

Socially Conscious Discussion Space for GME Residents and Fellows

Join us for a monthly, one-hour process discussion space designed for GME residents and fellows to explore the impact of politics, policy, and the broader sociopolitical context on morale, burnout, and well-being. This drop-in space provides an opportunity to reflect, process, and connect with peers in a supportive and confidential setting. Discussions may include how current events shape professional identity, the challenges of navigating systemic issues within medical training, and strategies for sustaining resilience in an evolving healthcare landscape.

We invite you to take this time to process, reflect, and connect with peers navigating similar challenges.

- **Format:** Virtual (Zoom) - [Join Zoom Meeting](#)
- **Time:** 6:00 – 7:00 PM (PT)
- **Duration:** 1 hour
- **Drop-in:** No registration required

For more information, please contact Dr. Sheetal Shah at drsshah@ucdavis.edu.

**First Wednesday
of each month**

(now through June)

March 5, 2025

April 2, 2025

May 7, 2025

June 4, 2025

Hosted by:
Sheetal Shah, Ph.D.
GME Counseling
Psychologist

Join via Zoom
Mtg ID: 916 822 1916
Passcode: 969972

