

**UC DAVIS  
HEALTH**

# CalPERS

**Open Enrollment for 2026**



Choose UC Davis Health  
for your care

**Open Enrollment Sept. 15 – Oct. 10**  
**[ChooseHealth.ucdavis.edu/calpers](https://ChooseHealth.ucdavis.edu/calpers)**

# Choosing your UC Davis Health provider is as simple as 1-2-3

1

## Choose a CalPERS health plan that we accept

You can view the list at our open enrollment website, **ChooseHealth.ucdavis.edu/calpers**.

2

## Choose UC Davis Health as your medical group

We may be listed as UC Davis Health or as UC Davis Medical Group in your materials.

3

## Primary care doctor assignment

You will be prompted to select your provider in the system. For assistance selecting a UC Davis Health provider, please call **916-734-0702**. This dedicated line has been specially established as part of our service commitment to CalPERS members.

To request a UC Davis Health primary care provider or to learn more, read on, visit our website at **ChooseHealth.ucdavis.edu** or call our CalPERS member service line at **916-734-0702.**



# Connecting you to remarkable discoveries and health expertise

Our health is precious. A key part of protecting it is choosing the right personal physician for our everyday care — someone who listens carefully to our health goals, and then delivers powerful knowledge and tools to help us achieve them.

Selecting a UC Davis Health primary care provider can give you the peace of mind that comes with a connection to the health expertise of a world-class public research university.

Our physicians and advance practice providers (physician assistants and nurse practitioners) offer patient-focused care and access to the resources of the region's only academic health system, such as:

- A wide range of nationally ranked medical specialties
- Leading-edge technologies, diagnostics and treatments
- A tradition of important health insights and advances.

Working together, we're proud to offer services for all of your health needs — from the most routine to the most complex.

**UC Davis Health providers together average 4.8 out of 5 stars across more than 80,000 patient reviews (powered by NRC Health).**

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Our primary care approach features “patient-centered medical homes,” a model of well-coordinated care that empowers you and your physician to spend more time on your goals.

### 5 Everyday **convenience** for your busy life

Our primary care clinics are located in many area communities — from Auburn to Elk Grove — with conveniences such as online scheduling and urgent care options.

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We offer a variety of quality-of-life resources.



UC Davis Medical Center is a U.S. News & World Report best hospital in cardiology, heart & vascular surgery, diabetes & endocrinology, ENT, geriatrics, neurology & neurosurgery, and pulmonology & lung surgery.



UC Davis Medical Center is a U.S. News high-performing hospital in aortic valve surgery, cancer, COPD, colon cancer surgery, diabetes, gastroenterology & GI surgery, gynecological cancer surgery, heart arrhythmia, heart failure, kidney failure, leukemia, lymphoma & myeloma, lung cancer surgery, orthopedics, pacemaker implantation, pneumonia, prostate cancer surgery, spinal fusion, stroke, transcatheter aortic valve replacement (TAVR), and urology.



UC Davis Children's Hospital is a U.S. News best children's hospital in nephrology, neonatology, orthopedics\*, pulmonology & lung surgery, and behavioral health\* (\*with Shriners Children's).

# Your health care home base

As members of a university organization that studies how to improve health care, we know how important it is to understand your perspective, concerns, ideas and expectations — as well as your symptoms.

Whether your personal focus is reducing stress, staying active, aging gracefully or managing a chronic condition, our primary care providers are here to help.



## A focus on listening

Most UC Davis Health primary care clinics have earned the Patient-Centered Medical Home designation from the nonprofit National Committee for Quality Assurance (NCQA).

The “medical home” is a model that involves:

- Shared decision-making with you
- A more structured, teamwork-based approach to coordinating your care
- Strong communication among all of your health providers

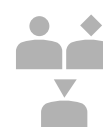
This support allows your personal doctor to spend more time listening to you and getting to the heart of your health goals and challenges.



## Personalized care

Our focus on patient-centered care is grounded in our own longstanding research about the importance of human interaction in medicine.

For example, UC Davis studies have found that physicians who have more personalized discussions with patients, and encourage them to take a more active role in their own care, can help to lower medical costs and reduce the need for some services.



## A welcoming, culturally sensitive environment

UC Davis Health is a recognized leader in diversity, inclusion, and LGBTQ+ health care equality. We help communities feel welcome by practicing care that is informed and aware of the differences a person’s culture or lifestyle might bring to their health care needs.

