDIENTS: Pizza Crust (ENRICHED UNBLEACHED WHEAT FLOUR. ASCORBIC ACID, WATER, YEAST, SUGAR, SOYBEAN OIL, SALT, GUAR GUM), Pepper Jack Cheese (MONTEREY JACK CHEESE, JALAPENO PEPPERS, CHEESE CULTURE, SALT, ENZYMES, POTATO STARCH, POWDERED CELLULOSE AND NATAMYCIN), Alfredo Sauce [Crystal Creamery Heavy Cream Half Gallon, Alfredo Sauce (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, PARMESAN, CHEDDAR AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK CULTURES, SALT, ENZYMES), CANOLA OIL, NONFAT MILK. YEAST EXTRACT. SODIUM CASEINATE. WHEY PROTEIN CONCENTRATE, CORN SYRUP, CELLULOSE GEL, SALT, NATURAL FLAVOR. SODIUM PHOSPHATE. SODIUM CITRATE. HYDROLYZED CASEIN. LACTIC ACID. XANTHAN GUM. DEXTROSE. POTASSIUM PHOSPHATE. SODIUM ALGINATE. BHA. CALCIUM PHOSPHATE. CITRIC ACID. MONO & DIGLYCERIDES. MODIFIED CORN STARCH. BUTTER. DISODIUM GUANYLATE. DISODIUM INOSINATE. SPICE. CALCIUM ALGINATE. ANNATTO. TUMERIC EXTRACT AND ENZYMES ). Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Parmesan Cheese (SKIM MILK, CHEESE CULTURES, SALT, ENZYMES AND POWDERED CELLULOSE), Tam's Chopped Parsley 3# PE (Parsley), Whole Peeled Garlic 4/5# Case PEI, 1/2' Diced Yellow Onions 5# PE, Black Olives (OLIVES, WATER, SALT, FERROUS GLUCONATE

**CONTAINS: Milk, Soy, Wheat** 

), Green Onion, Red Bell Pepper, Mishroom Thin Sliced PE

Nutrition 1 serving per contained	
Serving size	1 slice (153g)
Amount per serving Calories	430
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 10g	51%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 920mg	40%
Total Carbohydrate	42g <b>15%</b>
Dietary Fiber 2g	8%
Total Sugars 3g	
Added Sugars	
Protein 18g	
Vitamin D 0% ●	Calcium 20%

Potassium 2%

Iron 10%

## Pepperoni Pizza

INGREDIENTS: Pizza Dough (ENRICHED UNBLEACHED WHEAT FLOUR. WATER. YEAST, SUGAR, ŠOYBEAN OIL, HYDROGENATED SOYBEAN OIL, LEAVENING BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SALT, BUTTERMILK, WHEAT GLUTEN, LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, CALCIUM CHLORIDE, ENZYME, CHEDDAR CHEESE MILK, CHEESE CULTURES, SALT, ENZYMES, WHEY POWDER A MILK DERIVATIVE, GUAR GUM, XANTHAN GUM, GARLIC POWDER, DATEM, MALTED BARLEY FLOUR, DEXTROSE, ENZYME, ASCORBIC ACID, SODIUM PHOSPHATE, LACTIC ACID), Golden State Cheese Pizza Cheese Blend - Mozz & Pr (LOW MOISTURE MOZZARELLA CHEESE PASTEURIZED MILK. CHEESE CULTURES. SALT. ENZYMES, UNSMOKED PROVOLONE CHEESE PASTEURIZED MILK, CHEESE CULTURES. SALT. ENZYMES. CHEDDAR CHEESE PASTEURIZED MILK. CHEESE CULTURES, SALT, ENZYMES, ANNATTO COLOR, POWDERED CELLULOSE TO PREVENT CAKING. NATAMYCIN TO PROTECT FLAVOR.). Pepperoni (PORK, CHICKEN, BEEF, SALT, SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE. OLEORESIN OF PAPRIKA. SODIUM ASCORBATE. FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID

), Red Sauce [Tomato,Ground Peeled,DiNapoli (^)

(Tomatoes), Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt.), Water, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Basil, Oregano, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), White Satin Sugar Fine Beet 50lb, Monarch Cayenne Pepper Ground 16oz Shakerl

# Lunch/Dinner

Rotisserie

Nutrition 1 serving per contained	
Serving size	4 ounce (139g)
Amount per serving Calories	310
	% Daily Value*
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 50mg	16%
Sodium 750mg	33%
Total Carbohydrate	23g <b>8%</b>
Dietary Fiber 0g	1%
Total Sugars 17g	
Added Sugars	
Protein 15g	
Vitamin D 2% ●	Calcium 2%

Potassium 6%

Iron 6%

## Pork Luau BBQ

INGREDIENTS: Pulled Pork [Cream Co Beeler's Natural Pork Shoulder Butt . Safflower Oil. Whole Peeled Garlic 4/5# Case PE. White Satin Sugar Fine Beet 50lb, Packer Manjo Aji Mirin Wine 60oz Jug (Rice), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], Sauce Luau BBQ [Sugar, Brown, Medium (^), Heinz Ketchup Organic 3Gal Pouch (ORGANIC TOMATO CONCENTRATE FROM RED RIPE ORGANIC TOMATOES. ORGANIC DISTILLED VINEGAR, ORGANIC CANE SUGAR, SALT, ORGANIC ONION POWDER, ORGANIC SPICE, NATURAL FLAVORING.), Orange Juice Gallon PE (Oranges), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Thirster Pineapple Juice 46oz Carton Shelf Stable (WATER, PINEAPPLE JUICE CONCENTRATE, ASCORBIC ACID (VITAMIN C), CITRIC ACID, NATURAL FLAVOR.), Monach Distilled White Vinegar 50 Grain 1Gal (White Distilled Vinegar, Diluted with Water to 5% acidity.), Water, Cornstarch, Clove, Whole], Green Onion

