

Video 9

Home Hemodialysis Benefits and Challenges

Key Notes

Benefits

- Better cleansing as more toxins and fluids are removed
- Less fatigue after treatments
- More variety in food intake
- May need fewer medicines, like phosphorus binders
- Flexible scheduling
- Travel and work are possible
- May dialyze while sleeping

Challenges

- Training takes six to eight weeks
- Close monitoring for complications is needed