

## Video 6

# Information about Kidney Transplants

### Key Notes

Talk with your doctor to find out if a kidney transplant is an option for you. If you are a candidate for a kidney transplant, your doctor can refer you to the transplant center.

#### Criteria for a kidney transplant

- Overall good health
- Healthy heart
- Good lung function
- Reasonable blood circulation
- Good overall functional status
- Some centers have other criteria in addition to these

The wait for a donated kidney may be 4-6 years.

When a living donor is available, a kidney transplant may happen within a few months.

There are paired kidney exchange programs available when a living donor is not a match for their family member but is a match with another person on the transplant registry.