CONTAINS: Soy

Nutrition 1 serving per containe	
Serving size	4 ounce (119g)
Amount per serving Calories	180
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate	9g <b>3%</b>
Dietary Fiber 1g	5%
Total Sugars 0g	
Added Sugars	
Protein 15g	
Vitamin D 0% ●	Calcium 30%
Iron 20% ●	Potassium 4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Tofu Katsu

INGREDIENTS: Tofu Firm 20# Organic PE (water, organic-gmo soybeans, calcium sulfate), Monarch Paprika Spanish 5# Jug, Cornstarch, Crumbs Panko Bread Crumbs (WHEAT FLOUR, SUGAR, YEAST, SALT

), Flour (Bleached wheat flour, malted barley flour), Milk Sub,Soy,Plain,Quart (Cafe), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

**CONTAINS:** Soy, Wheat

Nutrition 1 serving per container	
Serving size	4 ounce (118g)
Amount per serving Calories	140
	% Daily Value*
Total Fat 5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate	31g <b>11</b> %
Dietary Fiber less th	nan 1g 3%
Total Sugars less th	han 1g
Added Sugars	
Protein 3g	
Vitamin D 0% ●	Calcium 2%
Iron 2% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Garlic Fried Rice**

INGREDIENTS: Basmati Rice [Water, Rice,White,Long Grain,Basmati], Peas (Peas, salt ), Carrot, Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Celery, Whole Peeled Garlic 4/5# Case PE, Green Onion, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller
Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Pat's Seasoning [Monarch White Pepper Ground Plastic Shaker (White Pepper), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), McCormick Onion Granulated Jug 5.75lb (Onion), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], Monarch Ground Ginger Shaker 15oz

CONTAINS: Soy

#### **Nutrition Facts** 1 serving per container Serving size 4 ounce (91g) Amount per serving 110 Calories % Daily Value\* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% 9% Total Carbohydrate 24q Dietary Fiber 0g 1% Total Sugars 0g Added Sugars Protein 2q Vitamin D 0% Calcium 0% Iron 8% Potassium 0%

## **Jasmine Rice**

INGREDIENTS: Water, Rue and Forsman Jasmine Rice 25# PE

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition 1 serving per contained	
Serving size	4 ounce (147g)
Amount per serving Calories	60
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate	12g <b>5</b> %
Dietary Fiber 1g	5%
Total Sugars 10g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% ●	Calcium 2%
Iron 2% ●	Potassium 4%

## Salad Tita's Pickled Cucumbers

INGREDIENTS: Diced Cucumber 5lb PE (Cucumber), Diced Tomato 5# PE (Tomato), Diced Red Onion 5# PE, Sparrow Lane Apple Cider Vinegar 1 Gal Bottle, Water, White Satin Sugar Fine Beet 50lb, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Course Ground 5# Jug

Nutritior 1 serving per containe	
Serving size	2 ounce (61g)
Amount per serving Calories	100
	% Daily Value*
Total Fat 10g	13%
Saturated Fat .5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%
Total Carbohydrate	3g <b>1%</b>
Dietary Fiber 1g	4%
Total Sugars 2g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% ●	Calcium 2%
Iron 2% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Cilantro Lime Slaw**

INGREDIENTS: Cabbage, Cilantro Lime Vin [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), Agave,Syrup,Organic (^), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cross Valley Chopped Fresh Cilantro, Monarch Black Pepper Ground 5lb Jug], Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

Nutrition 1 serving per contained	
Serving size	4 ounce (208g)
Amount per serving Calories	220
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 1.5g	9%
Trans Fat 0g	
Cholesterol 105mg	36%
Sodium 790mg	34%
Total Carbohydrate	7g <b>2%</b>
Dietary Fiber 2g	6%
Total Sugars 3g	
Added Sugars	
Protein 23g	
Vitamin D 0% ●	Calcium 2%
l <del></del>	

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 10%

Iron 8%

## Chicken Chili Verde

INGREDIENTS: Compass Foods Diced Chicken 1/1" Thigh Raw, Salsa Verde Gallon PE (Tomatillos, Water, Onions, Peppers, Cilantro, Sea Salt, Garlic and Citric Acid), 1/2' Diced Yellow Onions 5# PE, Green Chile (GREEN CHILES, WATER, SALT, CITRIC ACID, CALCIUM CHLORIDE

- ), Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)
- 20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller
  Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Cross Valley Chopped Fresh Cilantro, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Embasa Chipotle Pepper Whole 7oz Can (CHIPOTLE PEPPERS, WATER, TOMATO PASTE, CORN OIL, SALT, VINEGAR, CORN STARCH, ONION POWDER, GARLIC POWDER, AND SPICES)

