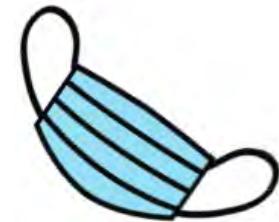


Wearing a Mask at The MIND



A Social Story

Written by Child Life Specialists

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Special thanks to Autism Little Learners for illustrations

You have an appointment at the MIND Institute today.



You may notice something new.

Everyone is wearing a mask.



You put it on your face and it loops around your ears!

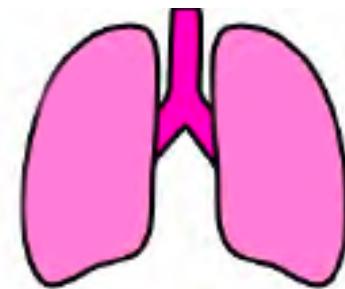
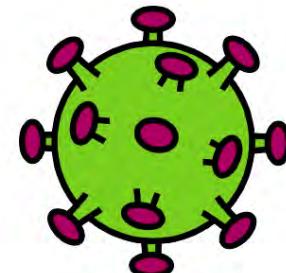


It might feel different or funny to breathe, but it gets easier.



You can play and do all the things that you normally do.

We are protected from germs when we all wear masks.



Like the germ that causes COVID-19 which gets in the lungs and makes us sick.

It spreads through coughs and touching so keeping your mask on is important.

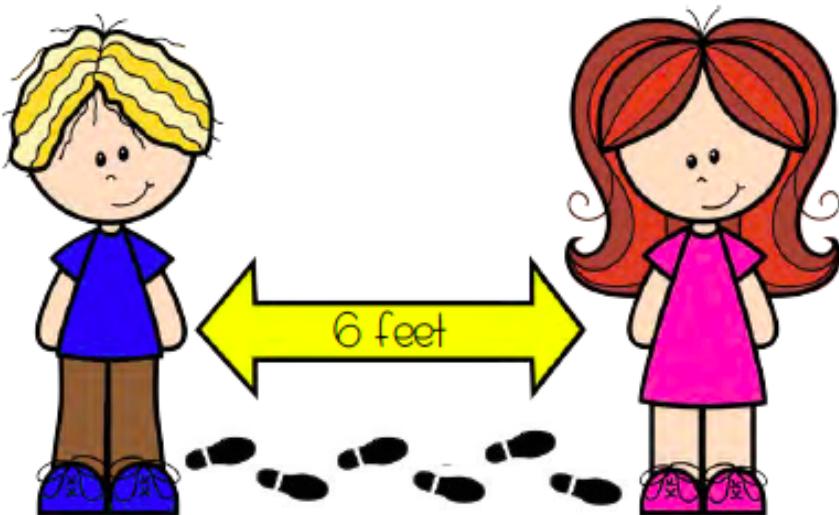


You will see everyone wearing masks to protect you and others.



With your nose and mouth covered the germs can't get in or out.

Even if you wear a mask, it's important to leave 6 feet of space to keep you safe.



Stick close to your family, but for everyone else take 6 big steps away and air high five or wave!

Since we can't see the germs we should also wash our hands and use sanitizer.



We are all here to help you and support you. We are just wearing masks for protection to keep you safe.



Mask



No Mask

Even if we can't see your nose or your smile,



we are excited to see you for your appointment!

For more information or tips to support your child during the COVID-19 Pandemic, please visit our websites COVID-19 page.

<https://health.ucdavis.edu/mindinstitute/resources/covid-19.html>

Special thanks to Tara Tuchel at Autism Little Learners for her illustrations!

www.autismlittlelearners.com