Many UC Davis primary care providers, nurses and staff members are bilingual or multilingual, and select interpreting services are available at primary care locations throughout the region.

**We’re proud to offer a welcoming environment and culturally sensitive care to all our patients.**





### Language and interpreting services

To find a physician who speaks your preferred language:

- Use the “Find a Doctor” tool online and search for your desired language in the languages field.
- You can also call the office of your choice and ask if they have physicians who speak your language and are currently accepting new patients.
- Or call our CalPERS member service line at **916-734-0702**, where certified interpreters are available as needed.

Interpreting services can be provided in-person in select locations, as well as over the phone or by video conference.



### Many insurance plans accepted

UC Davis Health accepts many CalPERS insurance plans. For the latest list, please visit our website at **ChooseHealth.ucdavis.edu/calpers**.

- If your health insurance plan includes UC Davis Health or UC Davis Medical Group but you are currently assigned to another medical group, your plan may allow you to switch anytime.
- If your plan does not include UC Davis Health, consider switching health plans during the CalPERS open enrollment period, the annual window for benefit changes to one that includes UC Davis Health..
- If UC Davis Health is not part of your insurance provider’s network of primary care doctors and specialists, the type of insurance you have may result in additional fees to see an “out-of-network” provider. For example, if you are in a managed care plan, you may be responsible for the cost of an exam or procedure by an out-of-network physician.

**Choose and start soon! Talk to your health insurance provider about your options if you would like to see a UC Davis Health primary care doctor or specialist.**

# Everyday convenience for your busy life

Modern life can be hectic! We know that your health care shouldn't add unnecessary stress to your busy day. With convenient UC Davis Health options, you can always stay connected to your health — anytime and anywhere.



## Specialty care options in your community

Most of our primary care clinics also offer onsite specialty care, ranging from dermatology and OB/GYN to cardiology, diabetes care and infusion services. Services are also available at the UC Davis Medical Center campus.



## Video visits

If you prefer the convenience of seeing your doctor from the comforts of home, we offer telehealth video visits for many kinds of care through the MyUCDavisHealth app and web portal.



## Online tools

Our secure, confidential MyUCDavisHealth web portal and app give you the freedom to:

- Request medical appointments
- Communicate with your care team
- Join a video visit with a member of your care team for select services
- Request prescription renewals
- View your test results, and parts of your electronic health record
- Access trusted health information resources, and more.



## Pharmacy services

- UC Davis Health operates several outpatient pharmacies on its Sacramento campus, as well as a pharmacy at the Covell Blvd. clinic in Davis. Conveniences such as online refills, mail delivery services, curbside pickup, and immunizations are available.
- The URAC-accredited UC Davis Specialty Pharmacy provides patient education and clinical management of specialty therapies by highly trained clinical pharmacists, with home delivery available and 24/7 available pharmacist phone support. Service areas include cardiology, dermatology, endocrinology, gastroenterology, hepatology, infectious diseases, neurology, oncology, pulmonology, rheumatology and transplant.



## Urgent/same-day care options

- If you develop a sudden illness or urgent health problem, your primary care clinic may be able to accommodate a request for a same- or next-day appointment.
- You can also use our online express care option, Telehealth Express Care. It's available to anyone in California for same-day and extended-hours video visits with UC Davis clinicians to discuss non-emergency issues such as flu-like symptoms, urinary tract issues, GI problems, and more.
- Your UC Davis Health provider may also assign access to a same-day, in-home urgent medical care service in collaboration with DispatchHealth.
- Based on your coverage, you can be directed by your primary care physician to an urgent care center in your insurance plan's network.

## Locations close to home

UC Davis Health primary care clinics are conveniently located in many area communities — including Auburn, Carmichael/Citrus Heights, Davis, Elk Grove, Folsom, Rancho Cordova, Rocklin, Roseville and Sacramento. Additional offices are located on the UC Davis Medical Center campus in Sacramento.