Nutrition 1 serving per container	Facts
Serving size	4 ounce (113g)
Amount per serving Calories	50
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 160mg	7%
Total Carbohydrate 5	ig <b>2</b> %
Dietary Fiber 1g	5%
Total Sugars 3g	
Added Sugars	
Protein 1g	
Vitamin D 0% ● 0	Calcium 2%

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 6%

Iron 2%

## **Calabacitas**

INGREDIENTS: 1" Diced Yellow Squash 5# PE, Zucchini Diced 5# PE, Sauce Sofrito (2gm [Water, Tomato, Diced, Canned, DiNapoli (^) (Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid ), 1/2' Diced Yellow Onions 5# PE, Carrot, Diced Red Bell Pepper 5# PE (Red Bell Peppers), Peppers, Bell, Green, Diced, 1/2" (^), Organic Fennel 12 Count PE, Tomato, Paste, DiNapoli (^) (Tomatoes, Tomato Puree, Salt.), California Pure Olive Oil Case 1Gal PE (olive oil), Whole Peeled Garlic 4/5# Case PE, Paprika, Smoked, Tam's Chopped Parsley 3# PE (Parsley), Cumin, Cross Valley Chopped Fresh Cilantro, Monarch Crushed Red Peppers 3.75# Jug (Red Pepper), Monarch Cinnamon Ground 18oz Shaker], Tomato, Diced Red Onion 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

Nutrition 1 serving per containe	
Serving size	4 ounce (139g)
Amount per serving Calories	150
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate	31g <b>11</b> %
Dietary Fiber 2g	6%
Total Sugars less	than 1g
Added Sugars	
Protein 3g	
Vitamin D 0% ●	Calcium 0%
Iron 4% ●	Potassium 2%

#### **Rice with Black Beans**

INGREDIENTS: Brown Rice [Water, Rue and Forsman Brown Rice Long Grain 25#], Black BeanVin [Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID

), Black Beans [Water, Black Beans, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], Vegetable Broth (w/ Base) RETAIL [Water, Vegetable Base (VEGETABLES (CARROT, CELERY, ONION, RED BELL PEPPER, TOMATO, GREEN BELL PEPPER), GARLIC, SHALLOT, SUGAR, SALT, YEAST EXTRACT, HYDROLYZED CORN PROTEIN, MALTODEXTRIN, CANOLA OIL, NATURAL FLAVOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED FOOD STARCH, SPICE, HYDROLYZED SOY PROTEIN, BURGUNDY WINE SOLIDS

)], Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Local Wildflower Honey 1 Gallon PE (Honey), Cross Valley Chopped Fresh Cilantro, Red Wine Vinegar (RED WINE VINEGAR, POTASSIUM METABISULFITE), Embasa Chipotle Pepper Whole 7oz Can (CHIPOTLE PEPPERS, WATER, TOMATO PASTE, CORN OIL, SALT, VINEGAR, CORN STARCH, ONION POWDER, GARLIC POWDER, AND SPICES), Monarch Fennel Seed Whole 14oz Shaker, Peeled Ginger 5# PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Cumin]

**CONTAINS:** Soy

Nutrition 1 serving per contained	
Serving size	4 ounce (117g)
Amount per serving Calories	160
	% Daily Value*
Total Fat 11g	15%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate	15g <b>6%</b>
Dietary Fiber 2g	7%
Total Sugars 3g	
Added Sugars	
Protein 2g	
Vitamin D 0% ●	Calcium 0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 4%

Iron 2%

#### **Summer Corn Relish**

INGREDIENTS: Corn Niblets 5# PE, Rouille RETAIL [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil+ 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Roseli Red Bell Pepper Fire Roasted #10 Can (BELL PEPPERS, WATER, SALT, AND CITRIC ACID

), Roasted Garlic [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE], Tomato, Divina Roasted (Red) PE (Tomatoes, Expeller Pressed Non-GMO Canola Oil, Extra Virgin Olive Oil, Garlic, Salt, Vinegar, Spices), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Parsley, Fresh Herb (^), Monarch Crushed Red Peppers 3.75# Jug (Red Pepper)], Bell Peppers, Red Peppers, 1/2' Diced Yellow Onions 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil) 20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

Nutrition 1 serving per contained	
Serving size	2 Each (66g)
Amount per serving Calories	150
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate	31g <b>11%</b>
Dietary Fiber 3g	12%
Total Sugars	
Added Sugars	
Protein 4g	
Vitamin D ●	Calcium 8%
Iron 6% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Corn Tortilla**

INGREDIENTS: Corn Tortilla (Whole ground corn treated with lime, water, cellulose gum, propionic acid, benzoic acid and phosphoric acid, guar gum, amylase

#### **Nutrition Facts** 1 serving per container Serving size 1 ounce (28g) Amount per serving 60 Calories % Daily Value\* Total Fat 5g 7% Saturated Fat 3q 14% Trans Fat 0g Cholesterol 15mg 6% Sodium 10mg 0% 0% Total Carbohydrate 1q Dietary Fiber 0g 0% Total Sugars less than 1g Added Sugars Protein less than 1q Vitamin D 0% Calcium 2% Iron 0% Potassium 0% \* The % Daily Value (DV) tells you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Sour Cream**

INGREDIENTS: Glenview Farms Sour Cream 5# Tub (CULTURED CREAM, ENZYMES

**CONTAINS: Milk** 

Nutrition 1 serving per contained	
Serving size	1 Each (57g)
Amount per serving Calories	10
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber less t	han 1g <b>2</b> %
Total Sugars 1g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% ●	Calcium 0%
Iron 2% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## **Shredded Lettuce**

INGREDIENTS: Shredded Lettuce [Shredded Lettice 5# PE]

Nutrition 1 serving per container	
Serving size	1 ounce (28g)
Amount per serving Calories	5
	% Daily Value*
Total Fat .5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate	ess than 1g 0%
Dietary Fiber 0g	1%
Total Sugars 0g	
Added Sugars	
Protein 0g	
Vitamin D 0% ●	Calcium 0%
Iron 0% ●	Potassium 0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Salsa Guajillo

INGREDIENTS: Water, 1 Diced Red Onion 5# PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Packer Guajillo Chili Pepper Dried 5#, Cross Valley Chopped Fresh Cilantro, Whole Peeled Garlic 4/5# Case PE, McCormick Onion Granulated Jug 5.75lb (Onion), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Oregano, Durkee Cumin Seed While 16oz Shaker, Paprika, Smoked

Nutrition 1 serving per containe	
Serving size	1 Each (119g)
Amount per serving Calories	230
	% Daily Value*
Total Fat 16g	20%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 690mg	30%
Total Carbohydrate	4g <b>2</b> %
Dietary Fiber 0g	1%
Total Sugars 0g	
Added Sugars	
Protein 18g	
Vitamin D 0% ●	Calcium 2%

Potassium 6%

Iron 6%

# **Chicken Grilled Homestyle Thigh**

INGREDIENTS: Compass Foods Chicken Thigh 4-5oz Boneless, Marinade Home Style Chicken [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller
Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Paul Dupree White Cooking Wine 1Gal Jug (Wine, Water, Neutral Spirits, Salt, Tartaric Acid, Citric Acid, Potassium Sorbate, Potassium Metabisulfite, Caramel Color), Viola Juice Lemon Juice 1Gal PE (Pure Lemon Juice No added sugars), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Grey Poupon Dijon Mustard 48oz Jar (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice

- ), Seasoning FNS [McCormick Onion Granulated Jug 5.75lb (Onion), Cumin, Monarch Cayenne Pepper Ground 16oz Shaker, Monarch Mustard Ground 15oz Shaker, Monarch Chili Powder 5# Jug (CHILI PEPPER, SPICES, SALT AND GARLIC POWDER
- ), Monarch Black Pepper Course Ground 5# Jug, Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Paprika, Smoked, Monarch Coriander 14oz Shaker, Monarch Oregano Leaf Dried 24oz Jug, Monarch Allspice Ground 16oz Bottle], 4, 3, 2, 1 Herb Mix Fresh [Chives, Fresh (^), Parsley, Italian, Chopped, Fresh (^), Thyme Dozen PE, Rosemary], Monarch Crushed Red Peppers 3.75# Jug (Red Pepper), Monarch Black Pepper Ground 5lb Jug]

**CONTAINS: Mustard** 

Nutrition  1 serving per container	Facts
Serving size	1 Each (235g)
Amount per serving Calories	50
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 90	3%
Dietary Fiber 3g	10%
Total Sugars 6g	
Added Sugars	
Protein 3g	
Vitamin D 2% ● C	alcium 2%
Iron 4% ● Po	otassium 15%
* The % Daily Value (DV) tells yo	u how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Portobello Mushroom Pound PE, Sauce Sofrito (2gm [Water, Tomato,Diced,Canned,DiNapoli (^) (Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid ), 1/2' Diced Yellow Onions 5# PE, Carrot, Diced Red Bell Pepper 5# PE (Red Bell Peppers), Peppers,Bell,Green,Diced,1/2" (^), Organic Fennel 12 Count PE, Tomato,Paste,DiNapoli (^) (Tomatoes, Tomato Puree, Salt. ), California Pure Olive Oil Case 1Gal PE (olive oil), Whole Peeled Garlic 4/5# Case PE, Paprika,Smoked, Tam's Chopped Parsley 3# PE (Parsley), Cumin, Cross Valley Chopped Fresh Cilantro, Monarch Crushed Red Peppers 3.75# Jug (Red Pepper), Monarch Cinnamon Ground 18oz Shaker], 1' Diced Grey Squash 5# PE, 1" Diced Yellow Squash 5# PE, Zucchini Diced 5# PE

Stuffed Portabella Mushroom

Nutrition 1 serving per containe	
Serving size	4 ounce (136g)
Amount per serving Calories	100
	% Daily Value*
Total Fat 4.5g	5%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%
Total Carbohydrate	15g <b>6%</b>
Dietary Fiber 2g	8%
Total Sugars 4g	
Added Sugars	
Protein 2g	
Vitamin D 0% ●	Calcium 2%
Iron 2% ●	Potassium 6%
* The % Daily Value (DV) tells	you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Corn Niblets 5# PE, 1 Diced Red Onion 5# PE, Red Peppers, 1" Diced Yellow Squash 5# PE, Zucchini Diced 5# PE, California Pure Olive Oil Case 1Gal PE (olive oil), Viola Juice Lemon Juice 1Gal PE (Pure Lemon Juice No added sugars), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Basil Dozen PE, Monarch Black Pepper Ground 5lb Jug