**For details, see our map and listings on the following pages.**



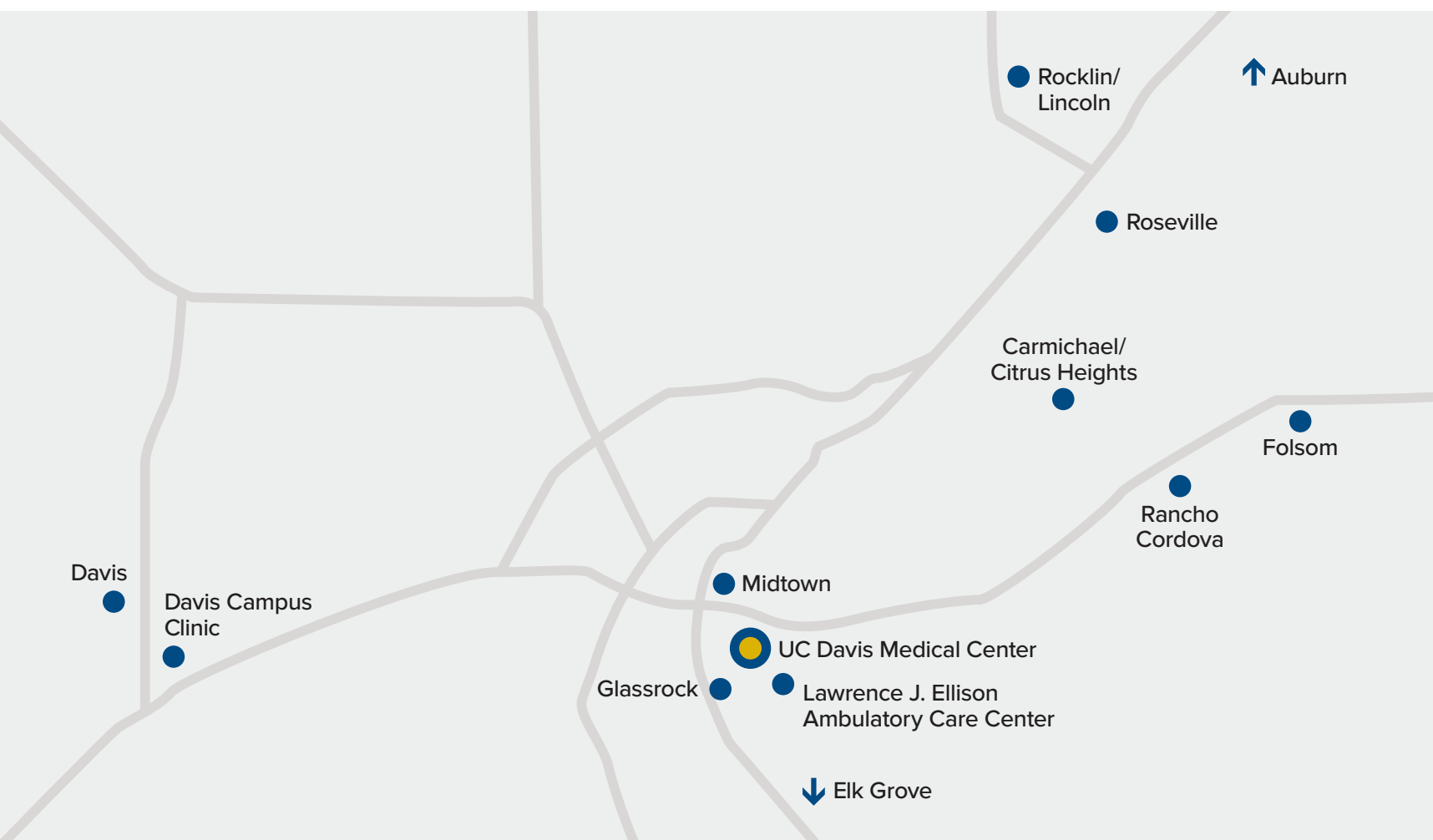




# UC Davis Health locations

For listings by location and by primary care specialty, visit [physicians.ucdavis.edu](https://physicians.ucdavis.edu) and use the search tool. For assistance, please call our dedicated CalPERS member service line at **916-734-0702**.

Specialties and support services at UC Davis Health clinics can change over time. To verify a specific service, please call the clinic.



## Folsom Medical Care Clinic

UC Davis Health's new Folsom Medical Care Clinic begins serving patients September 2025. New outpatient medical offices offer primary and specialty care plus labs, imaging, ophthalmology, and cancer care infusion services.