**Summer Squash and Corn Medley** 

Nutrition 1 serving per contained	
Serving size	4 ounce (204g)
Amount per serving Calories	250
	% Daily Value*
Total Fat 11g	15%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 450mg	20%
Total Carbohydrate	31g <b>11%</b>
Dietary Fiber 4g	13%
Total Sugars 19g	
Added Sugars	
Protein 8g	
Vitamin D 0%	Calcium 4%

Potassium 10%

Iron 8%

## **Potatoes with Green Beans and Bacon**

INGREDIENTS: Green Beans,Fresh, 1/2' Diced Yellow Onions 5# PE, Roasted Potatoes [Marbled Potatoes 10# Case, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Garlic, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Chives,Fresh (^), Monarch Black Pepper Ground 5lb Jug, Parsley,Fresh Herb (^), Rosemary,Local/Fresh, Thyme Dozen PE], Sugar,Brown,Medium (^), Patuxent Farms Pork Bacon .5" Hardwood Smoked (bacon (cured with water, salt, sodium nitrite), may contain sea salt, potassium chloride, sugar, brown sugar, dextrose, sodium diacetate, sodium phosphate, sodium erythorbate, sodium ascorbate, smoke flavoring, flavoring.), Water, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Seasoning Salt, Monarch Black Pepper Ground 5lb Jug

Nutrition 1 serving per containe	
Serving size	3 ounce (97g)
Amount per serving Calories	140
	% Daily Value*
Total Fat 9g	11%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%
Total Carbohydrate	14g <b>5%</b>
Dietary Fiber 2g	8%
Total Sugars 1g	
Added Sugars	
Protein 2g	
Vitamin D 0% ●	Calcium 0%
Iron 4% ●	Potassium 8%
* The % Daily Value (DV) tells	you how much a nutrient

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Roasted Potatoes with Herbs**

INGREDIENTS: Marbled Potatoes 10# Case, California Pure Olive Oil Case 1Gal PE (olive oil), Garlic, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug, Chives,Fresh (^), Parsley,Fresh Herb (^), Rosemary,Local/Fresh, Thyme Dozen PE

Nutrition 1 serving per contained	
Serving size	4 ounce (123g)
Amount per serving Calories	40
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	1%
Total Carbohydrate	10g <b>4%</b>
Dietary Fiber 1g	4%
Total Sugars 9g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% ●	Calcium 0%
Iron 2%	Potassium 6%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Fresh Fruit**

INGREDIENTS: Watermelon Cube PE, Honeydew 5ea PE, Cantaloupe Case 12ct PE, Strawberry Flat 8/1# PE

Nutrition 1 serving per contained	
Serving size	2 ounce (84g)
Amount per serving Calories	80
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate	6g <b>2</b> %
Dietary Fiber 1g	5%
Total Sugars 4g	
Added Sugars	
Protein 1g	
Vitamin D 0% ●	Calcium 4%
Iron 4% ●	Potassium 4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Grilled Peach Salad**

INGREDIENTS: Baby Arugula 4# PE, Arcadia Salad Blend 4/3# PE, Peach Grilled Fresh (2gm CHO), Strawberry Flat 8/1# PE, VanillaRedWineDress [Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Sparrow Lane Red Wine Vinegar, Agave, Syrup, Organic (^), Whole Peeled Shallots 5# PE, Grey Poupon Dijon Mustard 48oz Jar (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice

), Vanilla Beans 4oz PE (Vanilla bean)], Pickled Fennel [Organic Fennel 12 Count PE, Water, White Satin Sugar Fine Beet 50lb, Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites)]

CONTAINS: Mustard

Facts
4 ounce (156g)
250
% Daily Value*
15%
9%
36%
29%
15g <b>5</b> %
6%
Calcium 4%

Potassium 10%

Iron 15%

#### **Chicken Peach BBQ**

INGREDIENTS: Compass Foods Chicken Thigh 4-5oz Boneless, Sauce Peach BBQ (18gm CHO) [Tangy BBQ Sauce

[Sugar, Brown, Medium (^), Lea & Perrins Worcestershire Sauce 1Gal Jug (DISTILLED WHITE VINEGAR, MOLASSES, SUGAR, WATER, SALT, ONIONS, ANCHOVIES, GARLIC.

CLOVES, TAMARIND EXTRACT, NATURAL FLAVORINGS, CHILI PEPPER EXTRACT), Heinz Ketchup Organic 3Gal Pouch

(ORGANIC TOMATO CONCENTRATE FROM RED RIPE ORGANIC TOMATOES, ORGANIC DISTILLED VINEGAR, ORGANIC CANE SUGAR, SALT, ORGANIC ONION POWDER, ORGANIC SPICE, NATURAL FLAVORING.), Orange Juice Gallon PE (Oranges), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), 4, 3, 2, 1 Herb Mix Fresh [Chives,Fresh (^),

Parsley, Italian, Chopped, Fresh (^), Thyme Dozen PE, Rosemary], Peeled Ginger 5# PE], Peaches Case 1 Layer PE], Seasoning FNS Grillin' Spice [McCormick Onion Granulated Jug 5.75lb (Onion), Monarch Cayenne Pepper Ground 16oz Shaker, Monarch Mustard Ground 15oz Shaker, Monarch Chili Powder 5# Jug (CHILI PEPPER, SPICES, SALT AND GARLIC POWDER

), Durkee Cumin Seed While 16oz Shaker, Monarch Black Pepper Course Ground 5# Jug, Monarch Garlic Granulated Pastic Jug

(Dehydrated Garlic), Paprika, Smoked, Monarch Coriander 14oz Shaker, Monarch Oregano Leaf Dried 24oz Jug, Monarch Allspice Ground 16oz Bottle], Canola-Olive Oil Blend (80/20) PE ((80%Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil) 20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

**CONTAINS: Fish** 

Nutrition 1 serving per contained	
Serving size	6 ounce (226g)
Amount per serving Calories	230
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	21%
Total Carbohydrate	40g <b>15</b> %
Dietary Fiber 8g	29%
Total Sugars 5g	
Added Sugars	
Protein 10g	
Vitamin D 0% ●	Calcium 4%

Potassium 10% \* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 15%

# Veg Summer Quinoa

INGREDIENTS: Corn Niblets 5# PE, Monarch Red Kidney Bean #10 Can (DARK RED KIDNEY BEANS, WATER, SALT, CALCIUM CHLORIDE, CITRIC ACID, DISODIUM EDTA), Quinoa [Water, Grain, Quinoa (^)], Diced Red Onion 5# PE, Peppers, Bell, Green, Diced, 1/2" (^), Pepitas Pumpkin Seeds PE (Pumpkin Seeds, Salt), Mishroom Thin Sliced PE, 4, 3, 2, 1 Herb Mix Fresh [Chives, Fresh (^), Parsley, Italian, Chopped, Fresh (^), Thyme Dozen PE, Rosemary], Basil Dozen PE, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Monarch Black Pepper Ground 5lb Jug

Nutrition 1 serving per containe	
Serving size	8 ounce (233g)
Amount per serving Calories	210
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 4.5g	22%
Trans Fat .5g	
Cholesterol 50mg	16%
Sodium 790mg	34%
Total Carbohydrate	11g <b>4%</b>
Dietary Fiber 2g	8%
Total Sugars 5g	
Added Sugars	
Protein 17g	
Vitamin D 0% ●	Calcium 4%

Potassium 10%

Iron 20%

#### **Beef Patrons Chili**

INGREDIENTS: Cream Co Beef Ground 80/20, Beef Broth w/Base [Water, Custom Culinary Beef Base SS No MSG (ROASTED BEEF AND BEEF BROTH, SALT, HYDROLYZED CORN PROTEIN, CARAMEL COLOR CLASS 1, SUGAR, ONION POWDER, BEEF FAT, POTATO STARCH, YEAST EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE, SPICE EXTRACTIVE.)], Tomato,Diced,Canned,DiNapoli (^) (Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid ), Tomato,Ground Peeled,DiNapoli (^) (Tomatoes), Beans Pinto Fresh [Water, Bean,Pinto,Dry (^), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)], 1/2' Diced Yellow Onions 5# PE, Tomato,Paste,DiNapoli (^) (Tomatoes, Tomato Puree, Salt.), White Satin Sugar Fine Beet 50lb, Monarch Chili Powder 5# Jug (CHILI PEPPER, SPICES, SALT AND GARLIC POWDER

), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Durkee Cumin Seed While 16oz Shaker, Monarch Garlic Granulated Pastic Jug (Dehydrated Garlic), Monarch Cayenne Pepper Ground 16oz Shaker, Monarch Black Pepper Course Ground 5# Jug

# Fiery Veggie Chili

Calories	140	% DAILY VALUE
Total Fat	0	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	490mg	21%
Total Carbohydrate	22g	8%
Dietary Fiber	5g	18%
Total Sugars	9g	
Includes 0g Added Sugars		0%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	80mg	6%
Iron	3mg	15%
Potassium	556mg	10%

#### **Full Ingredient List**

Water, Organic Vegetable Stock (Water, Organic Carrots, Organic Onions, Organic Celery, Sea Salt), Onions, Tomato Paste, Carrots, Poblano Peppers, Porsnips, Cooked Light Red Kidney Beans, Posole (Corn, Water, Lime), Tomatoes, Cooked Black Beans, Contains 2% or less of: Extra Virgin Olive Oil, Garlic, Salt & Sea Salt, Lime Juice, Organic White Corn Masa, Corn Starch, Smoked Paprika, Dried Ancho & Chipotle Chile Peppers, Tomato Concentrate, and Spices.

ALLERGENS: None.

-		
~	VEGAN	
	A F O WIA	

NO ARTIFICIA



NO ARTIFICIAL
PERSERVATIVES

DAIRY FREE

NO ARTIFICIAL

NON GMO

GOOD SOURCE OF

NO ADDED SUGAR

GOOD SOURCE OF

Nutrition	
1 serving per containe Serving size	4 ounce (111g)
Amount per serving Calories	180
	% Daily Value*
Total Fat 11g	14%
Saturated Fat 3g	14%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 330mg	15%
Total Carbohydrate	16g <b>6</b> %
Dietary Fiber 1g	5%
Total Sugars 1g	
Added Sugars	
Protein 5g	
Vitamin D 2% ●	Calcium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 8%