## Auburn

### **Family Medicine, Internal Medicine, and Specialty Care**

3200 Bell Road  
Auburn, CA 95603  
530-888-7616

## Carmichael/ Citrus Heights

### **Family Medicine, Internal Medicine, and Specialty Care**

7551 Madison Ave.  
Citrus Heights, CA 95610  
916-904-3000

## Davis

### **Family Medicine, Internal Medicine, OB/GYN, Pediatrics and Specialty Care**

2660 W. Covell Blvd., Suites A, B & C  
Davis, CA 95616  
530-747-3000

## Davis Campus Clinic

### **Family Medicine, Internal Medicine with Pediatrics**

684 Hutchison Drive  
Davis, CA 95616  
530-297-2330

## Elk Grove

### **Family Medicine, Internal Medicine, OB/GYN,\*\* Pediatrics and Specialty Care**

8110 Laguna Blvd.  
Elk Grove, CA 95758  
916-683-3955

## Folsom

### **Family Medicine, Internal Medicine, Pediatrics, OB/GYN, and Specialty Care**

14264 Innovation Drive  
Folsom, CA 95630  
916-985-9300

*\*Most existing Folsom services transferred to this new Folsom location in September 2025, including all primary care.*

## Rancho Cordova

### **Family Medicine and Specialty Care**

3201 Data Drive  
Rancho Cordova, CA 95670  
916-851-1440

## Rocklin

### **Family Medicine, Internal Medicine and Specialty Care**

550 W. Ranch View Drive, Suite 2005  
(in the Placer Center for Health)  
Rocklin, CA 95765  
916-295-5700

## Roseville

### **Family Medicine, Internal Medicine, OB/GYN, Pediatrics, and Specialty Care**

1620 East Roseville Pkwy., Suite 200  
Roseville, CA 95661  
916-783-7109

## Sacramento

### **Family Medicine, Internal Medicine, Pediatrics and Specialty Care**

**Midtown Ambulatory Care Center**  
3160 Folsom Blvd., Suites 2500 & 2900  
Sacramento, CA 95816  
916-734-5846 (Family Medicine/Pediatrics)  
916-734-7777 (Internal Medicine)

### **Healthy Aging Clinic**

3160 Folsom Blvd., Suite 1400  
Sacramento, CA 95816  
916-731-1831  
(located in the Midtown Ambulatory Care Center)

### **Family Medicine, Internal Medicine with Pediatrics**

**Midtown Commons Primary Care**  
3160 Folsom Blvd., Suite 1400  
Sacramento, CA 95816  
916-286-8700  
(located in the Midtown Ambulatory Care Center)

### **Integrative Medicine**

3160 Folsom Blvd., Suite 1400  
Sacramento, CA 95816  
916-734-7250  
(located in the Midtown Ambulatory Care Center)

### **Family Medicine**

4860 Y St., Suite 1600  
Sacramento, CA 95817  
916-734-3630

### **Internal Medicine**

4860 Y St., Suites 0100 & 0400  
Sacramento, CA 95817  
916-734-2737

### **Pediatrics**

2521 Stockton Blvd., Suite 2200/2304B  
Sacramento, CA 95817  
916-734-3112

### **Obstetrics and Gynecology (OB/GYN)**

4860 Y St., Suite 2500  
Sacramento, CA 95817  
916-734-6900





# An entire team of **experts** behind you, backed by the **latest technology**

When needed, your UC Davis Health primary care provider can connect you with renowned UC Davis Health specialists on the leading edge of innovation and discovery in more than 150 areas of health care — meaning that you can be among the first to benefit from the latest care strategies.



## A center for knowledge and discovery

Academic health centers such as UC Davis Health include a teaching hospital and a physician practice group, associated with major medical and health professional schools. They conduct research to discover new and improved treatments for patients, and also train the next generation of health care professionals.

UC Davis has trained many of the top physicians in our region and across California.

## Clinical trials

As the region's academic health system, we conduct hundreds of research studies at any time with the goal of bringing new, effective and safe treatments to patients more quickly. This includes voluntary clinical research studies or "clinical trials," which are at the heart of all medical advances. They help generate evidence to evaluate new treatments, determine best practices, and compare alternatives.

Clinical trials offer hope for many people, and an opportunity to help find better treatments for others in the future.

More info:

[studypages.com/ucdavis/home/](https://studypages.com/ucdavis/home/)



## Unique advantages for patients

Because we're at the forefront of scientific development, academic health centers provide a distinctive brand of high-quality patient care informed by the latest science and medical insights.

Unique advantages for patients include access to:

- New treatments and cures
- Help for the most complex and severe conditions
- State-of-the-art technologies
- Leading experts in their fields



## Nationally ranked expertise

U.S. News & World Report ranks UC Davis Medical Center among the nation's best in six adult specialties and UC Davis Children's Hospital in five pediatric specialties. The medical center and children's hospital routinely rank among the nation's best in the publication's annual "Best Hospitals" surveys.