Iron 4%

#### **Salad Loaded Potato**

INGREDIENTS: Quartered Red "B" Potatoes 20# PE, Wilcox Hard Cooked Egg Peeled Pillow Pack, Heinz Mayonnaise Pouch (SOYBEAN OIL, WHITE DISTILLED VINEGAR, EGG YOLKS, SALT, SUGAR, MUSTARD FLOUR, ONION POWDER, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA, SPICE EXTRACTIVES), Green Onion, Patuxent Farms Pork Bacon .5" Hardwood Smoked (bacon (cured with water, salt, sodium nitrite), may contain sea salt, potassium chloride, sugar, brown sugar, dextrose, sodium diacetate, sodium phosphate, sodium erythorbate, sodium ascorbate, smoke flavoring, flavoring.), Glenview Farms Sour Cream 5# Tub (CULTURED CREAM, ENZYMES

- ), Diced Red Onion 5# PE, Grey Poupon Dijon Mustard 48oz Jar (Water, Vinegar, Mustard Seed, Salt, White Wine, Fruit Pectin, Citric Acid, Tartaric Acid, Sugar, Spice
- ), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Sparrow Lane Apple Cider Vinegar 1 Gal Bottle, White Satin Sugar Fine Beet 50lb, Monarch Black Pepper Ground 5lb Jug

CONTAINS: Egg, Milk, Mustard, Soy

Nutritior 1 serving per contained	
Serving size	3 ounce (97g)
Amount per serving Calories	30
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 680mg	29%
Total Carbohydrate	7g <b>3%</b>
Dietary Fiber 0g	1%
Total Sugars 6g	
Added Sugars	
Protein less than 1g	
Vitamin D 0% ●	Calcium 0%
Iron 2% ●	Potassium 2%

INGREDIENTS: Watermelon Cube PE, Tajin Chili Blend Fruit Clasico 14oz Bottle (MILD CHILI PEPPERS, LIME, SEA SALT), Viola Juice Lime Juice Gallon PE (Pure Lime Juice no added sugars)

Salad Watermelon Tajin

Nutrition 1 serving per container	
Serving size	5 ounce (183g)
Amount per serving Calories	410
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 4g	21%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 440mg	19%
Total Carbohydrate	15g <b>5%</b>
Dietary Fiber 0g	1%
Total Sugars 16g	
Added Sugars	
Protein 32g	
Vitamin D 50% ●	Calcium 4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 15%

Iron 4%

# **Gochujang Crusted Salmon**

INGREDIENTS: Fish, Salmon Poke Cuts, Sauce Korean BBQ [Heinz Ketchup Organic 3Gal Pouch (ORGANIC TOMATO CONCENTRATE FROM RED RIPE ORGANIC TOMATOES, ORGANIC DISTILLED VINEGAR, ORGANIC CANE SUGAR, SALT, ORGANIC ONION POWDER, ORGANIC SPICE, NATURAL FLAVORING.), Agave, Syrup, Organic (^), Sugar, Brown, Medium (^), Maeploy Sweet Chili Sauce 32oz Bottle (SUGAR, WATER, RED CHILI, VINEGAR, GARLIC, SALT, XANTHAN GUM

- ), Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.
- ), Whole Peeled Garlic 4/5# Case PE, Huy Fong Foods Chili Garlic Sauce 136oz Jug (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite as Preservatives, Xanthan Gum.), Monarch Sesame Seed 18oz Shaker, Monarch Paprika Spanish 5# Jug]

CONTAINS: Fish, Sesame, Soy

Nutrition 1 serving per contained	
Serving size	4 ounce (116g)
Amount per serving Calories	150
	% Daily Value*
Total Fat 9g	11%
Saturated Fat .5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%
Total Carbohydrate	18g <b>7</b> %
Dietary Fiber 2g	8%
Total Sugars 15g	
Added Sugars	
Protein 1g	
Vitamin D 0% ●	Calcium 2%
Iron 4% ●	Potassium 6%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Beet Poke**

INGREDIENTS: UCDMC Local Diced Red Beets 5# (Beets), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), White Satin Sugar Fine Beet 50lb, Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Diced Red Onion 5# PE, Green Onion, Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Peeled Ginger 5# PE, Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.), Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA), Tabasco Sriracha Chili Sauce Squeeze Bottle 20oz (RED JALAPENO PEPPER, WATER, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, XANTHAN GUM AND TABASCO BRAND PEPPER SAUCE DISTILLED VINEGAR, RED PEPPER AND SALT.)

CONTAINS: Sesame, Soy

#### **Nutrition Facts** 1 serving per container Serving size 6 ounce (170g) Amount per serving 210 Calories % Daily Value\* Total Fat 0g 0% Saturated Fat 0g 1% Trans Fat 0g Cholesterol 0mg 0% Sodium 5mg 0% Total Carbohydrate 45g 16% Dietary Fiber less than 1g 3% Total Sugars 0g Added Sugars Protein 4q Vitamin D 0% Calcium 2% Iron 15% Potassium 2%

#### **Jasmine Rice**

INGREDIENTS: Water, Rue and Forsman Jasmine Rice 25# PE

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition 1 serving per contained	
Serving size	6 ounce (155g)
Amount per serving Calories	190
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate	39g <b>14%</b>
Dietary Fiber 2g	7%
Total Sugars 0g	
Added Sugars	
Protein 4g	
Vitamin D 0% ●	Calcium 0%
Iron 4% ●	Potassium 2%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **Brown Rice**