## Resident-based clinics

As a center for learning and academics, we take pride in educating health leaders. Some of our primary care clinics on the UC Davis Medical Center campus in Sacramento are teaching clinics, where patients receive care from a team of resident and faculty physicians.

- Primary care providers at these clinics are resident physicians — medical school graduates who are completing additional training in a medical specialty.
- Each resident is overseen by a board-certified faculty physician who will also review your care plan. In this way, you benefit from both experience and a fresh perspective.
- You can choose to select a resident physician for your care. Our residency program is routinely recognized nationally for excellence, and develops many top physicians in California.



# Highlights:

## Adult specialty care

UC Davis Medical Center ranks among the nation's best hospitals in 6 adult specialties in U.S. News & World Report annual surveys, and as the top hospital in Sacramento.



### Major-league services for active people

- UC Davis physicians have provided care or consultation for athletes and teams at the Olympic and major-league levels, and we're proud to offer the same high-level service for our patients.
- The UC Davis sports medicine program is a one-stop center for physically active people of all ages, goals and abilities — from aspiring pros to “weekend warriors” and fitness buffs.
- Our orthopaedics service is a key player in UC Davis Medical Center's level I trauma program, a major source of new knowledge about injury treatment.



### Highly specialized dermatology care

- We're home to the region's first specialty center for multicultural dermatology.
- In addition to common conditions, our board-certified dermatologists are leaders in treating even the most complex skin disorders.



### Kidney disease experts

- Our kidney transplant program is routinely one of the nation's largest by volume. We score at the top level for kidney failure in U.S. News procedures and conditions ratings. We are also home to a new liver transplant program.



### World-class cancer care

- UC Davis Comprehensive Cancer Center is the only in inland Northern California to have earned “comprehensive” designation from the National Cancer Institute, awarded to a very small percentage of U.S. centers.
- Physicians from many different specialties collaborate to provide comprehensive care covering a broad range of cancer types.
- We provide multidisciplinary care for all stages of breast cancer. Patients receive all care in one location from a team of physicians, and have access to clinical trials.
- We also offer multidisciplinary care for all stages of prostate cancer, backed by multiple researchers and with access to a large clinical trials network.



### Diabetes expertise

U.S. News ranks UC Davis Medical Center among the nation's best hospitals for diabetes & endocrinology, and is home to a high-volume kidney transplant program and a new liver transplant program.

\*Most specialists require a referral from a primary care physician or another specialist. It is important to note that your ability to see a UC Davis specialist may be determined by your health plan; please refer to your health insurance plan for details.



### Women's health services

- Our obstetrics & gynecology service includes many physicians ranked among the region's top doctors, and offers quality care to women in every stage of life — including contraceptive or fertility advice, routine and high-risk pregnancy care, and treatment for menopausal symptoms.
- Choosing UC Davis Health obstetrics and gynecology also means rapid access to subspecialists in high-risk obstetrics, gynecologic oncology, family planning and urogynecology.
- Ranked one of Newsweek's Best Maternity Care Hospitals for 2025, and a Baby-Friendly hospital for breastfeeding care standards.



### Men's health expertise

Our urology service offers comprehensive diagnostic and treatment options for conditions such as sexual dysfunction, infertility, low testosterone, incontinence, prostate cancer, kidney stones and kidney dysfunction.



### Pioneering cardiovascular care

- We rank among the nation's best hospitals in cardiology & heart surgery, and at the top level for heart arrhythmia care, heart failure care, stroke care, aortic valve surgery, transcatheter aortic valve replacement (TAVR), and pacemaker implantation.
- UC Davis is often the first in the region to offer new diagnostic tools and therapies, such as disappearing stents, TAVR, magnetic guided catheter systems, and certain robotic heart surgeries.
- The pioneering UC Davis Women's Cardiovascular Medicine Program uniquely integrates primary and specialty health services.



### Comprehensive neuroscience services

- Our neuroscience services involve multiple UC Davis specialty areas, many of which routinely rank among the nation's best.
- UC Davis physician-researchers investigate the causes and treatments of migraines and headaches to help inform clinical practice.
- Our sleep medicine laboratory evaluates disorders such as sleep apnea, restless leg syndrome, narcolepsy and sleep walking.
- Our Alzheimer's Disease Research Center is a nationally recognized center of excellence, and our clinics provide diagnostic and advanced treatment of all dementias.