INGREDIENTS: Water, Rue and Forsman Brown Rice Long Grain 25#

Nutrition 1 serving per contained	
Serving size	3 ounce (105g)
Amount per serving Calories	70
	% Daily Value*
Total Fat 5g	7%
Saturated Fat .5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate	6g <b>2</b> %
Dietary Fiber 1g	5%
Total Sugars 3g	
Added Sugars	
Protein 1g	
Vitamin D 0% ●	Calcium 2%
Iron 2% ●	Potassium 4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Vegetable Poke Mix**

INGREDIENTS: Diced Cucumber 5lb PE (Cucumber), Grimmway Farms Shredded Orange & Yellow Carrots (Carrots), Marinade Poke [Kikkoman Teriyaki Sauce 1Gal Jug (WATER, WHEAT, SOYBEANS, SALT, WINE, HIGH FRUCTOSE CORN SYRUP, VINEGAR, SPICES, ONION POWDER, SUCCINIC ACID, GARLIC POWDER, SODIUM BENZOATE

), Sparrow Lange Rice Wine Vinegar 1Gal (Sulfites), Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller

Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Huy Fong Foods Chili Garlic Sauce 136oz Jug (Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite as Preservatives, Xanthan Gum.), Monarch Sesame Seed 18oz Shaker, Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.

)], Radish, Cross Valley Chopped Fresh Cilantro

**CONTAINS: Sesame, Soy, Wheat** 

Nutrition  1 serving per container	Facts
Serving size	3 ounce (94g)
Amount per serving Calories	150
	% Daily Value*
Total Fat 9g	11%
Saturated Fat 0g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 80	3%
Dietary Fiber 4g	15%
Total Sugars 3g	
Added Sugars	
Protein 10g	
Vitamin D 0% ● C	alcium 4%
Iron 10% ● P	otassium 8%
* The % Daily Value (DV) tells yo	u how much a nutrient

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrie in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# **Garlic Spiced Edamame**

INGREDIENTS: Edamame (Soybeans), Canola-Olive Oil Blend (80/20) PE ((80% Canola & Sunflower Oil + 20% California Extra Virgin Olive Oil)

20% OOCC Certified California Extra Virgin Olive Oil blended with a minimum of 40% NonGMO Expeller Pressed Canola Oil. The remaining portion (up to 40%) will be NonGMO Expeller Pressed Sunflower Oil.), Whole Peeled Garlic 4/5# Case PE, Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.), Togarashi Shichimi Spice 10oz PE, Monarch Koshar Salt Ground Fine Box 3lb (SALT, YELLOW PRUSSIATE OF SODA)

CONTAINS: Sesame, Soy

Nutrition F 1 serving per container	acts
Serving size	1/2 Tbsp (8g)
Amount per serving Calories	45
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 50mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D ● Ca	alcium 0%
Iron 0% ● Po	otassium 0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000	

calories a day is used for general nutrition advice.

## **Sriracha Mayonnaise**

INGREDIENTS: Kraft Mayonnaise 1 Gal Shelf Stable (SOYBEAN OIL, WATER, EGGS, VINEGAR, EGG YOLKS, LEMON JUICE CONCENTRATE, SALT, SUGAR, DRIED ONIONS, DRIED GARLIC, PAPRIKA, CALCIUM DISODIUM EDTA ), Tabasco Sriracha Chili Sauce Squeeze Bottle 20oz (RED JALAPENO PEPPER, WATER, SUGAR, SALT, GARLIC, DISTILLED VINEGAR, XANTHAN GUM AND TABASCO BRAND PEPPER SAUCE DISTILLED VINEGAR, RED PEPPER AND SALT.)

CONTAINS: Egg, Soy

Nutrition 1 serving per contained	
Serving size	1/4 ounce (21g)
Amount per serving Calories	10
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate	2g <b>1%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars	
Protein <sup>0</sup> g	
Vitamin D 0% ●	Calcium 0%
Iron 0% •	Potassium 0%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Wasabi Sauce**

INGREDIENTS: Water, Wasabi Powder 2.2# PE (Horseradish, mustard, corn flour, corn starch, citric acid, yellow dye #5, blue dye #1)

Nutrition Facts 1 serving per container		
Serving size	2 ounce (64g)	
Amount per serving Calories	120	
	% Daily Value*	
Total Fat 2g	3%	
Saturated Fat 0g	2%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 660mg	29%	
Total Carbohydrate	25g <b>9%</b>	
Dietary Fiber less th	ıan 1g <b>2</b> %	
Total Sugars 21g		
Added Sugars		
Protein 1g		
Vitamin D 0% ●	Calcium 2%	
Iron 2% ●	Potassium 2%	
* The % Daily Value (DV) tells y	you how much a nutrient	

in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Kikkoman Tamari LS Soy Sauce (SOYBEANS, SALT, SUGAR, ALCOHOL, VINEGAR, LACTIC ACID), Monarch Wildflower Honey 5# Jug, Sugar, Brown, Medium (^), Water, Apple, Packer Manjo Aji Mirin Wine 60oz Jug (Rice), Roalnd Sesame Oil 1Gal Jug (SESAME SEED OIL.

), Monarch Black Pepper Ground 5lb Jug, Cornstarch, Whole Peeled Garlic 4/5# Case PE

**CONTAINS:** Sesame, Soy

Kalbi Sauce