### Healthy aging care and services

- The Healthy Aging Clinic at UC Davis Health is an interdisciplinary clinic designed to serve adults 65 and older and their family caregivers.
- Located in our Midtown Sacramento clinic, it provides comprehensive care, including consults; cognitive care; and support services from the Family Caregiving Institute at the Betty Irene Moore School of Nursing at UC Davis.
- Specialties typically include cognitive neurology, geriatric medicine, and family caregiver services (such as assessment of stress and preparedness).

# Highlights: Support for growing families

UC Davis Children's Hospital ranked among America's top 50 children's hospitals in 5 pediatric specialties in U.S. News & World Report annual surveys, and in 3 pediatric specialties in Newsweek annual rankings.

UC Davis Medical Center ranked as one of Newsweek's Best Maternity Care Hospitals, and is a Baby-Friendly Hospital for breastfeeding care standards.



## Unique fetal care and treatment center

- To help save infants at their earliest stages and give them the best opportunity for high quality of life, we founded inland Northern California's first comprehensive multidisciplinary fetal diagnosis and therapy center — and performed the region's first open fetal surgery.
- The UC Davis Fetal Care and Treatment Center offers interventions in utero or in real time during the birthing process. We're proud to be one of a limited number of U.S. hospitals to offer these services.



## Highly advanced neonatology services

- UC Davis Children's Hospital holds the highest-level rating for its Neonatal Intensive Care Unit (NICU) — a level IV-designated nursery — and regularly treats infants transferred from other hospitals around the region.
- Our neonatology service cares for premature and term infants with a variety of health conditions, including those who are born very prematurely, are extremely ill, or require surgery.



## West Coast's first level I Children's Surgery Center

- UC Davis Children's Hospital is verified as a level I Children's Surgery Center by the world's largest organization of surgeons, the American College of Surgeons (ACS).
- The ACS program is the nation's first and only multi-specialty standards of surgical care for pediatric patients, and UC Davis Children's Hospital was the first hospital on the West Coast to earn this distinction nearly a decade ago.
- Level I centers have specialty trained children's surgeons in every discipline, with pediatric anesthesiologists and dedicated operating rooms for children available 24 hours a day.

## Expertise in multiple pediatric subspecialties

- UC Davis Children's Hospital is Sacramento's only nationally ranked, comprehensive hospital for children. With board-certified physicians in more than 30 subspecialties, we can offer the highest level of care for virtually every pediatric health condition when needed.
- For example, congenital heart problems are the most common types of birth defects, affecting nearly one percent of U.S. births each year. UC Davis Health is home to a full-service pediatric heart center and provides some of the region's most sophisticated specialty and surgical expertise, with a focus on less-invasive options whenever possible.



# Support for your **wellness goals**

Our top priority is to provide helpful information that empowers you to manage your health and improve your daily self-care.



## **Educational health and wellness classes**

Choose from programs — including virtual — that focus on heart health, specific medical conditions, smoking cessation, childbirth and more.



## **Trauma Prevention and Outreach Program**

We're committed to decreasing preventable injuries and deaths through education, research and community outreach. Some focus areas include car seat safety, senior fall prevention, teen distracted driving and a youth violence intervention program.



## **Sports performance and wellness**

The UC Davis Sports Performance and Wellness program offers a wide range of metabolic, physical and nutritional assessments to help you evaluate your current level of fitness, determine an effective course of action, and monitor your improvement.



## **Patient and family support groups**

UC Davis Health offers multiple support groups that provide comfort, teach coping skills, help reduce anxiety, and offer a place for people to share common concerns and emotional support.

From managing a chronic condition to implementing a lifestyle change, we have a wellness class or series designed for you. We also offer additional support for our patients to connect and coordinate health care services. Some of our focus areas include:

- Diabetes
- Heart health
- Maternity
- Quit tobacco
- Weight management
- Stress management

We also have support groups and evidence-based resources for patients and families coping with specific kinds of severe conditions and health problems. Some examples:

- Cancer
- Stroke
- High-risk pregnancy
- COPD
- Family caregiving
- Parkinson's disease and movement disorders
- Neurodevelopmental conditions

# Ready to get started?

To find a UC Davis Health physician or clinic near you, call our dedicated CalPERS member service line at **916-734-0702** or visit **[ChooseHealth.ucdavis.edu/calpers](https://ChooseHealth.ucdavis.edu/calpers)**.



**UC DAVIS**  
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